

Strive MD Requirement:

Revisional Surgery Patients of St. Agnes
Medical Group



STRIVE MD is a series of VIRTUAL group counseling meetings being held by both Dietitian Nancy Lum and Therapist Dawn O'Meally, using an online webinar system.. Participants will have the benefit of receiving both nutrition counseling and psycho-educational therapy at the same time - at each and every meeting! Our focus will be on the cognitive & behavioral changes necessary to help you obtain your weight loss goals and to help you achieve a healthier lifestyle. At STRIVE MD we want YOU to be able to make the healthy choices necessary to meet your goals.

If you are a patient of St. Agnes Medical Group, Dr. Andrew Averbach or Dr. Isam Hamdallah, and seeking a revisional surgery due to weight-regain you are required to attend this 7-part series (10.5 hours) in addition to The GI and Bariatric Nutrition Center's (GIBNC) / Nancy Lum, RD, LDN Bariatric Nutrition Education Program and your Bariatric Psych Consult with The Counseling Center for Change/ Dawn O'Meally, LCSW-A, P.A.

The fee for this online program is \$315. We do not accept insurance. Payment is due in full at the time of registration. We are unable to clear you for surgery until you have completed this program.

To [register](#), find out more and see the [dates of upcoming series](#) please go to www.StriveMD.com or call 443-490-1240.

By signing below you understand and agree ...

- That is your responsibility to register for StriveMD by self-registering via our website or call our office to register via phone. You also agree to attend all 7-parts of the series you select, failure to do so will result in dismissal from the group and be your responsibility to re-enroll in our next series. This is a group therapy program and your attendance is vital to the group morale. You are also required to participate and do all the assignments.
- You understand we will be unable to recommend you for bariatric surgery until you have completed and participated in this program. Your participation is vital to our determination for your candidacy as a weight-loss-surgery patient. This program and your participation level are graded and part of the determination process for your candidacy/ readiness for weight-loss-surgery. This is not a guarantee of recommendation for surgery, rather it is used as part of the determination process.

REMINDER: If you have not already done so please call 443-490-1240 to schedule your bariatric nutrition services.