

Shared System of Training

The International Council believes there is value in taking action to...

Develop a **shared system of training** that is **based on principles* drawn from a set of Bhante's teachings**

[based on (models to be clarified and terminology still to be worked on):

- *5 Great Stages – Mindfulness, Positive Emotion, Vision, Transformation, Spontaneous Action for the Benefit of Others;*
- *System of Meditation*
- *Subhuti's language and suggestion to the Council – Integration, Skillful Intention, Spiritual Death, Spiritual Rebirth, Spiritual Receptivity]*

which is **inspiring and engaging, clear and progressive allowing for individual practice and experience, applicable to all levels [the principles of integration to Insight and spontaneous altruistic activity, practiced at all levels]** using a **wide range of methods – whole life** – that connects and defines Triratna.**

**rather than being identified with single practices*

***not just meditation – includes the full range of Triratna practices leading to Insight.*

Therefore, we have agreed by unanimous consensus, for the International Council to create and lead an initiative to engage with the Order, Movement and College to develop our shared System of Training.

The value in doing this is:

- Understanding of the place of the Karma and Dharma Niyamas
- At all levels, progressive
- Shared language of practice
- Practical tools for evaluating out teaching
- Clarity on principles (at all levels)
- Inclusive (healing) of diverse experience
- Not static
- Learn from experience
- Provides link between meditation and all the methods, Triratna values: *KM, Dharma teaching, ethics, TBRL, study, sangha building etc.*
- Cohesion (after Bhante's death)
- Fostering dialogue amongst those teaching
- Confidence in out practices (not just meditation) as leading to Insight
- Balancing 'system' with individual
- Clear recognisable Path (common spiritual field) ...at every Centre
- Use experience of practitioners to feedback in our system

We have determined there is more work to do on:

- How to engage wider Movement/Order:
 - *Who is proposing?*
 - *Who should we be going to?*
 - *What this meeting will do.*
 - *Addressing how this meeting's legitimacy is viewed?*
 - *Convention theme*
 - *3 Strand implications*
 - *Sharing Bhante's confidence in this*
 - *Include teachers and practitioners in this*
- How we evolve our teaching at all levels:
 - *Transformation from karma to dharma niyamas*
 - *Path of Insight in areas beyond meditation*
 - *Path of responsibility*
- In applying Principles, how do we maintain cohesion on an ongoing basis throughout the world/application of core practices
- How do specific practices link? Fit in? (10 Precepts and 5 Precepts)
- Link to levels of GFR
- Work out detailed implementation
- Keep discussion open at this stage. Not yet a finished product.
- Make sure we are clear it's whole life, all practices not just meditation
- The Movement learning to work with Subhuti and visa versa
- Clarifying the International Council's role in making this change
 - *What's our action? Exemplification of this group of the deepening path*
- Clarify more alive and engaging terminology/content/model and what we communicate
 - *Keep it simple not simplistic*
 - *Not just meditation*
 - *Different ways to communicate*
 - *Rethink 'system', 'process', 'stages'*
 - *Is this different from what Bhante taught?*
- How do we find out current practice, meaningful review/learning?

And also...

- How do we support teacher training and development in a shared way?
- How do we teach and disseminate ideas/
- Cohesion question: Mitra study course in India and West – differences
- Learn from coordinated Mitra study initiative

- Pre-Mitra study to communicate who we are and what we do
- Acknowledging and including experience in the Movement (a lot already in motion for years)
- Get across Triratna as a whole way of life