

Online Callers Resources

By Claire Takemori & Audrey Knuth (updated 3/14/21)

[Claire's Online Resources Doc](#)

[Alt Choreo Shared Weight Email List](#)

[Where to find choreography for online](#)

[Online contra dance information](#)

[Audio Tech Advice](#)

Claire's Online Resources Doc

<https://bit.ly/OnlineOrganizersDoc>

- Caller's Band Signal Cards to Print
- Lots of Videos, handouts, links for Sound, Callers, Musicians, Organizers
- This handout link and video from 3/14/21 will be added soon.

Alt Choreo Shared Weight Email List

This space was first created for discussion of traditional dance (contra, ECD, community, family dance) changed for virtual spaces during the COVID19 pandemic. It is also great for discussion of safe but physically distanced outdoor dances. Other creative ideas are welcome here.

This list is a safe space. We encourage creative, respectful, and spirited discussion of ideas. We encourage discussion about new ways of thinking about traditional choreography, both in the home over virtual space as well as physically distanced.

Name calling and hurtful, disrespectful, or aggressive language is prohibited. We prefer not to rehash discussions about role-terminology, positional calling, or racial slurs.

By staying on this list you agree to the above guidelines as well as the shared weight list standards sent when you register.

If you have any questions, please contact any of your list moderators:

Drew Delaware

Cis Hinkle

Robbin Marcus

Claire Takemori

Seth Tepfer

To subscribe: <https://lists.sharedweight.net/postorius/lists/altchoreo.lists.sharedweight.net/>

Where to find choreography for online

- CallerBox: [All virtual contras](#)
- CallerBox: [Contra for solo](#)
- CallerBox [Contra for 1 couple](#)
- [ECD Adapted Dances](#)
- Louise Siddons Solo dance adaptation [discussions](#)
- [ContraDB](#)
- Lynne Render: <https://www.barndance.org/dances/lynnes-lockdown-contras.pdf>
- Don Veino : <http://veino.com/blog/?cat=426>
- Drew Delaware: <https://drewdelaware.com/virtual-contra-dances/>
- Chris Page: <http://chrispagecontra.awardspace.us/dances/dlist2.htm#virtual-contras>
- Jacqui Grennan: <http://www.jacquigrennan.com/zoomdances>
- Click a name to go to the choreo listed below:
 - [Seth Tepfer](#)
 - [Cis Hinkle](#)
 - [Lisa Greenleaf](#)
 - [Susan English](#)
 - [Loren & Monica Kalman](#)
 - [Donna Hunt](#)
 - [Claire Takemori](#)

Online contra dance information

Location	Bloomington	Mt Airy	Seattle	Atlanta	Glen Echo FND	All Hands In	Gainesville
Day/Time	Wed 8 ET	Thu 8ET	Thu 725PT	Fri 730ET	Fri 9ET	2nd, 4th Sat 430ET	1st Sun, 3rd,5th Sat
Contact	eric.schedler@gmail.com	sdgola@aol.com	sjnevins@gmail.com	labst@emory.edu	pshaf@yahoo.com	drew@delaware.ca	cayleybuckner@gmail.com

Music	Live	Live	Live	Live	Live	Video	Live/Rec
Length	45 min	75 min	70 min w/break	90 min w/break	60 min w/break	60 min	varies
Contra only	Contra +	Square ok	Square, ECD waltz ok	½ ECD, square ok	Square, ECD waltz	Yes	Contra +
Role Names	Caller choice	Gent/Lady	Lark/Robin	Lark/Robin	Lark/Robin	Lark/Robin	Positional

- All Hands In: <https://www.facebook.com/allhandsincontra>
Community breakouts before, random breakouts after.
- Atlanta DistDance: <https://m.facebook.com/pg/AtlantaDistDance/>
New dancer Intro before, TaiChi before, 10 min random breakouts midway, checkins/games after.
- Bay Area CA 4th Sundays: <http://BACDS.org>
- Bloomington IN: <http://bloomingtoncontra.org/>
- Gainesville Old Time Dance: <http://godsdance.org/>
- Glen Echo Friday Night Dance: <https://www.fridaynightdance.com/>
Chat before/after.
- Lake City, Seattle WA: <http://seattledance.org/contra/lakecity>
Chat before/after.
- London Barn Dance: 2nd Saturdays <https://www.barndance.org/virtual.html>
- Mt Airy, Philadelphia, PA: <https://thursdaycontra.com/>
- Wooster Contra: Susan English is the caller Sat 6pm PDT/9pm EDT woosterdance.com

Audio Tech Advice

- **Hardware Requirements for Callers**
 - Computer connected to power and wired to Ethernet
 - Upload and download speeds should be above 10-20 Mbps
 - Fiber optic connections are best
 - Check internet [speed here](#).
 - Disable computer's Wi-Fi.
 - Close unneeded programs to free memory and network.

