

SUBSTANCE USE IN PREGNANCY RESOURCE LIST

RECOVERY SUPPORT AND TREATMENT

ARC COMMUNITY SERVICES: <https://arccommserve.com/>

- Pregnancy Specific: <https://arccommserve.com/pregnant-and-postpartum-services.php>
 - Healthy Beginnings: 608-283-6426, outpatient, co-located mental health services
 - Maternal Infant Program: 608-223-9033, 12-bed residential treatment facility
- Additional offerings: survivor services (Project RESPECT), parenting support, childcare, harm reduction group (The Hope project)
- Services free for uninsured, funding through DHS, accepts MA

DANE COUNTY PROGRAMS:

- Prenatal care programs: <https://www.publichealthmdc.com/health-services/pregnancy>
 - Nurse-Family Partnership Program: first pregnancy, enroll prior to 28 weeks
 - Prenatal Care Coordination Program: any pregnancy
- CCS: <https://www.danecountyhumanservices.org/Behavioral-Health/Comprehensive-Community-Services>
 - Send Rx to CCS and include diagnosis of pregnancy and any MH or substance use diagnoses. Patient should then call directly for intake.

RECOVERING MOTHERS ANONYMOUS: <http://recoveringmothers.org/>

- Rooted in 12-step program
- Weekly meeting 6pm Central Time online

SAFE COMMUNITIES MADISON-DANE COUNTY: <https://safercommunity.net/>

- Pregnancy2Recovery: <https://safercommunity.net/recovery-coaching/>
- 24/7 Recovery Hotline: 608-228-1278
- Information on recovery housing: <https://safercommunity.net/recovery-living/> (limited options for families and childcare)

UNITED COMMUNITY CENTER:

<https://www.unitedcc.org/community-services/substance-use-treatment-program/pregnant-and-post-partum-women/>

- Residential treatment for pregnant and postpartum folks in Milwaukee: 414-643-8530
 - Includes bilingual services for Spanish-speaking pts, childcare coordination

EDUCATION

FRESH BEGINNINGS

- Quarterly class offered by Unity Point Meriter Hospital surrounding pregnancy care including birth hospitalization (pain, labor, SW). Currently held online

- Fax referral order for “Consult to Perinatology” with comments for "Fresh Beginnings Class" to 608-417-6364
- Email: Jackie Adams, MD (jhadams3@wisc.edu), Leah Mattingly (RN coordinator, leah.matteson@unitypoint.org)

HARM REDUCTION / OVERDOSE PREVENTION

MADISON PUBLIC HEALTH SYRINGE SERVICES

Includes safe injection equipment, fentanyl test strips, naloxone

Website: www.publichealthmdc.com/health-services/syringe-services-program

Phone: 608-243-0411 (English) OR 608-243-0380 (Espanol)

LIFEPOINT NEEDLE EXCHANGE AND NALOXONE ACCESS

Website: www.facebook.com/LifePointNeedleExchange OR www.viventhehealth.org

Phone: 608-252-6540

NEVER USE ALONE (Hotline)

Website: www.neverusealone.com

Phone: 800-484-3731

CANARY - PREVENT OVERDOSE (Smartphone app)

Apple app store: <https://apps.apple.com/us/app/canary-prevent-overdose/id1396426874>

NALOXONE: Consider prescribing regardless of substance used

ADDITIONAL SERVICES (especially if outside Dane County)

211 WISCONSIN (available 24/7)

Website: 211wisconsin.communityos.org

Phone: Dial 211 OR Send your zip code in a text message to 898211