

1989 EDC Girls TRACK MEET

100 M

1. Pam Freeman FN 12.64
2. Tami Lowenberg Jmst 13.07
3. Carmen Geigle GFC 13.11
4. Nicki Jackson GFC 13.40
5. Donna Middleton GFRR 13.47
6. Michelle Hager FN 13.48

200 M Dash

1. Pam Freeman FN 26.34
2. LeeAnna Hiestand Shan 26.41
3. Carmen Geigle GFC 27.38
4. Angie McGInty FS 27.69
5. Chalus FS 28.04
6. Terri Boelz FS 28.34

400 M Dash

1. LeeAnna Hiestand Shan 58.82
2. Jenny Schmeichel Jmst 1:00.69
3. Pam Freeman FN 1:00.69
4. Tracy Korynta GFC 1:03.19
5. Becky Opegard GFRR 1:03.34
6. Audra Bushaw GFC 1:03.36

800 M Run

1. Jenny Schmeichel Jmst 2:25.47
2. Allison Henke Jmst 2:26.74
3. Heidi Larson FS 2:27.80
4. Kate Van Osdel FS 2:30.60
5. Kristi Dietz Shan 2:30.65
6. Jenni Hartz, FN 2:30.93

1600 M Run

1. Jenny Schmeichel Jmst 5:15.38
2. Robyn Jokumsen Wahp 5:16.32
3. Sarah Hutton GFC 5:26.49
4. Keri Rosene WF 5:26.49
5. Kari Middaugh FN 5:26.72
6. Michelle Joyce Shan 5:43.66

3200 M Run

1. Robyn Jokumsen Wahp 11:40.00
2. Sarah Hutton GFC 11:53.46
3. Kari Williams Jmst 12:21.44
4. Kari Middaugh FS 12:28.35
5. Liza Anderson FS 12:30.71
6. Dawn Mielke Jmst 12:34.68

100 M Hurdles

1. Pam Demers FN 15.92
2. Jessica McNair FS 16.31
3. Marni Zimney WF 16.36
4. Tami Lowenberg Jmst 16.36
5. Kim Aamond FS 16.88
6. Heidi Erstad Jmst 16.96

300 Hurdles

1. Jenny Schmeichel Jmst 47.21
2. Marni Zimney WF 48.12
3. Erica Hanson FS 48.52
4. Jenni Jartz FN 49.54
5. Kim Aamold FS 49.84
6. Tami Lowenberg Jmst 49.90

400 M Relay

1. FN (Pam Demers, Michelle Hager, Amy Anderson, Pam Freeman) 52.05
2. GFC 53.11
3. GFRR 53.26
4. South 53.45
5. Jmst 54.23
6. Shan 54.60

800 M Relay

1. GFC (Carmen Geigle, Audra Bushaw, Tracy Korynta, Nikki Jackson) 1:50.51
2. GFRR 1:51.23
3. WF 1:52.41
4. Shan 1:52.77
5. FN 1:53.01

6. Wahp 1:54.15

1600 M Relay

1. Shan (Erika Olmstead, Amy Lambert, Kristi Dietz, LeeAnna Hiestand) 4:09.94
2. FS 4:11.99
3. GFRR 4:16.63
4. GFC 4:17.37
5. Jmst 4:20.20
6. WF 4:22.00

3200 M relay

1. South (Nikki Olander, Dacia Fuhrman, Wendy Melrose, Holly Smith) 10:14.94
2. Jmst 10:28.21
3. GFC 10:38.58
4. WF 10:40.25
5. Wahp 10:42.85
6. North 10:42.99

High Jump

1. Kathy Unruh GFRR 5'7 $\frac{1}{4}$
2. Amy Anderson FN 5'4
3. Genelle Viele WF 5'0
4. Erika Olmstead Shan 4'10
5. Angie Sedevie WF 4'8
6. Stacy Dubuque GFC & Stacy Ogden GFC 4'8"

Shot Put

1. Da Shontia Atkinson GFC 39'4 $\frac{1}{4}$
2. Dani Parkos GFC 38'9 $\frac{3}{4}$
3. Jess Opgrand FN 34' $\frac{3}{4}$
4. Trista Jacobson Wahp 32'10 $\frac{1}{4}$
5. Kelli Niebauer FS 32'6
6. Dani Rogne FN 31'2 $\frac{1}{2}$

Javelin

1. Lynne Lynen Wahp 116'11

2. Allison Bertsch Wahp 108'8
3. Heidi Erstad Jmst 105'1
4. Carmen Hoverson GFC 104'2
5. Dani Parkos GFC 104'0
6. Shannon Casper Wahp 103'8

Discus:

1. Dani Parkos GFC 132'1
2. DaShontia Atkinson GFC 121'3
3. Jess Opgrand FN 113'6
4. Stacey Brokke GFRR 112'4
5. Theresa Diede Jmst 111'4
6. Dani Rogne FN 108'0

Long Jump

1. LeeAnna Hiestand Shan 17'1
2. Terry Boelz FS 16'2 $\frac{1}{2}$
3. Kim Aamold FS 15'11 $\frac{1}{2}$
4. Amy Folden FN 15'5 $\frac{3}{4}$
5. Sharee Prochnow Jmst 15' $\frac{3}{4}$
6. Kristi Hoeft Wahp 14'11 $\frac{1}{2}$

TEAM TOTALS:

1. GFC 108
2. Jmst 89
3. North 87
4. South 75
5. Wahp 51
6. Shan 50
7. GFRR 38
8. WF 29