

LAX+ HIGH SCHOOL (scrimmages are 20 minutes long. Please be ready to go on the field for 20 minutes. Unless you decide with other coaches to cut down on something else.)

Tuesdays:

Lax+ 2028 Black V Lax+ 2027-2028 Black (practice and scrimmage on F1)

Lax+ 2029 black (on own) F3

Lax+ 2029 White V Lax Plus 2027-2028 White

****Note Lax+ 2029 White practice on field 2 and scrimmage on field 4

****Lax+ 2027-2028 White practice and scrimmage on field 4

Lax+ HS Academy (on own)

****on field 5 entire practice

Thursdays:

Lax+ 2028 Black V Lax+ 2029 Black (F1 practice and scrimmage)

Lax+ 2029 White V Lax+ Academy HS

****Note 2029 White practice on field 2 and scrimmage on field 5

****Note HS Academy practice on field 5 and scrimmage on field 5

Lax+ 2028-2029 Black V Lax Plus 2027-2028 White (F5 scrimmage)

****Note Lax+ 2027-2028 Black practice on field 3 and scrimmage on field 4

****Note Lax+ 2027-2028 White practice on field 4 and scrimmage on field 4

LAX+ YOUTH (scrimmages are 20 minutes long. Please be ready to go on the field for 20 minutes. Unless you decide with other coaches to cut down on something else.)

Lax+ 2030s and 2031 work together with scrimmaging each day

Other teams are on their own