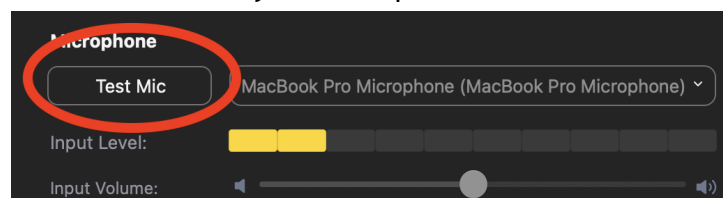
- Disconnect any other network devices to improve speed.
 - Check for the latest update in Zoom
 - Restarting computer beforehand is always a good idea
- Input/Output for Zoom:
 - Wired Headphones with Separate Microphone
 - Regular headphones are fine - just make sure the cable is long enough if you're moving around
 - Microphone into your computer
 - FiFine K669B USB mic (excellent for \$46),
 - Good mic going through audio interface such as Focusrite 2i2 (\$160, in high demand), (4) dynamic mic(s) such as Shure 57 placed very near you, and going through an audio interface
 - ***Our experience is that the Audio Technica Blue Yeti USB mics are not good for music.***
 - In-ear and Bluetooth models not recommended
 - Latency can from 130 -300 ms delay
 - Read article about bluetooth latency [here](#)
 - On-board microphone on computer *can* be used, but not recommended. (Quality isn't usually as good, and if they're near your computer fans, that will be picked up)

Headsets

- Suggestions: [HyperX Cloud wired](#) (not RF)
- USB Game headsets that are USB connected tend to be the easiest.
 - Note: Some earphone/microphone combos bleed output audio back into the meeting. Make sure you test this in advance.

● Zoom Settings for Callers

- You can Test the sound of your microphone to hear what it sounds like



- Make Sure your Input Level is strong, but not in the red
- Uncheck the box "Automatically adjust microphone volume."
- Set "Suppress background noise" to Low.

- Check the box “Show in-meeting option to “Enable Original Sound” from microphone.
 - This allows you to “See” this option in the main view
 - Testing what sounds the best for your voice and situation is key.
 - “Turn Original Sound On” means that it’s off and there is audio processing happening to clean up the audio.
 - “Turn Original Sound Off” means that it’s on and that Zoom is bypassing some audio processing. This is ALWAYS better for live music, but not necessarily for your voice.
 - High Fidelity Music Mode
 - If your computer is fast enough, this is a good option but takes up processing power
- **Two ways of calling to recorded music in Zoom**
 - Share Audio in Zoom and call over it
 - Pro: Easy to set-up and music in shared audio usually sounds good
 - Cons: Potential Delay between your voice and the music depending on internet speed. Interference between voice and audio can happen
 - Using a speaker into a microphone
 - Pro: Sound sources are entering at the same time so you know closer to what it’ll sound like (with regard to delay)
 - Cons: More sound equipment needed and potentially lower audio quality if not set-up correctly
- **Calling to remote live musicians over SCN**
 - See the Doc by Ian Brehm [here](#)

- **How to demo while teaching**

If you have a wireless callers mic, and either USB interface or mixer/interface, you can use that setup (with recorded or live music into another channel on mixer) to teach & demonstrate without a corded headset.

Your setup will depend on your headset, mixer, interface, computer.

Here’s what Demo setup Claire Takemori has been using:

- Samson headset mic, to Shure SLX1-J3 transmitter waist pack to Shure SLX4-J3 receiver into Behringer XENYX X1622 USB analog mixer
- iPad 3.5mm out to ¼” into mixer (to play recorded music)

Sub mix sends to small room speaker at low volume (to hear music while calling)

- Caller & Recorded music sent from Mixer via USB to Zoom as Mic input
Or just caller to SCN as Input from USB, or Zoom .
Allows caller to use a better mic to send to SCN or Zoom.

More Choreography (scroll down)

Choreography by Cis Hinkle:

So Near and Yet So Far

by Cis Hinkle

Singlet, start facing down

A1 -----

(8) Ones down the center, turn as couple

(8) return and cast off (cloverleaf)

A2 -----

(8) Long lines, forward and back

(8) Partner Do-si-do

B1 -----

(8) To you own left along the line, Mad Robin CW (looking at P)

(8) To you own right along the line, Mad Robin CCW (looking at P)

B2 -----

(8) Gypsy Partner

(8) Partner swing

Scatternella

Cis Hinkle

Singlet, start facing P, holding R hands

A1 -----

(8) RH Balance P, spin to the right (petronella)

(8) 2-H Balance P, spin to the right (petronella)

A2 -----

(8) LH Balance P, spin to the left (reverse petronella)

(8) 2-H Balance P, spin to the left (reverse petronella)

B1 -----

(8) Turn away from P, phantom allemande L

(8) Partner swing (end facing any direction)

B2 -----

(8) Turn away from P, another phantom allemande R (or L)

(8) Partner Do-si-do

Gordon's Balance

Cis Hinkle

Singlet, start facing across at partner

A1 -----

(4) 4 steps in to make a (mini)wave w/P, (4) balance the wave

(4) Partner allemande R 3/4 to wave across, (4) balance the wave

A2 -----

(4) Slide to the right (as in Rory O'More), (4) balance L & R

(4) Slide to the left (as in Rory O'More), (4) balance R & L

B1 -----

(8) Tug by for 1/2 Hey, passing partner right shoulder

(8) Partner swing (face down)

B2 -----

(4) 4 steps down, turn alone, (4) 4 steps backing down (as in Gay Gordon's)

(8) Lead up & cast wide, ending across from P ready to walk in

Grand Roll

by Cis Hinkle

Singlet, start facing up, (inspired by DonV's **Smile With Your Eyes**)

A1 -----

(16) Grand square

A2 -----

(16) Reverse grand square

B1 -----

(4) Balance toward partner, (4) Roll away (person on R)

(4) Balance toward partner, (4) Roll away (person on R)

B2 -----

(16) Partner balance and swing

Hey, Ricochet!

