A Food Lovers Guide to Culture

Course Description

Students will engage in cooking classes conducted in school and outside with qualified Chefs. Students will better understand the diversity of food and its role in our cultural identity. Students will watch Food Demonstrations and practical cooking looking at different world food trends and traditional ethnic foods. Students will be given opportunities to design and create a range of ethnic food products. Students will explore how some traditional ethnic food can be commercialised. Students will learn how to source and select local and seasonal food ingredients to make their own food products. Students will also develop skills such as creativity, communication and collaboration.

Learning Outcomes

- I can use equipment to make a range of traditional and contemporary dishes from different cultures and world food trend.
- I can design and create a range of ethnic food products.
- I understand how traditional ethnic food is commercialised.
- I know how to source and select local food ingredients to make products.
- I will better understand the diversity of food and its role in our cultural identity.
- I will better understand the working properties of ingredients.
- I have created a visual diary of a specific culture and designed a food product for that culture.

Compatible Courses

The 6 C's

- Creativity: master technical skills whilst making a specific outcome to a high level of competence from different types of cuisines from around the world, for example pizza dough making and spring rolls.
- Communication can choose and use an appropriate form of communication whether written(writing blogs) verbal (1to1/class/group discussions) or technology based (preparing presentation on your chosen culture).
- Collaboration:- can take on different roles in a group,depending on need. You can see what roles are required for a particular task. You can support others in their role without encroaching

Future Study

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on their roles. You understand that the goal is for the team not the individual.	

Student comment

Teacher	Semester	Block (A=Years 9-11 B=Years 10-11)
Ms Chileshe Chisulo	1 & 2	A