

## #1100Poems : Unfiltered Thoughts



The image shows a screenshot of an Instagram post from the account 'stonefauks'. The post features a dark background with a large, faint watermark of a stylized 'S' and 'F' and a silhouette of a fauk. The text is white and centered. The post title is 'Challenge, 1,100 poems in 365 days'. The main text describes a 365-day challenge starting on September 1st, 2024, with three poems per day until August 28th, 2025, and four poems per day for the final five days. The post concludes with a wish for luck and a mention of the poetic journey.

 stonefauks ...

### Challenge, 1,100 poems in 365 days

Starting this Sunday  
September 1st 2024 I'm giving  
myself a 365 day challenge. I'll  
be writing three poems a day  
every day until August 28th  
2025 when I'll write four  
poems a day for the last  
5 days of the challenge.

The poems will be  
any length, any genre, and any  
style. Wish me luck as I start  
on this poetic journey.

STONE  
FAUKS

[Instagram : @stonefauks](https://www.instagram.com/stonefauks)



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unfiltered thoughts meaning

All Images News Videos Forums Shopping

AI Overview

"Unfiltered thoughts" means thoughts that are in their original state and have not been modified, processed, or refined. For example, someone might have unfiltered thoughts on the latest sports or pop culture news.

The word "unfiltered" can also mean something that has not been censored, toned down, or edited. For example, a radio station might provide unfiltered news and political debate.

In the context of creativity, "unfiltered" can mean having no bounds, pushing ideas, and breaking rules. It can also mean keeping an open mind and taking risks when necessary.



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## Introduction :

August 29th, 2024

10:40 PM

Welcome to my mind ...

Do you mind?

Kidding 😊.

Join me on this lovely journey as we seek to be as present, but most importantly, as human as possible, in this beautiful life that we're given the gift of living.

A few logistics before we delve into it :

1. This is a live document where anyone can comment. The link is accessible to everyone. You may also download it as a PDF and share it.
2. These are my perspectives — neither right nor wrong. Do not allow anyone's perspective to taint how you perceive the world. Don't take these thoughts personally.
3. Ultimately, I hope this journey inspires you as well. Write freely. Share your ideas and take the risk of being vulnerable.
4. And finally, you can find more of my work below :

<https://linktr.ee/SymposiumBerlin>



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September 1st 🏆  
8 : 45 AM : Chicopee

# #1100Poems

## 1. Another Page

**Each day is a blank page  
That God has gifted us  
To write our story  
I have stopped looking  
At chapters closed  
And I dampen the temptation  
To read ahead ...**

**— K.S. Fort**



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9 : 36 AM : Chicopee

## #1100Poems

### 2. You're Right

**A German friend  
Taught me the phrase,  
“Du hast Recht  
Und ich meine Ruhe ...”  
Which literally translates to :  
“You have the right  
— Meaning you're correct —  
And I have my peace.”**

**I haven't had  
An argument in years 🥺.**

**— K.S. Fort**



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10 : 20 AM : Chicopee

## #1100Poems

### 3. Glimmers

**Calm conversations over tea  
My dog stands patiently  
At the top of the steps  
As soon as he hears me coming  
Weekends spent in Rhode Island  
With my lovely nieces  
Planning new adventures  
With the Circle in Germany ...**

**— K.S. Fort**



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tinybuddhaofficial

Following



**Today I learned about  
a term called a "glimmer."**

Which is the opposite of a trigger.

Glimmers are those moments in your day  
that make you feel joy, happiness, peace, or  
gratitude. Once you train your brain to  
be on the lookout for glimmers,  
these tiny moments will appear  
more and more.

UNKNOWN

tinybuddha.com



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Sept. 2nd, 2024

8:19 PM

#7100Poems

④ Not All Who Wander  
Last Thursday

↳ That connects me with a trail in Connecticut  
I plan to walk it on Labor Day  
Thoughts have been streaming through my mind  
I need to pull away...

TODAY:

So we wander...