Cis Hinkle

Singlet, Start in mini-wave, P in R hand

A1 -----

(8) Balance and slide to the right (as in Rory O'More)

(8) Tug by for 1/2 Hey, passing partner left shoulder, loop right, catch Left hands

A2 -----

(8) Balance and slide to the left (as in Rory O'More)

(8) Tug by for 1/2 Hey, passing partner right shoulder, loop left

B1 -----

(8) Partner ricochet (CCW)

(8) Partner swing

B2 -----

(8) Lead up, cast out & down

Note: called at Flurry 2021; most folks turned B1 into partner balance & swing (didn't get the ricochet)

Four-leaf Clover

Cis Hinkle

Singlet, Start facing down the hall

A1 -----

(8) Ones down the center, turn as couple

(8) return and cloverleaf turn away

A2 -----

(8) Pass partner across, cloverleaf turn out & down

(8) Split phantom Neighbors above w/a Do-si-do

B1 -----

(8) Split 'em again w/a handy hand allemande

(8) Half Figure eight up the set

B2 -----

(16) Partner gypsy and swing

Partly inspired by Chris Page's Cloverleaf Exchange

Solo O'More

Cis Hinkle, Donna Rogall, Rosemary Lack

Singlet, start facing up (at camera, if possible)

A1 -----

(8) Forward and back

(8) Partner Do-si-do into a mini-wave

A2 -----

(8) Balance and slide to the right (as in Rory O'More) (with grapevine)

(8) Balance and slide to the left (as in Rory O'More) (with grapevine)

B1 -----

(8) Partner allemande Right (for 8 beats)

(8) Neighbor allemande Left (for 8 beats)

B2 -----

(8) In wave (or facing camera), 2 'Rockette kicks' (knee up, then kick, starting either leg

(8) Partner swing

Notes: This came out of a workshop/brainstorm breakout session during Louise Siddons' Wednesday Walkthrus focused on adding footwork to online dancing. Footwork ideas came from Donna, putting together into a dance from Cis, with contributions from Rosemary Lack.

Joyful Ride

Cis Hinkle

Doublet (or duple improper contra)

A1 -----

(8) Neighbor do-si-do

(8) Face P, Mad Robin CW

A2 -----

(8) 3/4 pousette CW w/P, robins push to start (end on robin's side)

(8) 1/2 Hey, passing partner right shoulder

B1 -----

(8) Partner Do-si-do (or RSR)

(8) Partner swing

B2 -----

(8) Robin's Chain (w/ roll away to avoid progression)

(8) Long lines, forward and back

Notes: Reworking of Erik Weberg's *Joyride*

Zooming With Your Corners

by Cis Hinkle

Singlet, start facing partner. Could imagine as 2nd couple in triplet

A1 -----

(16) Turn Contra Corners

A2 -----

(16) Diagonal hey w/2nd corners, passing partner right shoulders

B1 -----

(16) Partner balance and swing

B2 -----

(8) Lead up, cast back to place

(8) Lines, forward and back

Choreography by Seth Tepfer:

Back down - Seth Tepfer - singlet

A1: back away 4 steps, forward towards P 4 steps; P C L

A2: P RH B, box the gnat; pull by and with Ghost DSD

B1 P Contra Corners

B2 P DSD & Sw

Rotated Rotary. Improper - facing camera - Seth riff of Chris Page riff of Jubilation by Brooke/Chris

A1: LLFB; facing camera - CW Mad Robin

A2: Neighbor poussette clockwise 1/2 (up/down) Partner poussette clockwise 1/2 (across)

B1: Virtual Hey - Pass P R, Loop L, Pass P R, Loop L

B2: P RSH, P Sw

**If you just have one couple -- you could hey across with ghosts that aren't in the doublet -- but if you have another couple, then the hey is vertical.

Scatter the Wave Solo scatter mixer - Seth Tepfer

A1: bal Right, slide spin right; promenade around the house for 8 steps

A2: bal left, slide spin left; promenade for 8 steps - end up facing camera but 4 steps back

B1: LL F& B; CCW M Robin

B2: CW Mad Robin; Sw

Title: A Spare Roll or Two Author Seth Tepfer (variant of Don Veino's Can you Spare a roll) Formation: 2 people facing screen

A1: CW Mad Robin; CCW Mad Robin

A2: (8) As a couple, go [forward and back](#) while left-end person [roll away](#) partner

(8) As a couple, go [forward and back](#) while left-end person [roll away](#) partner; face partner

B1: 4) Partner [balance](#) (MRH,WLH)

(4) Partner [star through](#); face partner

(4) Partner [balance](#) (MLH,WRH)

(4) Partner [twirl to swap](#) (ML,WR) ([arky star through](#))

B2: P B& Sw (twirl out into a)

Sanitizer Sashay Seth Tepfer variant of Don Veino dance Sanitizer Shuffle Begin facing P

A1: full figure eight

A2: individually sashay left (4), Sashay right (8), sashay left (4)

B1: P contra corners

B2: P B & Sw

Porch Swing - Formation: solo dancer, face camera

A1: Mad Robin, clockwise; Ricochet camera CW (as if DSD)

A2: P DSD; Swing [partner] end facing camera
B1: Circle Left; left hand star, end facing camera
B2: Long lines; Mad Robin, anti-clockwise

Easy for you to say, Dean Snipes: Improper (or RH with p) Minor riff, singlet; P in RH

