

Information about the Journal

Policies

- **Focus and Scope:** The "RIAF" Journal. International Journal of Physical Activity is an open-access, peer-reviewed, bilingual, specialized scientific journal that publishes original and unpublished research results. Its thematic scope encompasses the Sciences of Physical Activity in General, Physical Education in Schools and at different ages, Sports Training as an Integrative Phenomenon of Processes, Sport for All, Recreation, Biomedical Foundations of Physical Activity and Sport, Therapeutic and Rehabilitative Physical Activity, Physical Activity Management, Sciences Applied to Physical Activity, Fitness, and Physical Activity for Health. Its target audience includes teachers at all educational levels, undergraduate and graduate students, athletes, coaches, sports physicians, sports psychologists, managers, physical instructors, physiatrists, sports nutritionists, and health personnel involved in physical activity and sport.

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Our focus on academic excellence is reflected in a meticulous peer-review process. The average time spent on each stage, ensuring the high quality of our publications, is detailed in the table below.

Activity Approximate Period

Manuscript Submission (as defined by the author)

Editor's Review 15 days

Blind Peer Review 30 days

Author's Manuscript Revision 15 days

Editor's Review 7 days

Editing and Production of Final Manuscript 21 days

Gallery Proof 7 days

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This refers to the addition, removal, or rearrangement of the authors' order. Before the article is published, the corresponding author may request the Editor to add, remove, or modify the order of the authors. The reason for the modification must be stated, and a written communication signed by all authors certifying their agreement must be submitted. In the case of additions or removals, the written communication must include confirmation from the author(s). Once the article is published, no additions, removals, or modifications to the order of authors are accepted.

Errata and Retractions: RIAF allows authors to publish errata and also assumes responsibility for retracting articles in anomalous situations.

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- The following criteria are considered when evaluating texts:
 - o The relevance of the materials to the journal's thematic profile.
 - o Methodological and content quality of the work.
 - o Originality of the topic and quality of the presentation.
 - o Current relevance and scientific accuracy of the bibliographic references, complying with APA 7th Edition guidelines.

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APPLIED RESEARCH ARTICLE

This is a report that communicates the results of research for the first time and is subject to peer review.

REVIEW ARTICLE

This is an article

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