

*First Aid and Nursing*  
*Training course*  
Soran University (SUN)



By Wedad M. Ahmed

Training course arranged by SUN's  
Faculty of Engineering

### **\*Abstract:**

The importance of first aid lies in saving the life of the injured, maintaining the stability of his condition, and trying to prevent the condition from developing for the worse or deteriorating until he reaches the hospital, and this includes keeping the injured away from a place of danger, keeping it warm and dry, dressing in case of bleeding and wounds, and immobilizing in case of fractures by a person who is qualified to do First aid, by obtaining the appropriate training in one of the specialized health centers.

### **\*Objectives of the training course:**

- 1- Introducing the importance of first aid and nursing for the individual and society.
- 2- Introducing the basics of first aid and nursing.
- 3- Practical application.

### **Speaker Profile**

- *B. Sc. In Physics, Applied Physics Department. July,2012, Taiz University.*
- *Trainer in Fundamentals of Nursing - Rawafid Society for Social Development,2016.*
- *Holds a course in the field of first aid - Health Center for Health Training,2016.*
- *Course in preparing first aid trainers - Health Center for Health Training,2017.*
- *Two years teaching in the College of Engineering for Physics tutorial.*
- *2017-2018 teaching for the course of (Quantum Mechanics - Classical Mechanics- Alternating Current- Relative Physics - Electromagnetic Theory-Medical Physics)*
- *Holding a training course in the field of training of trainers (TOT) - General Administration of the Social Fund for Development, 2018.*
- *Hold a membership card from the Arab Foundation for Human Rights,2018*
- *I worked as an executive director at the Academic Center for Languages, Training and Information Technology,2019.*
- *I have a certificate from Google in:*
- *Basics of E-Marketing, Google Drive, Google Sheets, Google Docs, Google Slides, Google Calendar, Google Classroom.*
- *I worked in chemical engineering laboratories - at Soran University from September Septemer2020 to May 2020.*

## **About Soran University**

Soran University (SUN) is located in the city of Soran, which is about a two-hour drive north-east of Erbil (Arbil, Hewlér), the capital of the Kurdistan Region of Iraq (KRIQ). The city is flanked by the famous Korek, Zozik, Henderén, and Biradost mountains. The medieval mountain village of Rewandiz (Rawanduz, رواندز) is a stone-cast away, and the two cities share this lovely, harmonious upland. While waiting for its green, environmentally friendly building to be erected on a hilltop overlooking the cities of Soran and Rewandiz, its existing city campus has been meticulously set out to accommodate the lovely natural landscape. The new campus will be the first of its type, being walkable, balanced, powered by renewable energy, and compliant with all international environmental regulations. There are 5 Faculties in SUN; Faculty of Arts (FAAR), Faculty of Science (FSCN), Faculty of Education (FEDU), Faculty of Law, Political Science, and Management (FLAW/PSM), and Faculty of Engineering (FENG). Also, there is SUN research centre. Moreover, at SUN, there is a Language Center. SUN signed many Memoranda of Understandings (MoU) with many International Universities,

## **How to get here**

Soran University (SUN) is located in the heart of the city of Soran. The main city campus is easily found on Google Maps for direction.

# **Please join us!**



Soran University (SUN) main campus, Faculty of Engineering – Computer Lab



10:30 am to 12:30 pm



Sunday the 4<sup>th</sup> of October 2022

