



Lesson 1

Second Grade

Salish Sea Steward Challenge

Cross off the actions you already take to be a Salish Sea Steward! As you take other actions, cross them off too. Try to cross off as many boxes as you can! Whenever you take these actions over the next two weeks, record them on the next page. After two weeks, put your actions into this form:

<https://forms.gle/AoeZ XKQ91kWG uUsd6>

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|--|---|--|--|--|
| <p>Scoop it, Bag it, Trash it! Carry bags to clean up your dog's poop when on walks.</p>  | <p>Learn about your system! Ask an adult if you are on septic or sewer.</p>  | <p>Plant native trees, vegetation or cover crops.</p>  | <p>Buy local products to support our farmers and reduce transportation.</p>  | <p>Turn off lights, appliances, and computers when not in use.</p>  |
| <p>Recycle! When you use plastic items make sure to clean and properly recycle them.</p>  | <p>Ride a bike instead of driving.</p>  | <p>Put high energy using items like water heaters on timers.</p>  | <p>Clean up! Pick up trash near a local stream or beach.</p>  | <p>Reuse! Get creative and find ways to give your items a second life.</p>  |
| <p>Properly dispose of toxic materials instead of putting them down the drain, in the trash, or on the ground.</p>  | <p>Reduce your plastics by finding a plastic free or reusable alternative to a single use item.</p>  | <p>FREE</p> | <p>Keep wildlife wild by not providing easy access to food or shelter that can cause populations to grow too large.</p>  | <p>Don't Strain Your Drain! Spread out laundry and dishwasher loads to avoid overloading the system.</p>  |
| <p>Take public transportation instead of driving.</p>  | <p>Go to a car wash instead of washing your car in the driveway so soap doesn't go down the storm drains.</p>  | <p>Conserve water! Turn off the tap while brushing your teeth or take shorter showers.</p>  | <p>Buy something used instead of new to lower your carbon footprint.</p>  | <p>Clean up after your pets: scoop the poop, bag it, and trash it.</p>  |
| <p>Carpool instead of driving by yourself!</p>  | <p>Low carbon diet: emphasize nutrient-dense, plant-based foods!</p>  | <p>Bring a reusable water bottle instead of single use plastic.</p>  | <p>Walk instead of driving.</p>  | <p>Compost food waste.</p>  |

