

A Tutor's Resource: a living document of Tutor Resources to help provide ongoing support to Learners

Any thoughts or feedback about any of the resources? Do you have a resource you'd like to include?
Please email your staff contact person.

Teaching Reading and Writing + Lesson Planning

[CLL tutor videos](#) (scroll down the page) a collection of tutor training videos based on research that identified four components of [reading](#) and [writing](#)

- [Learner Telling A Story](#)
- [Pre-writing Strategies: Overview](#)
- [Playlist: Decoding, Fluency, Vocabulary, Comprehension, Critique, First Meeting](#)
- [KWLN](#) (video) KWLN chart introduction

[Literacy Works' Tutor Ready Writing Video Tutorials](#) a collection of tutor training videos organized by steps and activities in writing

[Learning Styles \(audio\)](#) or [Learning Styles \(article\)](#) Most people benefit from a range of teaching techniques, and utilising different learning methods can actually improve learners' adaptability

<http://www.tv411.org/writing> Creative strategies for writing

<http://www.tv411.org/reading> Understanding what you read from everyday things

[Session Plan Template](#) from WestTO Session 5 Tutor Training

Digital Literacy

<https://wakelet.com/wake/oE8aSwllj5lSkWqbMqnug>

Maryland Digital Literacy Framework--how to embed digital literacy in learning

<https://www.crowdedlearning.org/our-work/digiskills/mousing>

Mouse practice

<https://youthteachingadults.ca/resources/>

How to teach gmail, facebook, whatsapp, zoom to learners

<https://www.typingclub.com/sportal/program-3.game>

A typing game

<https://edu.gcglobal.org/en/subjects/internet-skills/>

Tutorials on how to stay safe online, use social media safely, setting up & using gmail and google products etc

<https://applieddigitalskills.withgoogle.com/c/en/curriculum.html>

How to use various google tools

<https://www.digitallearn.org/>

If you are new to computers, haven't used them for a while, are a little unsure and uncomfortable, or just need a bit of a refresher, we have the tools to help you tackle technology at your own pace and gain the confidence you need to succeed.

Online Readings/ Films/ Podcast + Worksheets

<https://www.nglile.com/student-zone/interactive-reading-practice>

National Geographic Interactive Reading Practice + Lessons

<http://csal.gsu.edu/content/are-you-learner>

A collection of easy, medium, hard readings

<https://thewestcoastreader.com/articles/>

Canadian based newspaper developed specifically for learners. Includes activities + audio

<https://ed.ted.com/>

Popular TED Ed videos are accompanied by multiple questions, additional resources, and discussion questions (sign-up required)

<https://www.cbc.ca/radio/secretlifeofcanada>

The Secret Life of Canada highlights the people, places and stories that probably didn't make it into your high school textbook. Join hosts Leah and Falen as they explore the unauthorized history of a complicated country. Includes some accompanying teaching guides for limited episodes

<https://www.nfb.ca/education/educational-playlists/>

Our educational playlists are selections of films on themes that tie in with Canadian curricula and address the important issues of the day. Many of the playlists are also linked to our study guides.

Link to study guides: <https://www.nfb.ca/education/guides/>

<https://taskbasedactivitiesforlbs.ca/>

A website designed to provide real-life and practical activities according to the LBS goal paths (apprenticeship, employment, secondary school credit, postsecondary, independence)

<https://abcactivatelearning.ca/resources/>

Activate Learning features a series of workbooks on topics such as essential employment skills, health literacy, and financial literacy. These workbooks were created by ABC Life Literacy, a literacy advocacy organization based in Toronto.

Online Activities

<https://www.ereadingworksheets.com/>

A website that offers a variety of reading worksheets for different grade levels. It also includes grammar and writing worksheets.

