

20 Minute Lesson Plan

Prepared By:	Johannes Solomon	House:	East
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Essential Question: What is the best way to manage 24 Hour Fitness?	Objectives: Teach audience to understand the differences between the club levels of each 24 Hour Fitness.
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	Teacher Guide	Time	
Introduction	Stage presence is important! In a few simple sentences, introduce yourself and your presentation objectives.	2 Minutes	Three Important Sources Coach Derek Eddie Copeland Biology Class 24 Hour Fitness Press
Verification (Steps to check for student understanding)	- Have they been to the gym before? What do you know about 24 Hour Fitness? - Asking questions about Lakeshore Towers	2 Minutes	

Body (Give and/or demonstrate necessary information)	Break down what you plan on talking about into manageable sections. <i>Literal:</i> Facts you have learned <i>Interpretive:</i> Most important, making connections <i>Applied:</i> How may this topic help you in the future? End goal of your project?	- Literal: 3 min - Interp: 3 min - Applied: 2 min	Visuals (for Body of presentation) Visuals must enhance learning experience for audience members. Do not read from visuals as if they are an outline or a script.
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Activity (Describe the independent activity to reinforce this lesson)	- What is the activity: Trivia - How it will be done: Asking the audience questions	5 min	Materials (none)

Conclusion	Thank the audience for their cooperation, then shut down my laptop and walk out to my desk.	1 min
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