

Hampden Meadows Weekly Family Newsletter

April 25, 2025

Save the Dates

NGSA Testing Science Gr 5 - April 30, May 1

May 2 - Day Without Hate - WEAR WHITE

RICAS Testing Math- May 6, 7

End of Year Dates

Give an HMS Shout Out [Here](#)

If you would like to give a “shout-out” to a student or staff member, simply fill out this quick form, and we may read it over the loudspeaker.

Dear HMS Community,

Hampden Meadows wants to extend our heartfelt thanks for your generous donations and contributions to the Tap-In **Kids Helping Kids** fundraiser. Your support has made a meaningful difference, and we are so proud of what we’ve accomplished together.

Thanks to your kindness and generosity, we were able to provide support to children and families in need, showing once again the power of our community when we come together for a great cause.

We are truly grateful for your involvement and continued commitment to helping others. It’s through moments like these that we teach our children the value of compassion, empathy, and community spirit.



Fourth and Fifth Grade in SEL

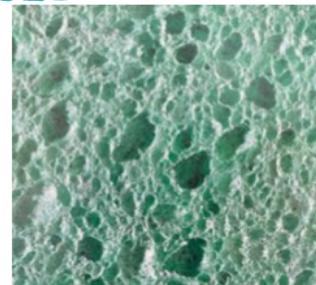


Optical Illusion: Duck and Bunny

Optical Illusion: Tree and Gorilla/Lion



In fourth and fifth grade in SEL, students have been exploring the concept of perspective and what it means to take a step in someone else's shoes. Students have been learning how seeing things from another person's point of view helps build empathy—an essential social skill. Our fourth graders in SEL completed their "Magnifying Glass" project, where they examined zoomed-in images to practice shifting their perspective and recognizing the bigger picture. An example of a magnified image our fourth graders examined is pictured on the right! Meanwhile, our fifth graders in SEL became "Perspective Detectives," using optical illusions to challenge their thinking and discover multiple ways of seeing the same thing! Some examples of our optical illusions our fifth graders are on the left!



Magnified Image of a Sponge



Our 5th graders will take the NGSA, State Science Assessment, on April 30th and May 1st. Please be sure they are well-rested and arrive at school on time. Good luck!

April 2025 Lunch Menu - [CLICK HERE](#)

April 2025 Breakfast Menu - [CLICK HERE](#)

May 2025 Lunch Menu - [CLICK HERE](#)

May 2025 Breakfast Menu - [CLICK HERE](#)



Red, White, and BlueWater! - 8th Grade Washington, DC Fundraiser

Please join us for a special evening to support the Grade 8 class on their journey to Washington, D.C.! Bluewater Bar and Grill will have an exclusive opening for this

special event on Monday, April 28, 2025, from 5:00 p.m. to 8:00 p.m. Please see the flyer below for additional information on making your reservation.

**RED,
WHITE, &
BLUEWATER**

A Fundraiser for the Grade 8 Washington, D.C. Trip

Join us for a special evening to support the Grade 8 class
on their journey to Washington, D.C.!

Monday, April 28 | 5:00–8:00 PM
Bluewater Bar & Grill
32 Barton Avenue, Barrington, RI 02806
Special Monday opening exclusively for this event!

Enjoy delicious food, great
company, and a meaningful cause.

Proceeds from the
evening will benefit
the Grade 8 trip to
our nation's capital.

Reserve your table on Resy:
<https://resy.com/cities/providence-ri/venues/bluewater-bar-and-grill>

—> [CLICK HERE FOR BLUEWATER BAR & GRILL](https://resy.com/cities/providence-ri/venues/bluewater-bar-and-grill)



We've had many requests to open another HMS Shop and we're excited to say it's here! Please visit the links below to place your order. 10% of our sales will be donated to the PTO.

April 21st-May 21st

HMS Traditional Gear

[shop flyer](#)

<https://bsnteamssports.com/shop/8fgvumRKq8>



The BHS Chain Reaction Club is organizing our annual "A Day Without Hate" celebration on Friday, May 2. This day will be an incredible opportunity for every member of our district community to come together to say that we will not tolerate violence or hate, and we will reach out to friends and acquaintances and say, "We're all in this together." Below are some resources with ideas about how you can celebrate A Day Without Hate

1. Wear white on DWOH - Friday, May 2
2. Come to the **District Peace Poster Party** on **Thursday, May 1, 6:00 - 8:00 PM** in the BHS cafeteria. You can hang your poster up at BHS or bring it back to your school to hang up the next day.
3. Check out the [Day Without Hate website](#).
4. Check out [the blog post on the Rachel's Challenge web site](#) about what we've done in previous years.
5. Please share photos/videos of how you celebrate. Email us at chainreaction@barringtonschools.org.

