

<https://valleyathletics.co/blog/benefits-of-playing-volleyball/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Explore Our Volleyball Programs Now!</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball
Academy</a>
<a href="https://valleyathletics.co/boys-volleyball-camps-and-clinics/">Boys: Camps and
Clinics</a></div>
</div>
```

New CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Explore Our Volleyball Programs Now!</h3>
<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-volleyball-academy/">Valley Volleyball
Academy</a></div>
</div>
```

<https://valleyathletics.co/blog/volleyball-drills-for-middle-school/>

Previous CTA:

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<h3>Explore Our Volleyball Programs Now!</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
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Academy</a>
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New CTA:

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<h3>Explore Our Volleyball Programs Now!</h3>
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href="https://valleyathletics.co/valley-volleyball-academy/">Valley Volleyball
Academy</a></div>
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<https://valleyathletics.co/blog/benefits-of-playing-basketball/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Ready to start your journey? Explore Our Basketball Programs Now!</h3>
<div class="blog_cta_btn"><a href="https://valleyathletics.co/youth-leagues/">Youth
Leagues</a>
<a href="https://valleyathletics.co/basketball-camps-and-clinics/">Camps & Clinics</a>
<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball
Academy</a></div>
</div>
```

New CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Ready to start your journey? Explore Our Basketball Programs Now!</h3>
<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball
Academy</a></div>
</div>
```

<https://valleyathletics.co/blog/basketball-drills-for-high-school/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Join a community of dedicated athletes! Explore our basketball programs!</h3>
<div class="blog_cta_btn"><a href="https://valleyathletics.co/youth-leagues/">Youth
Leagues</a>
<a href="https://valleyathletics.co/basketball-camps-and-clinics/">Camps & Clinics</a>
```

```
<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball Academy</a></div>
</div>
```

New CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Join a community of dedicated athletes! Explore our basketball programs!</h3>
<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball Academy</a></div>
</div>
```

<https://valleyathletics.co/blog/pickleball-tips-for-beginners/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Looking for a place to practice regularly? Become a member of our indoor Pickleball Community and access high-quality courts!</h3>
<div class="blog_cta_btn"><a href="https://valleyathletics.co/pickleball-memberships/">Enroll Now</a></div>
</div>
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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
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New CTA:

Removed the previous CTA.

<https://valleyathletics.co/blog/pickleball-singles-rules/>

Previous CTA:

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Now</a></div>  
</div>
```

New CTA:

Removed the previous CTA.

<https://valleyathletics.co/blog/how-to-improve-in-basketball/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">  
<h3>Ready to Level up Your Game? Explore Expert Training Programs Now!</h3>  
<div class="blog_cta_btn"><a href="https://valleyathletics.co/youth-leagues/">Youth  
Leagues</a>  
<a href="https://valleyathletics.co/basketball-camps-and-clinics/">Camps & Clinics</a>  
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Academy</a></div>  
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<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball  
Academy</a></div>  
</div>
```

<https://valleyathletics.co/blog/volleyball-rotations/>

Previous CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">  
<h3>Level Up Your Volleyball Skills Today! Explore Our Volleyball Programs Now!</h3>  
<div class="blog_cta_btn"><a  
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>  
<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball  
Academy</a>
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```
<a href="https://valleyathletics.co/boys-volleyball-camps-and-clinics/">Boys: Camps and Clinics</a></div>
</div>
```

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<h3>Level Up Your Volleyball Skills Today! Explore Our Volleyball Programs Now!</h3>
<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-volleyball-academy/">Valley Volleyball Academy</a></div>
</div>
```

<https://valleyathletics.co/blog/4-2-volleyball-rotation/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Curious about volleyball rotation strategies? Learn them and more by joining our Volleyball Programs today!</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball Academy</a>
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New CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Curious about volleyball rotation strategies? Learn them and more by joining our Volleyball Programs today!</h3>
<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-volleyball-academy/">Valley Volleyball Academy</a></div>
</div>
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<https://valleyathletics.co/blog/5-1-volleyball-rotation/>

Previous CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Curious about volleyball rotation strategies? Learn them and more by joining our Volleyball
Programs today!</h3>
<div class="blog_cta_btn"><a
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New CTA:

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<https://valleyathletics.co/blog/6-2-volleyball-rotation/>

Previous CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Curious about volleyball rotation strategies? Learn them and more by joining our Volleyball
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<https://valleyathletics.co/blog/how-to-shoot-better-in-basketball/>

Previous CTA:

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<a href="https://valleyathletics.co/basketball-camps-and-clinics/">Camps & Clinics</a>
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Academy</a></div>
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New CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
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<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-basketball-academy/">Valley Basketball
Academy</a></div>
</div>
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<https://valleyathletics.co/blog/what-is-pickleball/>

Previous CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Get your Pickleball Membership at Valley Athletics & enjoy endless fun!</h3>
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Now</a></div>
</div>
```

New CTA:

Removed the previous CTA.

<https://valleyathletics.co/blog/best-pickleball-courts-in-fresno/>

Removed Valley from the blog post. Also, made changes to the content.

