

Social Emotional Learning (SEL) Core Curricular Resource

Core Curricular Resource: Open Circle

Open Circle helps students learn strategies for managing emotions, developing healthy relationships, and solving social problems in positive ways. They practice respecting individual differences and working as members of a supportive classroom community. Students are also introduced to lessons on bullying prevention and conflict resolution through the Second Step Bullying Prevention Unit, helping them learn how to respond respectfully and safely in social situations.

Secondary Curricular Resource: Aperture Lessons

Aperture Lessons are short, teacher-led learning experiences designed to strengthen specific social-emotional skills identified through the classwide DESSA-mini screening. When results show that students may benefit from support in areas such as self-management, relationship skills, or decision-making, teachers can use Aperture Lessons to provide focused, developmentally appropriate instruction that builds those competencies. These interactive, practical lessons are easy to integrate into daily routines and help students practice key SEL skills in meaningful ways.