A1: Rory
A2 P B&Sw
B1: LL; R&L
B2: [Bal, spin R] x2

Title: Bouncing off the walls Author: Seth Tepfer

Formation: Take two hands with imaginary partner. You are standing in position A; your partner is in position B. Step to a wave, right hands to partner

A1: Balance, spin right to Position A; balance, spin right to end up left hands with partner
A2: LEFT balance, left spin to end in partners position; 2H Bal, spin in place
B1: Down the hall, turn as a couple, return
B2: Partner DSD; Partner Swing

Pass the Potatoes Seth Tepfer becket, start short wave

A1: LL; Bal, Pass the Ocean
A2: Bal, P A R 1/2; B center 2 A L 1/2
B1: Balance, Trade the Wave*, Balance, Trade the Wave
B2: Wave B, Robbins walk to P & Sw

*Trade the Wave: say "take a little peek": everyone lean forward spot partner - that is where you end up, facing other direction, going to walk a short "U" - take one step forward, turn to face partner, take 2 steps passing P by R shoulder, turn to face original N, step to remake wave with G in center (2nd time back to original wave)

Dressing the Stuffing by Seth Tepfer (need lots of space up and down, and some side to side)

A1: Down the Hall, turn alone (8), come back with [RH pull by, LH pull by]x2
A2: Interrupted Sq thru: [P RH B, pull by, N LH]x2 step to RH wave with P
B1: wave bal; walk forward to next line, Bal, A R
B2: P B &Sw,

Irked Turkey, Seth Tepfer; Tune March of the Lost Boys, George Paul

A1: N See Saw, face P, around N CCW Mad Robin;
A2: P DSD, Face Neighbor Mad Robin
B1: {or P B&S}
B2: C L 3/4. {CL 1x}; Face N Lines go F&B.

Pecan Triangle by Seth Tepfer; imagine a 3 couple set

A1: Into Center; Larks LH*
A2: Robbins RH*; P LH Bal, Swat Flea
B1: GR&L 4 (PL, CR, OL, PR) C AL
B2: P B & Sw

Choreography by Lisa Greenleaf:

Conservation Corners Singlet DI Lisa Greenleaf (2/12/21)

A1 (8) Down Hall, Turn ALONE towards P
(8) Up, Cast out face back in

A2 (8) ½ Figure 8 UP thru ghost couple

(8) DSD P x1

B1 (16) Contra Corners

B2 (16) B&S end facing down

The Lemon Clock Singlet Triplet Proper All dance as middle couple (2/12/21)

face P across Starts close to your P

A1 (8) Fall back from P 3 steps and together, Come F

(8) Allemande L 1-1/2 to trade places

Series of 3 handed stars with ghosts. Robin will move down to star R, Lark will come up to Star R

A2 (8) Move away from P, Star R, pass P L

(8) Star L with other ghosts (Robin up, Lark down)

B1 (16) B&S P, face up

B2 (8) Lead Up, Cast away

(8) DSD P—Stay Close!

The English Star Lisa Greenleaf Singlet, Improper (2/18/21)

Both an English-style hands across star and a nod to Susan English, who came up w/ the BTB slide

A1 (8) R Hands X Star (hand shake grip)

(8) Bal Towards P, slide BTB and catch L hands

A2 (8) Star L

(8) Bal Towards P, slide BTB

B1 (16) B&S P, end facing up

B2 (8) Lead Up, Cast down

(8) ½ Fig 8 down through ghosts, come back up own side

Choreography by Claire Takemori:

First Dance , Singlet 2/2/21

A1: CL, CR

A2: RHS, LHS

B1: N Seesaw, P DSD

B2: P B sw

Written for Flurry Intro session

Extra Smooth Singlet 2/2/21

A1 Rh Bal, Box Gnat , pull By RH, Loop L
A2 Lh Bal, Swat Flea, pull byLH, Loop R
B1 Face P Forward/back , CW Mad Robin
B2 RSR, Sw
Written for Flurry Intro session

Petro Wave Singlet 2/15/21

A1: Bal Wave, ROM RL
A2: N B Sw , face Up (Across w/4p)
B1: Bal ring, Roll away R to L , Bal ring, Roll away R to L
B2: Bal ring, Petro R, Bal ring, Petro/ reform wave (spin to wave)
Written for Beg Intro for IVFDF 2/20/21

Rico Corners, Singlet 2/15/21

A1: with Partner across, start Ricochet hey CCW, repeat.
A2: P RHS, turn away Ghosts LHS
B1: Contra Corners
B2: P DSD Sw
Written for Beg Intro for IVFDF 2/20/21

Elvin's Slide singlet , 12/16/20

RH wave w/P

A1 Bal wave R, ROM R, catch LH, LA 1-2x
A2 Bal wave L, ROM L, RA 1-2x .
B1 RH Bal, box gnat , pull into DSD
B2 Bal Sw
(based on 2 or 4 by Mark Elvin)

Star Crossed. Contra-Singlet (12/15/20 update)
middle of space, face P

A1 (8,4,4) LHS, turn away, loop over Rsh , cross R-sh to swap,
A2 (8,4,4) RHS, turn away, Loop over Lsh 4 steps , cross L-sh to swap, face P.
B1 (4,12) CCW ricochet, Pass L-sh, loop R into CL
B2 (8,8) CL & Swing

Rory O'Circu-Nella Singlet w/ghosts 11/13/20

face camera. RH in wave. "camera & other" (Ghosts in wave further away from camera)

A1 Bal wave RL, ROM R. Bal wave LR, ROM L
A2 Bal wave, Loop R (circulate), bal wave, Circulate, new wave.
B1 Bal wave, Swing , face Cam in ring
B2 Bal ring, Petro R, Bal ring, Petro R 1+ face cam in wave (or Swap roles w/P)

(Written for BACDS Fall Frolick online weekend Contra dance)

NOTE: A2- camera facing-person loops. Facing away "other" walks forward to new wave.
Then Camera facer now facing away, walks fwd, other loops

33 for Steve Singlet. (11/15/20)

At Top of long space. ID N1, N2 along side.

