



Food Service Department, 278 Rte 32, Central Valley, New York 10917 (845) 460-6200 foodforthought@mw.k12.ny.us

Free Complete Breakfast and Lunch Daily

Dear Parent or Guardian:

August 6, 2024

All students enrolled at Monroe-Woodbury Central School District are eligible to receive a healthy breakfast and lunch in school at **no charge** to your household each day of the 2024-2025 school year. Your child(ren) will be able to participate in these meal programs on the first day of school without having to pay a fee or submit an application. All schools provide a breakfast program for students upon entry into school and a lunch program for students in the cafeteria.

School meal programs offer breakfast and lunch meals that meet strict federal nutrition standards, aligned with the Dietary Guidelines for Americans and are planned with student preferences in mind. If packing food from home, students can add to their home brought lunch at no cost by choosing at least three of the five items offered, (e.g., low fat milk, proteins, whole grains, vegetables, and fruits), one of which must be a vegetable or fruit. We invite students to show their support for their school food service program through participation.

2024 - 2025 Meal / Milk / Ala Carte Prices

Breakfast Meal:

Grades UPK-5 Free
Grades 6-12 Free

Lunch Meal:

Grades UPK-5 Free
Grades 6-12 Free

Milk, 8 oz: With a complete meal Free
Milk, 8 oz: A la Carte, Without a complete meal \$0.75

À la carte items such as 2nd breakfast and 2nd lunch meals, whole grain snacks, frozen novelties, and other beverages meet state and federal requirements, which are based on the USDA Dietary Smart Snack Guidelines. Students will enter their five-digit student ID# at the register, the computer will record the sale, and deduct the amount from any prepaid balance in the student's account. Student accounts must have sufficient funds in their prepaid accounts or have cash at the time of purchase for à la carte items. To speed the lines and prevent lost money, we encourage parents/guardians to prepay for à la carte items by placing money on the student's account in advance. All schools accept daily payment and there is no requirement that students prepay into an account.

Payment for à la carte food and beverage purchases:

- Cash is always accepted daily at the register. (We are a cashless system, do not give change, and any remaining balance is deposited to the student account.)
- Check - Payable to Food Service Dept., and include child's name, ID number, label envelopes
- Pay online at <https://family.titank12.com/> (Convenience fee applies)

Special Dietary Needs related to reasonable food substitutions and modifications may be made for students upon receipt of a physician's statement describing the food to be avoided, how exposure affects the student, and the recommended substitutions. Please complete the Special Dietary Needs Form (English)/Special Dietary Needs Form (español) found in the [Food Services folder](#) of the Documents page on the district website. This form must be signed by the student's physician and the documentation returned to the nurse at the student's school. Dietary information should be updated annually.

New! Support School Funding ensures all students have equitable access to a high-quality public education. Schools receive additional education funding based on the number of enrolled students who are from households that are at or below designated income levels. The new **Family Income Survey** collects household income information that is used to see what additional funding the school might qualify for. These income applications can be submitted at any time online through the [district website](#) or by paper application available in each building.

Food Service Office - Contact Us

We look forward to seeing you and serving you on behalf of the Monroe-Woodbury Food Service Staff. If you have any questions, please call the Food Service Department at (845) 460- 6200 or email foodforthought@mw.k12.ny.us.

Non-discrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

program.intake@usda.gov

This institution is an equal opportunity provider.