<https://thewordsearch.com/>

A website that has lots of word search puzzles and a word search puzzle maker

<https://crosswordlabs.com/>

A website that has crosswords made by users and a crossword maker that allows you to create your own custom crosswords

<https://quizlet.com/>

Short quizzes on a variety of subjects and let's you create vocabulary flashcard sets. There are also some vocabulary games that can be done with the flashcards. (You need to create an account)

<https://www.learnersdictionary.com/>

A dictionary for learners

<https://englishforeveryone.org/Topics/Sentence-Completion.html> These worksheets are very effective in improving vocabulary, syntax, and ones understanding of conjunctions as syntactical "road signs". Finally, please remember that this is copyrighted work to be used only by teachers in school or at home.

Grammar

<https://www.perfect-english-grammar.com/>

If you work with any ESL learners or learners who are just interested in improving their grammar, this website contains simple grammar explanations and accompanying worksheets.

<https://edu.gcfglobal.org/en/grammar/>

In this free tutorial, get the grammar help you need to avoid making these common mistakes in your writing and in life.

<https://youtu.be/pjAJswDB14s> Playlist of 14 grammar videos from GCFLearnFree.org.

<https://chompchomp.com/> (with handouts)

<http://www.roadtogrammar.com/> Road to Grammar is a website offering free resources for English learners and teachers of English. Each lesson comes with teacher notes, downloadable pdfs activities and answer keys

<https://agendaweb.org/grammar/tests-quizzes4.html> Hundreds of free exercises to learn English online: grammar exercises, verbs exercises, songs, vocabulary activities, listening, reading, videos, phonetics, movies, grammar worksheets, flashcards and dictionaries. This link is to intermediate level quizzes.

Phonics

<http://theschoolhouse.us/index.html>

Originally, I created these lessons as a homework follow-up to classroom instruction. After retirement, I copied the complete set of lessons and used them for tutoring. They proved to be very effective in helping my students strengthen and further develop their basic reading and spelling skills. Website created by retired teacher, Darlene Dittus. See the [about](#) page on how to effectively use the site content.

Math

<https://www.varsitytutors.com/aplusmath>

A website covering basic math skills with online math worksheets, flashcards, and math games.

<https://www.khanacademy.org/math>

Short videos about various math topics are accompanied by online practice questions and quizzes.

<https://www.factmonster.com/math-science/mathematics>

<https://www.math-aids.com/> Math-Aids.Com provides free math worksheets for teachers, parents, students, and home schoolers. The math worksheets are randomly and dynamically generated by our math worksheet generators. This allows you to make an unlimited number of printable math worksheets to your specifications instantly.

Digital Teaching Tools

<https://750words.com/> an online freeform writing tool. Free, sign-up required.

<https://www.quillsoft.ca/readerq>

Supports paraphrasing, free Chrome extension, embedded text reader.

<https://www.essaywritingsoft.com/essay-shuffler.html>

Reshuffles sentences in a paragraph

<http://play.magneticpoetry.com/poem/Original/kit>

Word magnet game

<https://app.ziteboard.com/>

A collaborative white board where users + host can move things around. Sign up required/ free (but with limited boards)

<https://www.whiteboard.chat/>

A collaborative whiteboard, student and teacher can move things in real time. Has many teaching features including math. Free (student sign up not required) (Here's a video [tutorial](#) on how to use some of its common functions)

<http://www.bigbrownbear.co.uk/letters/>

One limitation of this whiteboard is that only one of you (either the tutor or the learner) will be able to use it at a time, but the other will see through Share Screen.

<https://www.kamiapp.com/>

Kami is a leading digital classroom app for Chrome. It allows you to take any existing document, including scanned PDFs, and write, draw, type, annotate, comment, augment, enhance, and otherwise bring it to life – all within your browser

<https://readermode.io/#get-it-now>

Reader Mode is free Chrome browser extension for a clutter free web pages, supports dyslexia readers + text reader

<https://support.mozilla.org/en-US/kb/firefox-reader-view-clutter-free-web-pages>





Firefox Reader View is a free Firefox extension for clutter-free web pages + text reader

Zoom screenshare + annotation/ whiteboard ([here's a 2:17 mins video tutorial](#))

Self-care/ Well-being

Tutors' Wellness Starter Kit **(new)**

Developed by Session 5 self-care facilitator, Johanna (LAMP Community Health Centre), this tutors' wellness starter kit consists of activities, audio-video guides and tools that tutors can use with their learners during their sessions:

