

- Rainbow Cafe info@rainbowcafe.org
- RAINN (Springfield IL) <https://icasa.org> icasanews@icasa.org
- Rep. Ro Khanna – Congressman, California's 17th District ro.khanna@mail.house.gov
- Republican GOP candidates
https://docs.google.com/spreadsheets/d/1ztcoPg5rmSUF5SmQCRVS9rjsa1cUUbM7Vbu_sPYISk/edit?usp=sharing
- Ronda Shelton (Chair of the Logan County Democrats)
- Rep. Sue Scherer (State Rep Sue Scherer on FB)
- Resist the MAGA Agenda <https://substack.com/@resistmaga>
- Robert Evans: <https://bsky.app/profile/iwriteok.bsky.social>
- Robert Reich <https://robertreich.substack.com>
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- Rockford Area Pride info@rockfordareapride.org
- Rockton Pride Rocktonpride@gmail.com
- Rural Equality Project admin@ruralequalityproject.org
- Rural Urban Bridge info@ruralurbanbridge.org
- Ruth Ben-Ghiat kradler@wnnorton.com

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- Sam Rasoul – Delegate, Virginia House delrasoul@house.virginia.gov
- "SCORE Decatur" "Community Education & Literacy Employment Race & Ethnicity Women" "907 W Marketview Dr Ste 10 #301" "Champaign" "IL" "https://decatur.score.org" "decatur@score.org" "(217) 381-5143"
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- [Senate \(Media Contacts\)](#)
- Shatriya Smith Garvey Tubman Cultural Arts & Research Ctr GarveyTubman.com 217-816-0820
- Shut Down 315 <https://shutdown315.org>
- Sumatavi (samutavi@gmail.com)
- Scherer, Sue (State Rep Sue Scherer on FB)
- Smith, Andi (organizer of Edwardsville protests) FB
- Smith, Bryan (Macon County Democrat Chair) (Maconcountymchair1@gmail.com)
- "SoupMobile" "Disaster Relief Homeless & Housing Hunger" "2423 S Good Latimer" "Dallas" "TX" "http://www.soupmobile.org" "david@soupmobile.org" "(214) 655-6396"
- Speak Out IL support@speakoutillinoisllc.com 309-981-7233
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- "Springfield-Area MicroPantries" "Multiple Locations including 714 East Capitol Ave and 1023 E Washington" "Springfield" "IL" "24/7" "A network of small community-managed pantries offering free food Provides access to food for individuals in need locations are listed in the provided PDF" "" "(217) 552-3965"
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- Stand Up for Justice socialjusticebn@gmail.com

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- "St. John's Breadline" "Springfield" "IL" "Monday through Friday 8:00 am to 9:00 am and 10:30 am to 1:30 pm; Saturday, Sunday and Holidays 10:30-1:30"
- SugarRhi <https://substack.com/@sugarrhi>
- Sunrise Movement <https://www.instagram.com/sunrisemvmt/>