A1: w/N1 along side, RH bal, pull by R, pull by L w/N2, face P across

Sq Thru: w/ P RH bal, pull by R, pull by L (N2), face P across

A2: P Bal swing. Face UP line 2

B1: UTH 3 steps, TA backup 3 st, DTH 3st TA, backup 3 st, hands in ring.

B2: Bal Petro 2x, face down

Dedicated to Steve Zakon-Anderson

This is the 1st choreography that came to me in a dream!

Slippery Singlet. (11/17/20)

Face P across at Top of space.

A1 (4,4,4,4) Ps pass R, Loop L, CCW ricochet, 2HT 1/2 CCW (CR)

A2 (16) Ps pass L, Loop R, CW ricochet, 2HT CW (CL) to face Down

B1 (4,4,4,4) Lead Down, Turn away from P, Lead Up, Turn away to hands 4

B2 (6,10) CL 1x Swing, face across

(Based on Slippery Conditions, by Andrea Nettleton)

Duo-Zi-Duo Singlet w/ghosts

Start next to P, middle of long space to the sides.

A1: Cpl DSD, face P CW Mad Robin

A2: Pass P Rsh, loop Lsh on side, back to P sw

B1: End Sw turn away from P, LHS w/ghosts, back to P RHS

B2: P pull into DSD, CL 1x, end Side by side for Cpl DSD

Seth has Double Duo Si Duo variation with mirror DSD.

Do Si Couple

1-2p dance, middle of space, ID up/down

A1 (8) Cpl DSD, turn twd P, take 1H, face ghosts behind

(8) Cpl Seesaw, turn to P, face DTH

A2 (16) line 2 DTH, sliding doors (same as TAC) TA, UTH, loop away to face P

B1 (16) P B & Sw, face up

B2 (6) CL 1x

(4,4) Bal ring, CA Twirl, face new Ns

(based on Do Si Did, by Chris Page)

Couple Storm

*BECKET (hands 4)

A1 (6,10) CL 3, N DSD to short wave (N-RH, Robins-LH in Mid)

A2 (4,4) Bal wave, N-RH 1/2 (**Larks in middle**), Larks-LH 1/2, take RH w/P, short wave

(4,4) Bal wave, P RA 1x, til Larks face IN

B1 (8) Larks pass L, 1/2 Hey (L mid, R side/loop), end next to P on side, LLRR

(4,4) Larks CW Ricochet, Robins CW-Ricochet to P

B2 (16) P DSD Sw

Camera Loop

Solo dance facing camera w/ partner PIN (Couples face)

A1 With camera on L-diag, RH turn 1/2 w/P, loop over L-sh.

Now camera on R-diag, LH turn 1/2 w/P, loop over R-sh

- A2 Ricochet, turn away from camera into 3 pass weave . End facing camera
B1 LLFB, Mad Robin CW
B2 P Tw into Sw
(1H w/ partner, twirl then swing)

Camera Loop Singlet for 2p:

- A1 (2,6) RHT 1/2, Loop over L-sh
(2,6) LHT 1/2, Loop over R-sh
A2 (4,12) CW Ricochet, Hey (pass R, loop L, pass R) , face P
B1 (8,8) Fwd/Back, CW Mad Robin (1p in front, other behind)
B2 (6,10) DSD, Sw

ECD **Forgotten Waltz**, (w/ Forgotten Cove, by TJ Crow, 30 bar tune) AAAAB (112bpm) 11/14/20
imagine Duple minor, roles not needed,. 2nd person dance as Ps

- A1 (6,6) P RH Bal, Box the Gnat, face Dn to N
A2 (6,6) N LH Bal, Swat the Flea, face into hands 4. Keep LH

A3 (9,3) LHS, TS-R
A4 (9,3) RHS, TS-L (P across, facing Up. ID 2nd Diagonals, N on R diag)

- B (6,6) While 2nd Diag long B2B (6 steps out), (3) **1st Diag balance back**, (9) cross on diagonal w/hole in wall
(6,6) 1st Diag long B2B, 2nd Diag cross. (Solo can dance B2B, then cross hole in wall)
(3,3,3,3) 1H w/ P lead down 3 steps, TA toward P 3 steps, Lead Up 3 steps, TA toward P 3 steps
(6) Big cast away from P to face across, take RH

**Ask me for in-person DML choreography!

FAMILY DANCES:

Wavelets Singlet, Oct 2020

RH w/ P in "wavelet" a tiny wave of 2.

- A1: (4,4,8) Bal RH Wavelet, repeat, RHT
A2: (4,4,8) Bal LH Wavelet , repeat, LHT, face P, step back.
B1: (8,8) fwd 3 steps, Hi-10! Backup, DSD, end close.
B2: (12,4) Clap: Tog, R, Tog L, repeat, Tog, Knees, Tog, 2H
RH wavelets (on last 4 beats)
Solo Can put RH to camera
(written for CDSS video dance w/ Reelplay Oct 2020)

Family Stars Couples in small groups. Dec 2020

Next to P, Pile of RH in middle in stars.