```
<h3>Valley Athletics</h3>
If you're looking for a top-notch spot to play pickleball year-round, Valley Athletics is hard to
beat. This premier indoor pickleball court in Fresno features six well-maintained courts with
permanent lines and nets, ensuring a professional playing experience every time. Players can
enjoy amenities like restrooms, water stations, and well-lit courts for evening matches. A
one-time access fee applies, and the venue also offers training programs, skill clinics, and
membership options for those eager to level up their game.
<div class="location_box">
<div class="location_map"><iframe style="border: 0;"
src="https://www.google.com/maps/embed?pb=!1m14!1m8!1m3!1d6390.623346065561!2d-1
19.723048!3d36.787077!3m2!1i1024!2i768!4f13.1!3m3!1m2!1s0x80945d52b3a3f86b%3A0x60
2c4c6aa7945931!2sValley%20Athletics!5e0!3m2!1sen!2sin!4v1755688852096!5m2!1sen!2sin"
width="300" height="200" allowfullscreen="allowfullscreen"></iframe></div>
<ul class="location_info">
<li><strong>Location:</strong> 5097 E Dakota Ave, Fresno, CA 93727</li>
<li><strong>Type:</strong> Indoor Courts</li>
<li><strong>Features:</strong> 6 indoor courts, permanent lines and nets, restrooms, water,
and lighted courts.</li>
</ul>
</div>
```


Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">  
<h3>Spots fill fast! Secure your pickleball membership today at Valley Athletics and start playing  
on Fresno's top courts.</h3>  
<div class="blog_cta_btn"><a href="https://valleyathletics.co/pickleball-memberships/">Enroll  
Now</a></div>  
</div>
```

New CTA:

Removed the previous CTA.

<https://valleyathletics.co/blog/volleyball-drills/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 50px 0;">  
<h3>Want to improve your volleyball skills faster? Practice the right drills with expert  
guidance—join our Volleyball Programs today!</h3>  
<div class="blog_cta_btn"><a  
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>  
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<a href="https://valleyathletics.co/boys-volleyball-camps-and-clinics/">Boys: Camps and  
Clinics</a></div>  
</div>
```

New CTA:

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Academy</a></div>  
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<https://valleyathletics.co/blog/volleyball-passing-drills/>

Previous CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Discover structured training plans, expert coaching, and community support by exploring
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<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball
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Clinics</a></div>
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</div>
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<https://valleyathletics.co/blog/volleyball-serving-drills/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Take your volleyball journey to the next level with our expert-designed programs and drills.
We're here to help you achieve your full potential!</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
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Academy</a></div>
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<https://valleyathletics.co/blog/volleyball-hitting-drills/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
  <h3>
    Train with the best and become the best. Our programs are designed to help you achieve
    your volleyball goals.
  </h3>
  <div class="blog_cta_btn">
    <a href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and
    Clinics</a><br>
    <a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball
    Academy</a><br>
    <a href="https://valleyathletics.co/boys-volleyball-camps-and-clinics/">Boys: Camps and
    Clinics</a>
  </div>
</div>
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New CTA:

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</div>
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<https://valleyathletics.co/blog/volleyball-conditioning-drills/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>The Next Level Awaits. Train smarter, jump higher, and achieve your biggest volleyball
goals.</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball
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New CTA:

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<div class="blog_cta_btn">
<a href="https://valleyathletics.co/valley-volleyball-academy/">Valley Volleyball
Academy</a></div>
</div>
```

<https://valleyathletics.co/blog/volleyball-defense-drills/>

Previous CTA:

```
<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
<h3>Achieve Your Volleyball Goals Faster. Our proven system is built for serious athletes. Stop
plateauing, start soaring. Find the Perfect Program for You.</h3>
<div class="blog_cta_btn"><a
href="https://valleyathletics.co/girls-volleyball-camps-and-clinics/">Girls: Camps and Clinics</a>
<a href="https://valleyathletics.co/valley-volleyball-academy/">Girls: Valley Volleyball
Academy</a>
<a href="https://valleyathletics.co/boys-volleyball-camps-and-clinics/">Boys: Camps and
Clinics</a></div>
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New CTA:

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<div class="blog_cta_bx" style="margin: 50px 0 0 0;">
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<h3>Achieve Your Volleyball Goals Faster. Our proven system is built for serious athletes. Stop plateauing, start soaring. Find the Perfect Program for You.</h3>

<div class="blog_cta_btn">

Valley Volleyball Academy</div>

</div>