My dog treks the trails  
With me silently ...  
I'm reminded life's not <sup>so</sup> serious  
No need to delve too deeply

- K.S. Fort



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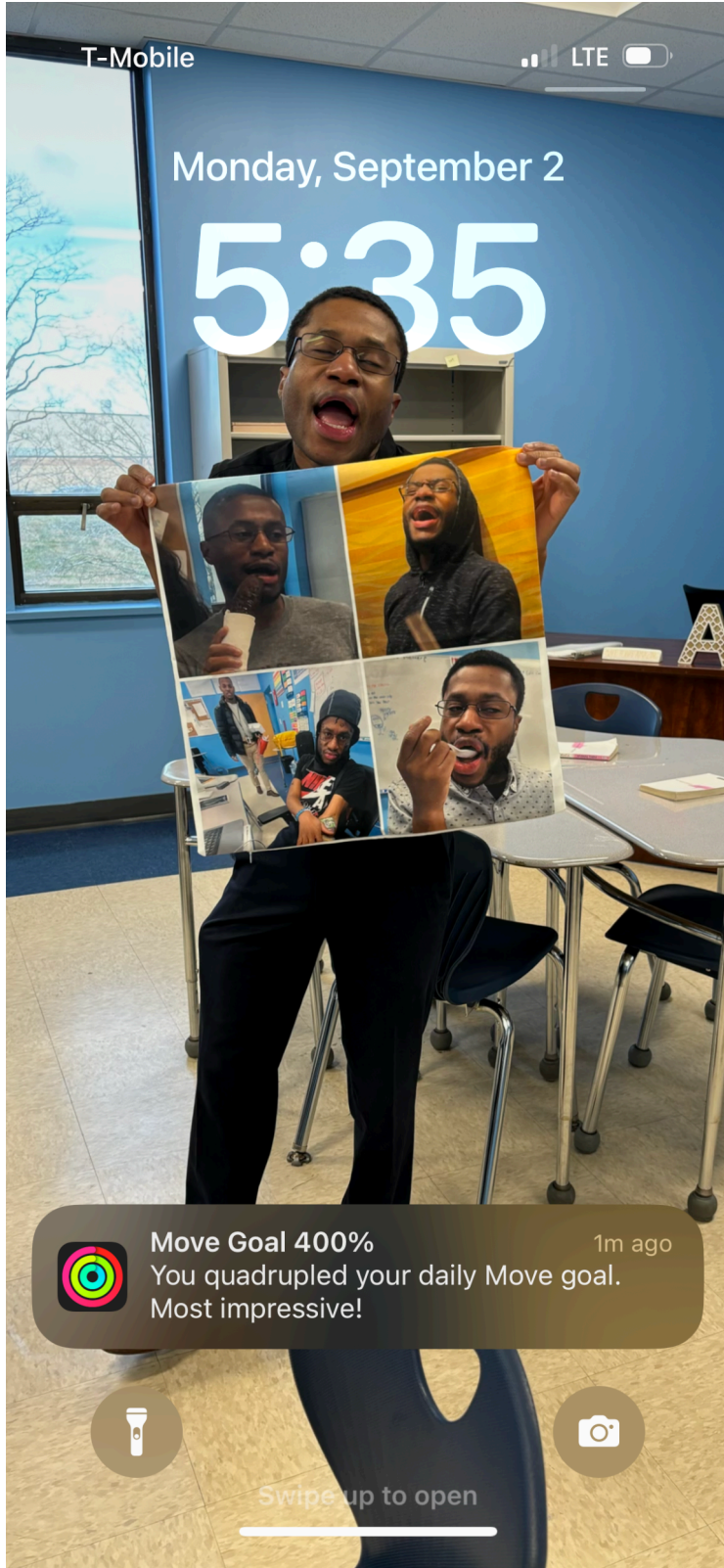
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5:48

LTE

MONDAY, SEP 2

# Summary



## Activity

Move  
**522/120CAL**

Steps  
17,868

Distance  
7.48MI



## History

Show More



Healthy Minds

**5MIN**

Today



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Sept. 2nd, 2024

8:28 PM

#1100 Poems.