- A1 -----
(4,4,8) Bal RHS 2x, turn RHS
A2 -----
(4,4,8) Bal LHS 2x, turn LHS , end in circle
B1 -----
(16) Into Middle/Out 2x , face P on side.
B2 -----
(8) w/P claps: own 2x fast, RH, own 2x, LH, own 2x, BOTH, own 2x, Both Backs of hands
(4, 4) tog, BEHIND, tog, BOTH, form RHS
(Dec 2020 new B2)

Harmony Dance Singlet 1/2/21

1-2p = face Cam.

A1: LLFB to Cam, CR

A2: LLFB, CL

B1: 2H sashay away 4 steps, sashay back or elsewhere, repeat to home.

B2: P DSD, P 2HT

(1/2/21 for Camp Harmony)

15 Flying Shoes Singlet. 12/4/20

Pairs face across. No roles. Or 1-2 people face Camera

A1 LLFB, CR

A2 Bal ring 2x, CL

B1 N DSD, 2HT

B2 P DSD, 2HT

(for Belfast Flying Shoes 15th Anniversary Zoom)

Choreography by Loren & Monica Kalmen:

Singlet - Contra Dance for Two

Forward Reverse

by Loren Kalmen & Monica Kalmen

A1 With inner hands joined, walk down (3). Continuing momentum down, turn toward each other and face up joining new Inner Hands (2) and backing line of twoup [down] (3)

Walk up. Continuing momentum up, turn toward each other and face down joining new Inner Hands and backing up – (end where dance started)

A2 Balance and Swing - end facing up

B1 Cast Down away from each other and come together taking Right Hands to Allemande once and a half – keep hands joined (end with Lark facing Down and Robin facing Up)

B2 Balance and Rory O'More Right – Lark turns to end move with both facing Up, take Inner Hands , Balance together and California Twirl

- As written, would progress down; but with an adjustment in the living room it works fine

Singlet - Contra Dance for Two

Hey Ricochet

by Loren Kalmen & Monica Kalmen

A1 Face down the hall* with Inner Hands joined. Walk down (4), back up while Lark Rolls Robin Away with a Half Sashay (4)

With new inner hands joined, walk down (4), back up while Robin Rolls Lark Away with a Half Sashay (4)

A2 Right Elbow Allemande, Left Elbow Allemande

B1 Right Hand Pull By and Turn Single in a large loop to the Left to complete the 8-step phrase

Ricochet (bounce off each other using both hands) moving from Right to Left and Turn Single again in a large loop

B2 Balance and Swing – end facing down

*Toward the camera to imitate a forward and back maneuver

Singlet - Contra Dance for Two

Propeller People

by Loren Kalmen & Monica Kalmen

A1 Pull By Right, immediately turn back over Left shoulder (4)

Pull By Left, immediately turn back over Right shoulder (4)

Repeat all the above

A2 Balance and Swing, end Joining Hands

B1 Balance and Spin to the Right, Join Hands, Balance and Spin to the Left

B2 Do-si-do, Take Right Wrists and Skip-Swing

Singlet - Contra Dance for Two

Sliding By

by Loren Kalmen & Monica Kalmen

A1 Right Hands Balance and Rory O'More Right

Left Hands Balance and Rory O'More Left

A2 With extended Right Hands (about waist high) Catch Right Hands and Push Off into a Seesaw, Left Hands ready

With extended Left Hands (about waist high) Catch Left Hands and Push Off into a Do-si-do

B1 Right Elbow Allemande

Left Hand Allemande

B2 Balance and Swing

- Clarified that in the A1 there is a spin on the Rory O'Mores; pushing off to spin into the Seesaw in the A2
- Elbow/Hand Allemande; in singlets, only so many moves you can do, so bringing in elbow for variety but hand to make it easy going into the balance & swing
- Extended arm/waist high - easier coming and going into the push off

Singlet - Contra Dance for Two

Boomers' Boomerang

by Loren Kalmen & Monica Kalmen

A1 Gay Gordons Promenade*

A2 Right Hand Allemande - near end of move Lower Right joined Hands (about waist high) (8)

Push off into a Seesaw (8)

B1 Boomerang - Left Elbow Allemande once around, separate and Turn Single to the Right

Right Elbow Allemande once around, separate and Turn Single to the Left

B2 Swing

* Gay Gordons promenade –

Hands are at shoulder level, with the Lark's right arm behind the Robin's back connecting to the Robin's right hand, left hands also joined in front. Promenade three steps forward (3), then with hands continually joined, both individually pivot 180 degrees clockwise while still moving down the hall (2). Now the Lark is on the right, Robin on the left, with hands still at shoulder level, the Lark's left arm behind the Robin's back with left hands still joined and right hands still joined and in front. Promenade three steps backwards (3). Then promenade up the hall in a similar manner (though on opposite sides of each other), pivoting, and backing into original position.

