Mental Health Student Group Committee/Council Meeting #3
October 13th, 2018

AGENDA

- **Intros & Updates**
  - **SGA - AJ**
  - **Peabuddies - Sophia**
    - **Had an outdoor event last night**
    - **Meeting with CC and Student Affairs on Tuesday to bring workshops and general wellbeing programming to Peabody campus**
    - **Trying to plan external training with APTT**
  - **Art Gives - Ashley, Kamil**
    - **Had first art workshop of semester, second one after Fall Break**
    - **Working on wellness kits, you have art supplies inside (brushes, paint, powder) and paint anywhere in the library**
  - **APTT - Andrew, Youlim**
    - **Conference, cover letters for speakers**
    - **SGA has bill ready to go to support them funding-wise when ready**
    - **Will be sending out**
      - **Kindness at Hopkins campaign - ready to go, sending out links for submission of stories, and hashtag will be going around at start of Fall Break**
      - **If everyone could post in MH Coalition, that would help a lot!!!**
      - **Tying to Wellness Wednesday, doing giveaways. Going out next Wednesday.**
- **Wellness Wednesdays**
  - **Place booked?**
    - **Youlim replying to April about whether they're bringing table or not.**
  - **Tables**
    - **$200 for one table.**
    - **AJ will SLI about tables, just need one.**
    - **Register on Hopkins Groups (AJ) - Youlim can get form ready.**
    - **AJ can check with Mi Tu to see where the other $500 of the SLPG grant went.**
    - **Chairs - Youlim will check.**
  - **Tying into Kindness at Hopkins**
    - **What kind of giveaways should we use?**
      - **Stickers**
      - **Insomnia cookies or gift cards**

- **Kindness at Hopkins t-shirt, make it a Wellness Wednesday shirt**
- **Gift card to Charmery, Chipotle**
- **Anything movement-wise, with hands, is very therapeautic. Even 15 minutes to clean room. Focusing on one thing can be very beneficial.**
- **SGA can fund part of all the giveaways.**
- **Brick-painting for student center**
- **With paper, exhibition of art to promote mental health and understanding**
- **Brody gift cards for Phi Mu giveaway, it was a raffle**

When to aim for order?

- **November 7th**

- **Well-Fest**
  - **Confirmed Groups**
    - **SGA**
      - **Jenga**
      - **Healthy snacks**
      - **Suggestion poster**
    - **APTT**
      - **Similar activity as for September well-fest, a few words to describe how they're feeling. Brochures, sticky notes, talk about what APTT is**
    - **SAAC**
      - **Will have cornhole and spikeball**
    - **Peabuddies/PGA**
      - **AJ will follow up with Alex**
      - **Could have flyers about events, upcoming concerts, would help Homewood students appreciate the real talent of Peabody folks**
    - **Art Gives**
      - **Would do more of an art-themed event, would have people come and paint pictures**
    - **Athletics/Recreation**
      - **Mascot - Hannah will let us know when Kelsie confirms**
    - **Yoga**
      - **Special class in Rec Center at same time, tell them to come after their last class ("Head over to Yoga in the Rec Center at 3!")**
      - **Would be fun and Rec Center would be happy to**

            - **Nyla's assistant could do it - Hannah will get contact info for assistant and Amber**
    - **Additional materials**
        - **Succulents - raffle?**
    - **Advertising**
        - **Re-use flyers from last year**
        - **Hannah will send AJ new SAAC logo**
        - **Andrew will send AJ high-def APTT logo**
        - **Art - designing logo**
        - **PGA -**
- **MH Advocates/Wellbeing Champions**
    - **Faculty Assembly**
        - **Forum/Town Hall**
        - **Pilot departments for**
- SGA Forum on How University Works, Structured. Need to know who is who. What can Board do that President can't do. Division of powers. Could include as part of Orientation too. So students know why it's importnat to read emails from president, provost, other admins.
    - COuld use videos of what admins do each day to promote the forum
    - AJ and Hannah