



Healing Beyond Borders

Educating and Certifying the Healing Touch®

PRESENTS: HTI HEALING TOUCH CERTIFICATE PROGRAM

*Nurturing Energy Therapy
for Health Care Professionals
and Persons Committed to Healing*

Course 3

Advanced Healer Preparation

Carmel, CA 93923

October 24-25, 2026



*This program has been
peer-reviewed and is endorsed
by AHNA*

Healing Beyond Borders
7112 W Jefferson Ave., Suite 301
Lakewood, CO 80235

Education@HealingBeyondBorders.org

www.HealingBeyondBorders.org

Healing Beyond Borders is the professional,
non-profit education, credentialing, and
membership organization for Healing Touch,
Established in 1996.

*This class is provided in partnership with
Healing Partners of the Central Coast,
who support cancer patients; with Healing
Touch training provided through this
Healing Beyond Borders course of study.*

Healing Beyond Borders HTI Healing Touch Certificate Program Foundations of Healing Touch

Carmel, CA

October 24-25, 2026

Name:

Credentials:

CA RN License #

Address:

City:

State:

Zip:

Preferred Phone #

Email:

Standard Tuition.....\$375

Early Bird Tuition. **onetime payment in full by 10/15**...\$350

HBB* or AHNA member\$350

Repeat\$233

Required Text (used for entire course of study).\$55

Note: Textbooks provided by instructor on day one

Foundations and Practice of Healing Touch 2nd edition

Deposit: \$100. (N/A for Early Bird discount)

Note: Enjoy the benefits of *HBB membership w/ a special
1-time new membership rate. Join online or mail check to
HBB for \$62.00, then you are eligible to receive a \$25 class
tuition discount (see above).

TOTAL FEES: Tuition plus \$55 book fee

Amount enclosed: \$

Refund Policy: If Instructor cancels class, student will be given
a full refund of tuition. If student cancels, refund is provided at
discretion of the instructor.

Ways to register: Use the QR code or link provided (best)

(Or: fill out by hand and mail to coordinator)

PAYMENTS:

Venmo: @Elizabeth-Helms-8.

Zelle: Elizabeth 6508631701

or

Checks: Payable to Elizabeth Helms

USPS: Coordinator PO Box 154, Carmel Valley, CA 93924

LOCATION: CARMEL, CA

SCHEDULE

Saturday: 10/24/26: 8:45am – 6pm

Sunday: 10/25/26: 8:45am – 6pm

Class size is limited, please register EARLY

EARLY BIRD discount ends 10/15/26

REGISTER EARLY TO RESERVE YOUR PLACE

Registration closes on October 21

For more information, please contact the class coordinator:

Therese Owen Call/text: 831-402-7001

thereseowen1010@gmail.com



<https://forms.gle/Vmzs5ggJCBuVYYZP9>

Instructor Bio and Disclosure: Elizabeth Helms, RN, BSN, MATP, CHTP/I has been studying and practicing the healing arts for over 30 years. She is a Certified Healing Touch Practitioner and Instructor, is certified in multiple physical and energetic therapies, as well as Certified as a Tai Chi for Health Instructor. Elizabeth worked as a Healing Touch Provider for Cancer Supportive Services at the Integrative Medicine Clinic at Stanford University Medical Center. She was the co-founder and Associate Director of the Healing Partners Program through Women's Health at Stanford, a community service program that provided Healing Touch to women with the diagnosis of breast cancer. This volunteer program expanded to include all patients with the diagnosis of cancer. Elizabeth currently lives in the Sierra Nevada where she continues her work and teaching through her business, Sierra Healing Touch.
Disclosure: Elizabeth Helms is an Instructor of the Healing Beyond Borders HTI Healing Touch Certificate Program and has the right to use the intellectual property of the Healing Beyond Borders HTI Healing Touch Certificate Program Course of Study.



Healing Touch Is...

Course Description

Methods of raising one's energetic vibration are acquired that facilitates the student's application of techniques that can be utilized with upper energetic field layers.

Prerequisite: completion of the previous two courses

- Foundations of Healing Touch
- Energetic Patterning and Clinical Applications

Course Objectives

The learner will be able to:

1. Elevate the personal energy vibration to support upper-level work.
2. Apply clearing, balancing, and energizing techniques to the upper energetic layers.
3. Deliver in-depth techniques to support spinal health
4. Practice an Advanced Healing Session.
5. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advancing Healing Touch Practitioner relates to their practice.

Course Content

- Deepening assessment of the human energy system
- Advanced healer preparation to elevate personal energetic vibration: Core Star Expansion, Hara Alignment, and Spinning Chakras
- Advanced healing session and its clinical application and rationale

- Energetic Interventions: Celestial and Ketheric Template Repatterning, Chelation, Deep Auric Repatterning, Etheric Template Repatterning, Fifth Layer Healing, Glymphatic System Support, Lymphatic Clearing, and Spinal Clearing
- Advanced ethical application and use of high sense perception

Course Information

Requirement for class completion and CE credit:

- Attendance of entire course with supervision
- Practice with Instructor feedback
- Completion of Evaluation

AHNA: 17.5 contact hours

CA Board of Registered Nursing: 17.6 contact hours

Continuing Education Contact Hours

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation #1761

"The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®."

HTI Healing Touch Certificate Program

- ✓ In-depth solid core course of study for 5 courses from beginner to advanced healer

including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based and Best Practice modules

- ✓ Enhances skills and knowledge through lecture, recommended readings and practice sessions
- ✓ Strong commitment to personal growth and knowledge of holistic health principles
- ✓ HTI Healing Touch Certificate Program Certificate of Completion upon satisfactory completion of the full course of study
- ✓ Leads to eligibility to apply for certification as a Certified Healing Touch Practitioner through Healing Beyond Borders
- ✓ Instructor Training and Advancement available after certification. Prerequisites apply
- ✓ Endorsed by the American Holistic Nurses Assoc.

Healing Beyond Borders

Healing Touch Certification – CHTP

Platinum Worldwide Standard Credential useful in:

- Establishing a Healing Touch practice
- Incorporating Healing Touch as a major focus within an existing professional practice

Disclaimer Statement: Approval for contact hours through AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Provider approved by the California Board of
Registered Nursing, Provider Number CEP15275.