Singlet - Contra Dance for Two

Swattin' an' Boxin'

by Loren Kalmen & Monica Kalmen

- A1 Right Shoulder Round once, Turn Single to the Left in a large loop (12)
Coming back together, Swat the Flea (4) – keep Left Hands joined
- A2 Lean together with Left Hands Palm to Palm at shoulder height, Push Off and Spin Out over Left Shoulder - end facing Partner ready to connect Right Hands (8)
Lean together with Right Hands Palm to Palm at shoulder height, Push Off and Spin Out over Right Shoulder – end facing Partner (8)
- B1 Left Shoulder Round once, Turn Single to the Right in a large loop (12)
Coming back together, Box the Gnat (4)
- B2 Balance and Swing

Singlet - Contra Dance for Two

Halved-Eaten Cake

by Loren Kalmen & Monica Kalmen

- A1 Face down the hall, Lark on Left, Inner Hands joined.
Take four steps down (4), Balance toward each other and away (4), Lark Rolls Robin Away with a Half Sashay (4), Balance toward each other* (2), Cast Up to join Inner Hands facing up (2)
- A2 Take four steps up, Balance toward each other and away, Robin Rolls Lark Away with a Half Sashay, Balance toward each other,* Cast Down and come together
- B1 Balance and Swing, end facing down Inner Hands joined
- B2 Dance down the hall moving slightly toward each other (3), then slightly away from each other (3), then together with Free Hands Pushing Off to Cast Up and take inner Hands facing up (2)
Dance up the hall moving slightly toward each other, then slightly away from each other, then together with Free Hands Pushing Off to Cast Down and take Inner Hands facing down
*If tempo is too rapid to comfortably take this balance, leave it out and just cast up (A1), down (A2), after the roll away.

Choreography by Donna Hunt:

Boxing Day Balance singlet/doublet by Donna Hunt

A1 Partner (RH) balance , Partner box the gnat

Star right 1x (with JAZZ hand) (face ghost neighbor)

A2 Neighbor/Ghost/partner) (LH) balance , neighbor/ghost/partner swat the flea

Star left 1 (with JAZZ hands) *if dancing with partner in A2 then turn away from partner over right shoulder

B1 R shoulder round Partner, Swing partner

B2 (Face camera). Fwd and back,

CW Gents fwd camera ricochet , Ladies fwd camera ricochet (face partner)

- Paired with raggy tunes for jazz hands (with free hand)
- suggested CW ricochet with gents coming in first to lead with R hand

Sassy Sashay Donna Hunt Singlet/Doublet

A1 Sashay down (4 ct), Sashay back (4 ct)

Clap own **together**, partner **Right**, Clap own **together**, Partner with **Left** (2x)

A2 Partner Chain over (right pull by and loop left for courtesy turn)

Partner Chain back

B1 B&S Partner

B2 (face camera) FORWARD UP hall (4 steps), walk BACKWARDS DOWN hall (4 steps)

turn alone face down hall FORWARD DOWN hall 4 steps, walk BACKWARDS UP hall 4 steps (towards camera)

- Donna mentioned A1 came from a dance of Susan's, timing changed
- Looking for feedback on B2...current dance seemed too busy to Donna, but people felt it was fun
- Some discussion that partner chains are similar to heys, but feel different when danced with someone

Choreography by Susan English:

ROCKIN' RORY by Susan English (11-18-20)

[inspired by Rockin' Robin by Rick Mohr]

(Everybody start facing camera or "up", a few steps back, handy hand joined with P.)

This dance needs a lot of space

A1	Circle R (Robin in lead)
	AL R (Lark end facing up, Robin facing down)
A2	Bal R&L, ROM spin R (catch L)
	Bal L&R, ROM spin L (catch R)

B1	Bal R&L, swing P.
	" (end facing down)
B2	Down the hall, turn as a couple
	Come back with a Zig L (4), Zag R (4)

DIAMOND PETRONELLA by Susan English called 10-21-20

[inspired by Presto Petronella by Cary Ravitz]

Start facing real or imaginary P across the set

A1	P. chain across
	P. chain back
A2	P. walkaround (RT shoulder)
	P. circle L
	(now imagine a diamond, you and P. on opposite angles)
B1	Balance in & out, spin to the RT (one position)
	Balance in & out, spin to the RT (one position)
B2	Balance & swing P.
	... (end on original side facing P. across)

MIDSUMMER DAY'S DREAM by Susan English 10-21-20

(an easy, smooth, connected contra dance)

A1	LH Star
	RH Star
A2	AI RT 1-1/2
	Swing (face down)
B1	Down the hall (turn alone)
	Return (face across)
B2	P. chain across
	P. chain back

WAYS OF THE WORLD

Modified for Zoom by Susan English 10-21-20

(A triple minor proper Chestnut from 1795 New England)

Imagine a proper 3-couple set, with you at the top

I will call to the first or active couple

Actives begin with a mirror hey for 3

Start by splitting the twos below, do a figure 8 down and back

A1	Mirror hey for 3 (ones start by splitting the twos)
	...
A2	Actives down the center (turn alone)
	Return, cast off (into 2 nd place, twos move up)
B1	Circle LEFT (imagine all 6 circling L)
	... (end facing across)
B2	R&L thru (with imaginary twos above)

	R&L back (resume your position at top of set)
--	---

AW ZOOM by Susan English (11/18/20)

[inspired by Aw Shucks by Carol Kopp]

(Start facing real or imaginary P. across from you, take 2 hands)

A1	Sashay down
	" back
A2	Clap R Clap L (2x)
	Swing (end facing P. across)
B1	P. chain across
	" " back
B2	Star R
	P. dosidos

FOLLOW THE ROBIN by Susan English (11-28-20)

To start, face the camera, Lark on L, Robin on R, arms around P.

but joined hand pointing toward camera, palm to palm, as for a promenade or Tango

A1	Promenade F&B (toward the camera and back)
	AI RIGHT (end Lark facing up, Robin down, RH joined)
A2	Bal. together and away, spin R (ROM) catching LH
	AI LEFT (end Lark facing up, Robin down, LH joined)
B1	Drop hands, Robin in lead, walk single file down left side of set
	(Take P. in promenade or Tango position) Promenade up four steps, balance F&B (toward camera and away)
B2	Push and swing (push palms & roll away from P until eyes meet, then swing)
	(end swing facing camera in promenade position)

Notes for Follow the Robin: Susan - A1 is in promenade position and the joined hands are facing the camera.