⑤ Held Like Water

I want to hold  
And be held like water  
Not squeezed too tightly  
Else it flees through  
One's fingers desperately  
Nor held apathetically  
Held ~~with~~ with flat palms  
For the sake of tradition  
Or eyes that stare ~~at~~  
When we walk publicly  
Rather, held with cupped hands  
Hands of care and concern-  
As when one drinks calmly...



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"For indeed, with hardship [will be] ease.  
Indeed, with hardship [will be] ease."

(Qu'ran 94:5-6) Sept. 2nd., 2024

#1100Poems,

8:39 PM

⑥ "...Will be ease..." [94:5-6],

That verse is repeated twice

Almost to remind us that hardship is rewarded

That may be why I decided

~~\*~~ To hike seven miles...

Life is easier after you've voluntarily  
Done what is difficult...

Malcolm posts an article

I had written a year ago

Discussing my difficulties

with letting go...

And just as the verse I pulled  
From my collection of ~~\*~~ Islamic quotes

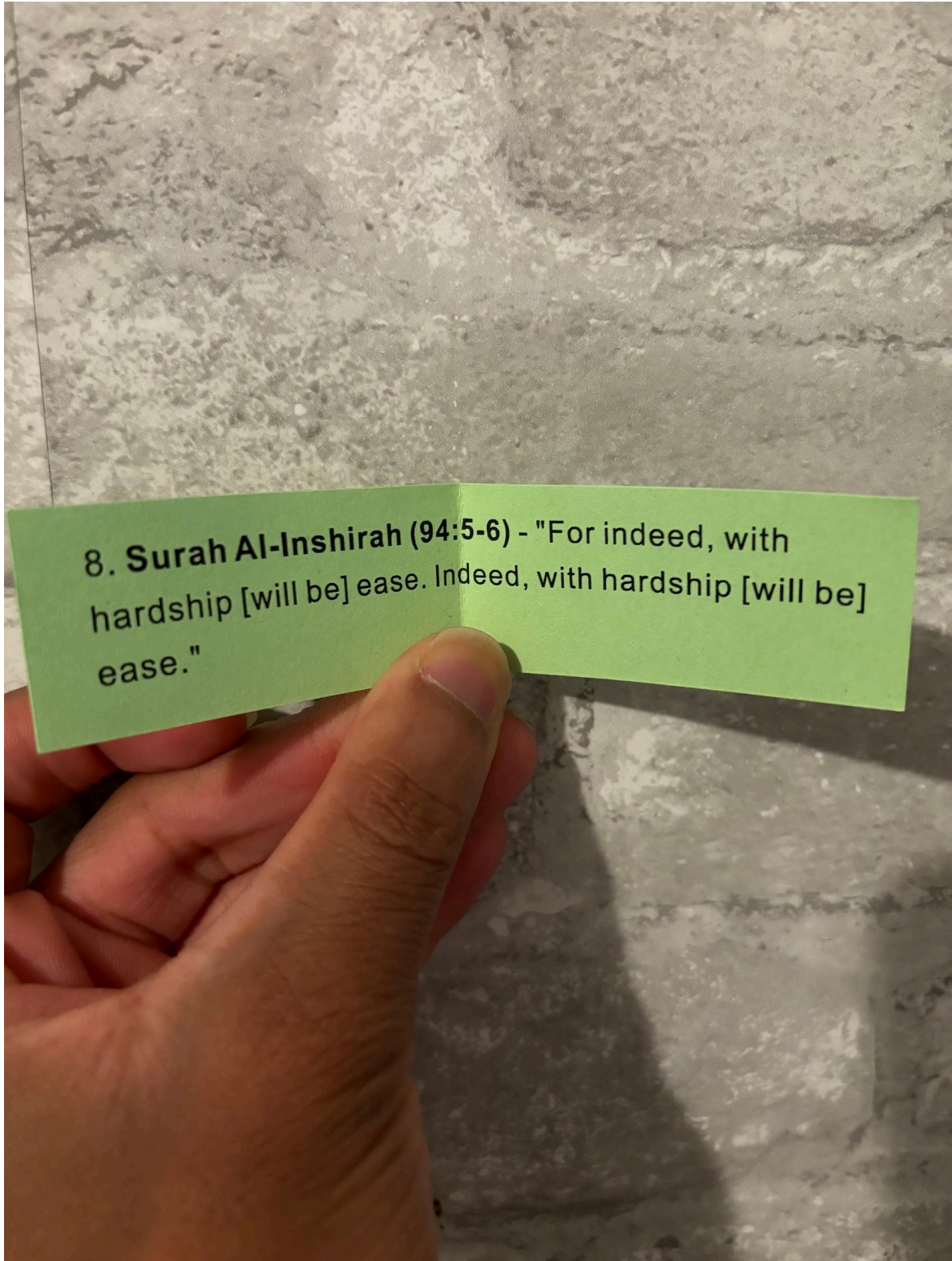
It was the reminder I needed

To move peacefully forward...



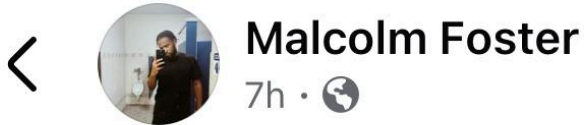
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7:42



"Do you love me?"

I loved the idea of a couple  
The idea of a lovely marriage  
The idea of having mixed children  
Speaking English, Creole, and German  
I loved the idea of us traveling  
The happy pictures that we took  
The idea of us sharing interests  
From films, shows, and esoteric books .

- [KS Fort](#)



**KS Fort**

Sep 1, 2023 ·

"I can love you ... Yes ...  
But not how you expect."

- Anonymous



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**KS Fort**

<https://symposiumberlin.substack.com/p/30-graceandpatience-letting-her-go>



**30. #GraceAndPatience : Letting Her Go**

[symposiumberlin.substack.com](https://symposiumberlin.substack.com)

1y Like Reply



**Malcolm Foster**

[KS Fort](#) I didn't read this a year ago when you posted it. Unironically, I believe reading it just now was exactly when I was supposed to. This was a great read.

