How to backup your nextcloud service

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Step 1: Mount the external storage device

In host, cd /var/lib/docker/volumes/ncdata_old/_data mount /dev/sda1 ./backup # mount the USB device to the backup folder

Step 2: Backup your system

Make sure the target file located at the ./backup/

Backup the system
Aceess the page https://192.168.1.108:4443
choose [BACKUPS] -> [nc-backup]

Setup the file location as : /data/backup/ncdata/backups/ncp-backups-20220924

e.g.