FRIENDLY CONTRA* by Susan English 1/15/21

You and your real or imaginary P. face the camera,

back a few steps, arm around each other's back.

Don't let go until I tell you [in the second part of B1].

A1	F&B (up to camera and back)
	Butterfly whirl 1-1/2
A2	Down the hall; wheel as a couple
	Return with a zig angle L (4) and zag angle R (4) (both face across)
B1	Across the set promenade; courtesy turn, then release arm hold
	R&L thru across (courtesy turn)

B2	Circle L $\frac{3}{4}$ (end both facing down)
	Balance together and away, California twirl to face the camera

Notes:

A dance that sustains connection with partner: keep one arm around P. from starting F&B (A1) through promenade across (B1)

SIMPLE GIFTS by Susan English (1-15-21)

A quiet dance to the tune "Simple Gifts", so feel free to sing along; begin facing real or imaginary partner across from you or in the computer screen

A1 Forward and back (8), dosidos (8)

A2 Right hand across (8), back by the left (8)

B1 Pousette (push-pull cw 360 degrees) (16)

B2 Step close back twice (4) R shoulder around (8) and loop left (4), end facing P.

CRISS-CROSS CONTRA by Susan English (2020)

Note that I am dividing the dancing space into three parts:

- Top = closest to camera
- Middle = halfway between top and bottom
- Bottom = farthest from camera

Single or couple start in middle of set, facing camera, couple with handy hand joined.

A1	F&B (up to camera and back, can high five camera w free hand)
	Cross trail (Robin go left, Lark go Right, both casting to bottom of set)
A2	Cross at bottom (Robin below Lark), keep moving along imaginary circle
	Cross at the middle (Robin above Lark) keep moving along imaginary circle
B1	B&S (at the bottom of set)
	(Both end facing up, handy hand joined)
B2	Come up the center (4 steps to middle of set), balance together & away
	Rollaway twice (Robin in front of Lark, then Lark in front of Robin, to end facing up, handy hand joined)

Ideas: Treat this like a triplet -- you have 3 places and can use that for orientation.

Feels like it is a blend of eng-american.

Might be fun to trade roles so you can try the other direction.

Option: When you meet at the bottom, allemande to switch directions.

MORE BANANAS by Susan English (1-22-21)

Inspired by Becky Hill's Becket contra "Bananas"

Identify Larks and Robins

Single or couple start in middle of set, facing camera, couple with handy hand joined.

A1	F&B (giving high five to camera with free hands; then face across, take P. RH)
	P. chain across (pull by R, then loop L to face across)
A2	ON RIGHT DIAGONAL Robins chain (to imaginary Lark at bottom of set; Lark courtesy turn imaginary Robin, so both dancers end on same side of set, each in a separate imaginary foursome, facing across)
	Half hey across set (mirror your partner: Robins pass an imaginary Robin by L, then big loop R; Larks pass an imaginary Lark R, then big loop L)
B1	P. B&S on the side
	(end both facing across)
B2	R&L thru together (courtesy turn into circle R)
	Circle RIGHT $\frac{3}{4}$ (end facing camera, Robin on R)

Note that progression is like that of a ccw Becket dance. I am thinking that possibly this dance could be done on a real dance floor with real dancers. Need some extra space. Partner chain might become a standard figure, a new way of getting people to cross the set and face back in.

LAST SWING OF 2021 by Susan English 12-31-20

[inspired by Last Swing of Summer]

Begin few steps away from camera. Singles face camera. Couples face P. across.

A1	Dosidos (opt'l spin L or ccw); end facing camera, take P. handy had
	Two on two dosidos (once around imaginary opposite couple in computer)
A2	Drop hands, roll back-to-back (turning away from P.) into a P. swing*
	(end swing facing P. across the set)
B1	Hey across the set (pass R; L U-Turn)
	" (pass R; L U-Turn)
B2	Star R (RH across)
	Star L (LH across) (opt'l pull into a spinning dosidos)

*suggests a new figure to be called 'roll and swing'

BACK PASS CONTRA by Susan English (1-25-21 draft)

(inspired by swing dance move "back pass & extend")

Start facing up or across

A1	F&B..... (facing camera)
	Circle L 1-1/4 (end facing across)
A2	L hands across (star)
	R hands across (star) (end in wavy line, R to R, Lark facing up)
B1	Balance, back pass* , catching L
	Balance, arch and Robin inside turn under** to face Lark, (Robin end with back to screen facing P; take 2 hands with P.)
B2	P. B&S
	(both end facing camera)

Notes on B1:

Back Pass and Extend

- Start in wavy line, R to R, Lark facing up
- With a light tug, pass back-to-back, changing hands and catching P. on other side L to L, Lark still facing up

Inside Turn

- Start L to L in wavy line
- Both raise L hand to make an arch
- Robin turns under the arch (L shoulder or ccw; also called inside turn, giving back to partner)
- Robin end with back to camera, facing P.