8h Love Reply



**KS Fort**

[Malcolm Foster](#)

Thanks so much.

Ironically, this came at the most perfect time for me as well.

I needed this reminder 🥺

Just now Like Reply



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September 3rd  
8:54 PM : Holyoke

## #1100Poems

### 7. As He Sleeps Peacefully

**Serrano invites me to her apartment  
And I am honored  
To meet the new addition  
She helps me as I feed him  
Also, as I change his diaper  
And as he sleeps peacefully  
I'm reminded that this  
Is all that truly matters...**

**— K.S. Fort**



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10:28 PM : Springfield

## #1100Poems

### 8. Recovering Asshole

**“I’m a recovering asshole ...”  
I sometimes have to remind  
People of this, so it makes sense  
Why choose to observe  
Rather than participate ...  
I tell my student that  
I’d prefer to not comment  
On the hit and run accident  
As I would hate to be  
The “Kibbs of Old”  
And offer my harsh judgement ...**

**— K.S. Fort**



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# #1100Poems

## 9. Watching Waves

**Years ago, my friend  
Talked to me about Wavemakers  
Told me to be careful  
On which emotional journeys  
I choose to embark when offered ...  
These days, I watch the waves  
Whether politics  
Or toxic relationships  
I observe from the shore  
As I've found ease in this lore ...**

**— K.S. Fort**



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KS Fort

Jul 8, 2019 · 🌐



Wavemakers ...

.

.

Present and Transparent : Water Shares Its Secrets

## 84. Beautiful Words

Today, a friend and I discussed the idea of choosing emotional waves wisely. Throughout the day, people will cast their burdens on your shoulders, situations will go awry - and sometimes - you will be told heart wrenching news. Be aware of "Wavemakers". Those who create conflicts, perpetually ponder problems, and wallow in misery with no intention of leaving. Wavemakers will search for others to ride along. Choose wisely.



