

Anacapa Spring Trip 2025
Rooted in Nature Adventure

The countdown is on, less than 8 weeks until we embark on our unforgettable end-of-year all-school trip to Camp Sequoia Lake! This year's theme, "Rooted in Nature: Growing Through Adventure," sets the stage for a week of exploration, discovery, connection, and growth. Highlighting both personal development and interdisciplinary learning while rooted in the natural world. We'll celebrate the end of the school year by exploring the connections between ourselves, our learning, and the environment around us.

Nestled in the heart of Sequoia National Forest at 49716 CA-180, Miramonte, CA 93641, [Camp Sequoia](#) offers the perfect backdrop for students to celebrate the year's journey, through nature, teamwork, and creativity. We'll dive into outdoor adventures that challenge us physically and mentally, all while fostering community, resilience, and reflection through the learning experience.

Throughout our stay, students will engage in rock climbing, ropes courses, archery, hiking, boating, fishing, arts and crafts, and much more. Each day will include team-building challenges and creative time for students to reflect and collaborate. Working in small groups, they'll build toward a final skit and presentation that ties together their experience and this year's theme, sharing with the whole community on our last night at camp! We'll send a daily itinerary later this month with the programming and you can use the below information to start preparing now.

Trip Dates: June 1–5 **Departure:** June 1 at 8:30 AM (meet on campus)
Return: June 5 at approximately 3:00 PM

Cost: \$550 per student (includes transportation, meals, lodging, and all activities). Billed through FACTS on May 1st.

Parent Info Night: May 6 @ 8:00–8:30 PM Join here: <https://meet.google.com/cdc-ujyf-dbq>
We'll go over the Trip Handbook, itinerary, packing list, and answer all your questions!

Student Trip Handbook Review: May 9 during Human Development class
Students will review important guidelines, expectations, safety procedures, and details about their upcoming adventure.

Student Gear List: Packing Lite is Best!

Clothing & Personal Items	Quantity	Camping & Outdoor Gear	Quantity
T-shirts (lightweight, breathable)	2-3	Hiking shoes or sturdy sneakers	1 pair
Long sleeves (for cool evenings)	1-2	Flip-flops or sandals	1 pair
Shorts/Lightweight pants	2-3	Sleeping bag or bedding	1
Hat/Cap (for sun protection)	1	Pillow	1
Swimsuit	1	Flashlight or headlamp	1
Warm jacket or fleece	1	Water bottle or hydration pack	1
Socks (preferably moisture-wicking)	3-4 pairs	Small daypack	1
Undergarments	3-4 pairs	Optional Items	Quantity
Sunscreen spf 20 or higher	1 bottle	Musical instruments (guitar, ukulele, etc.)	1
Insect repellent	1 bottle	Non-perishable snacks (granola bars, trail mix, etc.)	1
Personal hygiene items (toothbrush, toothpaste, etc.)	1 set	Games, cards, small entertainment items	Assorted
Towel (quick-dry)	1	Notebook and pen (if needed)	1-2