Find more information about DWOH on the [Chain Reaction Club site](#).

Yearbook Information

The PTO has ordered extra yearbooks, so if you forgot to order, don't fret!
More information when they arrive.

PE & Health Week 2025 (May 5th- May 9th)



Join us for PE & Health Week 2025!

Listen to the morning announcements for Daily Sports and Health Trivia! Test your health and sports knowledge. You can answer daily trivia questions on Miss Freeman's and Miss O'Neil's Health Canvas pages! One lucky winner will be announced at the end of each day!



Monday, May 5th
MVP MONDAY

Wear a t-shirt or jersey to support your favorite team!



Tuesday, May 6th
TEAM HAT TUESDAY

Show off your favorite hat & wear it to school today!



Wednesday, May 7th
WALK, BIKE, & ROLL WEDNESDAY

Walk, bike, or roll to school today!
Each participant will be entered into a raffle to win prizes. 😊



Thursday, May 8th
TOUGH TIGER THURSDAY

Dress in any HMS clothing you may own, or wear the school colors, blue and orange, to show your team pride!



Friday, May 9th
FIVE-RING FRIDAY

Dress like your favorite Olympian, or your favorite country!
Support them by wearing: team colors, team jerseys, medals etc.

WALK BIKE & ROLL TO SCHOOL



Who: For ALL Hampden Meadows Tough Tigers and families

What: Celebrating Walk, Bike, and Roll to School Day!

Where: Hampden Meadows School

When: *Wednesday, May 7, 2025*

Rain Date: *Thursday May 8, 2025*

Why?: International Walk, Bike, and Roll to School Day is an annual event that promotes:

- ★ Physical Activity
- ★ Teaching safe and healthy ways to get to school
- ★ Concern for the environment
- ★ Reducing traffic congestion, pollution, and speed near schools
- ★ Taking alternative routes for those on foot
- ★ Sharing time with community leaders, parents, and children

Each participant will receive a small acknowledgement and a raffle ticket. Three raffle winners will be selected at the end of the day. Winners will receive special acknowledgment for their efforts to safely get to school in a way that benefits their mind and body! Have fun, be safe and remember to wear your helmet!

Your HMS PE & Health Department,
-Miss Freeman & Miss O'Neil :)

PLEASE JOIN US FOR THE ANNUAL RI BEST BUDDIES FRIENDSHIP WALK!

***HMS Best Buddies will be joining fellow
Rhode Island Best Buddies chapters to
support inclusion of all people.***

****All are welcome to attend!***



Schedule

April 27, 2025

Check-in: 10:00 AM

Opening Ceremonies: 11:15 AM

Walk: 11:25 AM

Celebrate Until: 12:30 PM

Location

Ray Treacy Track

Providence College

Providence, RI, 02918

Please find the registration link here:

<https://www.bestbuddiesfriendshipwalk.org/rhodeisland/>

To register for the walk: Click “Register” → Complete Personal Information → Find “Join a Team” → Click “Show All” and select “Hampden Meadows School-Barrington” → Submit

★ **We will be meeting at 10:45AM at the track!**

★ **Feel free to bring your family and friends! All are invited to join our team!**

HAMPDEN MEADOWS 5TH GRADE BAND IMPORTANT INFORMATION!!

BAND SONGS:

AIR OF NOBILITY
ANASAZI
FIREWORK

- Rooms: 7-12 (1:30-2:00)
- ☐ April 22nd (Tuesday)
 - ☐ May 6th (Tuesday)
 - ☐ May 13th (Tuesday)
 - ☐ May 20th (Tuesday)
 - ☐ May 27th (Tuesday)
 - ☐ June 3rd (Tuesday)



- Rooms: 21-24 (1:30-2:00)
- ☐ April 25th (Friday)
 - ☐ May 2nd (Friday)
 - ☐ May 9th (Friday)
 - ☐ May 16th (Friday)
 - ☐ May 23rd (Friday)
 - ☐ May 30th (Friday)
 - ☐ June 6th (Friday)



**Band members must attend all band rehearsals and have their instrument and music.

Spring Concert Information:

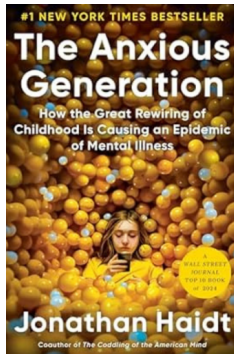
Date: Wednesday, June 11, 2025 (Rain date: Thursday, June 12, 2025)

Time: 3:45 PM

Place: Hampden Meadows School (in front of building)

Dress: Blue polo shirt (will be handed out) and khaki (or similar color) pants/shorts/skirt.
(Students will be staying after school and must have a snack & drink with them.)