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September 4th  
8:50 PM : Springfield

# #1100Poems

## 10. Kacey Musgraves

**Plans to Baltimore  
Have been rescheduled ...  
Is this a sign  
That God gives ...  
The chance to see  
Kacey Musgraves?**

**— K.S. Fort**



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9:27 PM : Springfield

## #1100Poems

### 11. On the Fence

**The opportunity  
To teach again ...  
I've already turned  
Down two positions ...  
But with the numbers  
And time commitment  
The deal is sweetened ...**

**It wouldn't hurt to apply ...**

**— K.S. Fort**



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9:52 PM : Springfield

## #1100Poems

### 12. Kickball Callout

**Before Malcolm called  
I was just telling Anne  
How I may have pulled  
My hamstring from the  
Seven mile walk in Connecticut  
My ankles feel weakened  
And tomorrow may be a day of rest ...**

**But if we're playing  
Kickball this weekend ...**

**— K.S. Fort**



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10:13 PM : Springfield

## #1100Poems

### 13. Tragedy in Georgia

**“Panic Porn Propaganda”  
That’s how he framed it for me  
Tragedies plastered on the news each week  
— And it’s not that I lack empathy -  
I will simply not be inundated by negativity  
Engulfed in tragedy endlessly ...  
Our pull to relive our traumas  
Is why we creep by accidents on the street ...  
Yes, I’ve seen the pictures  
I just choose to not comment  
Seen the headlines - read the captions -  
Not every action needs a response  
What brings ease  
Is compassionate distance ...**

**— K.S. Fort**



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10:38 PM : Springfield

# #1100Poems

## 14. Head to Vegas

**I need to head to Vegas  
The space where I  
Dream and detach  
Unshackled from  
My limitations  
Settle and unlatch ...**

**— K.S. Fort**



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10:49 PM : Springfield

## #1100Poems

### 15. Puzzle Pieces

**For most of my life  
I was charged with  
Completing other people's puzzles  
I would be given problems  
And I would solve them ...  
Eventually, I searched for  
Missing pieces voluntarily  
After always having felt incomplete ...  
I've learned — finally —  
That everyone's responsible  
For the picture they complete ...**

**I'm free.**

**At ease.**

**— K.S. Fort**



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## **#AllEyesOnMe : In One Breath**

September 8th, 2024

Start time : 9 : 11 PM

Full transparency, this is the first time that I am doing something like this. To be honest, it is extremely uncomfortable as it places me in a space of vulnerability and excruciating honesty.

Yet, this is the space where I grow exponentially.

So, I figured that I would take the risk and fully dive into it.

#Skydive.

Serrano sent me a poem and suggested I cover it.

I was honored.

I am drawn to beautiful words and I wanted to make sure that I did her work justice. So, again for full transparency, this writing is not necessarily spontaneous. I spent the entire day thinking of these words and how I would structure it.

However, this is the first time that I am placing these words on the page.



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iamlove\_0\_ In one breathe I stand in tears with the idea of li...



Maybe you can add to this or write a poem based on my poem ❤️



11:46 AM

I accept the challenge.