- [Shaking for Healing \(22:12 mins\)](#)
-  01.LAMP's Wellness Kit-Script for Grounding and Centering .pdf
-  02. LAMP'S Wellness Kit- Illustrated Stretching and Yoga Exerci...
-  03.LAMP's Wellness Kit-Learning Activity.pdf
-  04. LAMP's Wellness Kit: Creative Expression Exercise.pdf

<https://takecare19.com/>

The COVID-19 pandemic has been a challenging time for everyone in different ways. The objective is to compile resources that are:

- free, low-cost, or at a reduced cost, across a range of platforms, methods, audiences, and topics related to COVID-19;
- and/or offered by/for folks in traditionally marginalized communities as the pandemic affects these groups even more (i.e., BIPOCs, LGBTQ2S+, folks with disabilities, seniors, etc.)

[Window of Tolerance- a simple tool for self-regulation](#) (6:34)

'The Window of Tolerance' a simple tool to help us emotionally regulate. It's a tool that can be used with anyone of any age either as a general wellbeing tool, or to help regulate more turbulent emotions / behaviours / feelings - e.g. anxiety / anger

[Box breathing- Sunnybrook Hospital](#) or [4-4-4 Breathing Technique](#) (2:06) or [Belly Breathing](#) (5:09)

Box breathing is a simple relaxation technique that can help you 'reset your breath' and return it to its normal rhythm.

[Anxiety 5 Simple Strategies for Managing Anxiety](#) (8: 19)

Geared towards classroom + students + adults. Five simple strategies that can be used by adults or children to manage anxious thoughts and feelings. You can use these almost anywhere and nobody even need know you're doing them

[Small Ways to Practice Self-Care in Difficult Times](#) (2:16)

Practicing self-care and self-love. In these difficult times, maintaining our habits can feel indulgent, all but impossible, but showing up for yourself is that much more important.

[Being Kinder to Yourself](#) (3:09)

Take a Self-Compassion Break when you're helping others cope with stress and anxiety, how do you deal with your own?

[The Happiness Lab](#) (podcast series)

Yale professor Dr Laurie Santos will take you through the latest scientific research and share some surprising and inspiring stories that will forever

alter the way you think about happiness.

[Everyday Mindfulness](#) (4:45) This video explains what everyday mindfulness is, and how being aware of what is going on around you and inside of you can help make life more enjoyable and less stressful.

[Psych2go](#) is an educational YouTuber covering topics related to psychology, including facts about mental health disorders, relationships and personality traits.

[Grounding Techniques](#) to help quiet distressing thoughts. To help ground oneself a bit, not necessarily make one magically feel 100%.

Additional Resources

AlphaPlus

[AlphaPlus Resources for Online and Offline Learning](#)--Free, shareable and high-quality learning materials to support OALCF levels 1 and 2, Updated April 28, 2021.

[The Literacy Group's Mental Health Training](#)-- Jennifer from Project READ Literacy Network, and author of *Yes I Can: A Mental Health Guide for Adult Literacy Facilitators*, discusses a range of mental health considerations for LBS Tutors including:

- Motivation Strategies
- Recognizing Mental Health Problems
- Crisis Intervention

This resource includes:

- 11 tutorial videos
- 16 tip sheets that you can download and work on with your learner
- A list of community mental wellness resources

■ *Access to Yes I Can: A Mental Health Guide for Adult Literacy Facilitators*

[Myseum of Toronto's Indigenous Resources for Allies](#)

The following is a non-exhaustive list of resources including reports, courses, documentaries, books, podcasts, organizations, and articles about various topics surrounding Indigenous peoples in what is currently known as Canada. It is meant as a starting point for learning, unlearning, and reflecting about the history of Canada and the historic and contemporary issues faced by Indigenous peoples as a consequence of colonialism.

Content Warning: The following resources deal with subjects related to residential schools, missing and murdered Indigenous women and girls, forced sterilization, police brutality, and other issues caused by the ongoing impacts of colonialism.