[Grade 5 Choral Festival Information and Permission](#)



This past Wednesday evening, a group of parents and teachers came together for a book discussion on *The Anxious Generation* by Jonathan Haidt. The conversation was both meaningful and impactful.

This is a challenging and important topic, and it was heartening to see such genuine interest in understanding how we can better support our children in an increasingly complex world. We hope the discussion sparked new insights and opened the door for continued reflection and conversation, both at home and within our community.

We look forward to more opportunities to connect and learn together. If you would like to learn more or get involved, email mindfulparentsRI@gmail.com

You can find ALL our previous newsletters by clicking [HERE](#)

CONTACT US

Mr. Gino Sangiuliano sangiulianog@barringtonschools.org

Ms. Elisabeth (Lisa) Ridder riddere@barringtonschools.org

Social Emotional CONTACT INFORMATION:

★Mrs. Malone- School Psychologist

Phone:(401)-203-4793 Email: maloner@barringtonschools.org

★Ms. Baptista- School Social Worker

Phone:(401)-217-9482 Email: baptistam@barringtonschools.org

★Officer Saccoccio- Barrington SRO

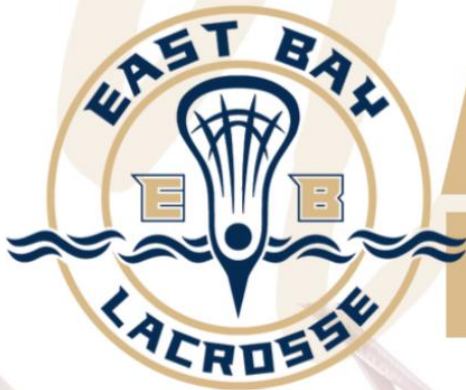
Phone: Barrington Police Ext 816 or 401-524-7921 Email: sro@barringtonschools.org

IMPORTANT LINKS:

[2024-2025 School Calendar](#)

Please call or email the office staff at **HMSattendance@barringtonschools.org** to alert us of an early dismissal, changes in dismissal, or an absence.
Always include the child's full name and the classroom teacher's name.





ADAPTIVE *Lacrosse for all* LACROSSE

East Bay Lacrosse, with support from USA Lacrosse, is launching the "Lacrosse for all" program.

This inclusive "learn to play" initiative offers fun introductory clinics, giving athletes of all abilities the opportunity to be part of East Bay Lacrosse!

🦿 **FREE** to players in grades K-8 🦿

🦿 Equipment provided for sessions 🦿

PLAYERS AND VOLUNTEERS REGISTER AT:

EASTBAYLAX.ORG

FOUR SUNDAY CLINICS

**4/27, 5/4, 5/11, 5/18
9-9:45 AM**

@BARRINGTON MIDDLE SCHOOL



Time to Register for the Tough Tiger

SPONSORED BY: HMS PTO

TOUGH
HMS  **2025**
TIGER

Are YOU Tough Enough? Let's ROAR!
SUNDAY, MAY 18, 2025
HAMPDEN MEADOWS SCHOOL

Register Now →

Wave Start Times:

- ① Sensory-Friendly Wave: 11:30 AM
- ① General Waves Begin: 12:00 PM



www.adventuresignup.com/Race/RI/Barrington/ToughTiger

TOUGH TIGER - [CLICK HERE TO REGISTER](http://www.adventuresignup.com/Race/RI/Barrington/ToughTiger)

THE
UNIVERSITY
OF RHODE ISLAND

VIRTUAL CODING NIGHT

**EXPLORE THE BASICS OF CODING WITH HANDS-ON
ACTIVITIES AND GUIDANCE FROM URI STAFF & STUDENTS!**

May 8th, 2025

Grades 1-4 6:00 PM-7:00 PM

Grades 5-8 7:00 PM -8:00 PM

**REGISTER
NOW FOR FREE!**



**DON'T
WAIT,
SPACE IS
LIMITED!**



BYFH Spring Clinics!

The BYFH coaches will be offering four youth clinics this May. The sessions will be Sundays from 3-4:30PM for players of any skill level currently in grades K-6. The clinics are \$15 per session or \$50 for all four Sundays. Click the link below to complete the google form.

Scholarships Available

If you have any questions, please email barringtonyouthfh@gmail.com

We hope you can join us!

The sign-up link is [here](#).



Make a Difference & Become a School Bus Driver!

Earn while you learn, paid training, and
work around your kids' schedule!

Apply today at OceanStateTransit.net

Location: 97 Commercial Way, East Providence, RI

Contact Us: (401) 435-8080