Give me some time to let the words marinate 🙏



Seen 9h ago

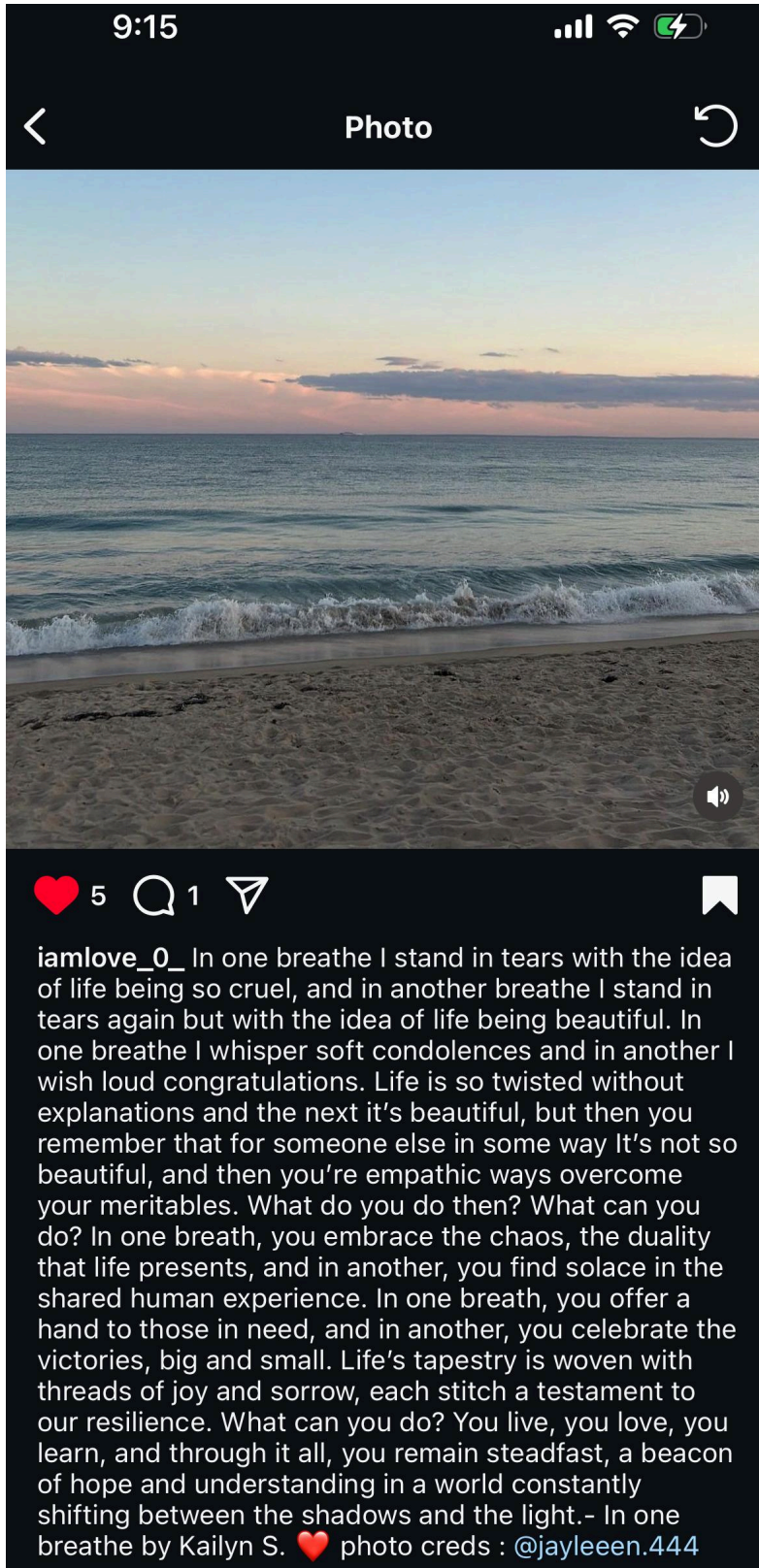
9:15 PM

Writing it now 🙏



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Notes and Structure :

Topics to Touch :

Life : Giving one breath

Love : Take my breath away

Conflict : Until their last breath

(Israel vs Palestine Genocide)  
(Trump and Kamala conflict)

Death : Breath escaping

Final Notes For Public Viewing These Words :

I won't be placing this poem on social media. I will be taking a political position in this poem, and I am fully aware how political stances are misconstrued on social media. You are more than welcome to share this poem with your friends.

However, I have no intention of debating a sensitive political perspective on a superficial platform.

Now... Without further ado ...

In One Breath ...



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## In One Breath

[I think about a beautiful video](#)  
[I watched this week](#)  
[Of a doctor attempting to](#)  
[Bring life into a newborn baby](#)

For several minutes  
The audience watches  
With bated breath  
As he struggles to help  
This baby breathe ...

Ten seconds before the third minute  
We take a breath of relief ...

The baby breathes ...

In one breath  
All of the tension dissipates ...

I think about love  
And how it takes one's breath away ...

The lonely travelers  
And distant lovers  
In Berlin  
Deep connections  
With "divorced" women  
Who eventually return



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To their husbands  
College lovers caged by tradition ...

***“I promise it’s not you.  
It’s just that you’re black.  
And that wouldn’t  
Go over well with my parents ...”***

And maybe my issue is with attachment.

My ambition towards a specific vision  
Has led me to position  
Myself in a space where  
I am heartbroken ...

It was only my imagination  
-- There was no agreement --  
Believing in a love  
That I had never really seen exist ...  
Saving damsels in distress  
But I’m the one  
Who truly needed saving ...

And just as they’ve taken  
My breath away  
I have been able  
To find it again ...

In the open space  
Of nature and isolation ...

I hold no grudges ...



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Thank you ...

Next ...

My mind next wanders  
To the genocide in Palestine  
And how they're fighting  
With their last breath ...

And I pause ...

Take a deep breath ...

As I know the issue is  
Far more complex ...

And before rotten messages  
Are left behind  
And I am accused of  
"Being anti-Semitic"  
It would be wise for you  
-- Dear reader --  
To fully understand  
That I am an anarchist  
Thus, I am loyal to no government ...

Every government needs to be deconstructed  
As political ties of corruption  
Have blinded people and bound them  
To the myth of patriotism  
Superiority and segregation



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The government's beautiful illusion  
Their creation of an enemy  
Has worked so brilliantly  
That people have forgotten  
They are all suffering  
Under the same oppression ...

I had found a beautiful picture  
Of a Muslim woman  
Kissing a Jewish man  
And I was tempted to post it ...

But I have very little  
Patience for the temper tantrums  
And the emotional backlash  
Of people who are so eager for violence  
And yet would be afraid to fight themselves ...



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When you are in the position of violence  
Your mind changes drastically ...

Flashback :

***“Are all the phones placed in the refrigerator?***

***Good.***

***I don't want any of this leaking.***

***Who does he know?***

***Who would ask questions***



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***If he ended up missing?  
Does everyone have an alibi?  
What's most important  
Is that we end up looking innocent.  
I'll control the narrative.  
I have no emotions invested.  
Don't worry too much about the blood.  
Just make sure it doesn't  
End up on your hands.  
Let me quarterback this ...  
I know all the buttons to press.  
Don't worry, I've been planning this for months  
I'll have him reliving every one of his traumas  
By the end of this 'experiment' ..."***

Present :

I spoke with a colleague this week  
And I told her that I meditate  
Because I just don't want to  
Hurt anyone's feelings anymore  
I just don't like who I used to be  
And I want to live more peacefully...

***"You? I could never  
Imagine you hurting anyone."***

And that shows me  
That these six years  
Of meditation



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Have paid off  
If people cannot believe  
That I was once heartless  
And hurt others carelessly...

And I took a deep breath ...

And when she told me  
About her heart breaking  
For the Palestinian children  
I agreed  
But I also understand  
That with every conflict  
There are numerous sides ...

[My mind revisits the video  
Of the little Muslim girl  
Speaking gleefully  
About stabbing Israelis ...](#)

And my heart bleeds ...

For anyone who believes  
That killing will solve any problem  
And that Karma won't haunt  
Those who harmed callously ...

Mashallah ...

May Allah protect the beautiful hearts  
Of those who seek peace  
In the conflict in the Middle East



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Where everyday the number  
Of dead bodies increase

And the politicians  
-- On all sides --  
Who line their pockets  
From their investments  
In the military industry ...

May their hearts one day be awakened  
And their eyes fully widened  
To the suffering they bring ...

My mind drifts to our Final Transition ...

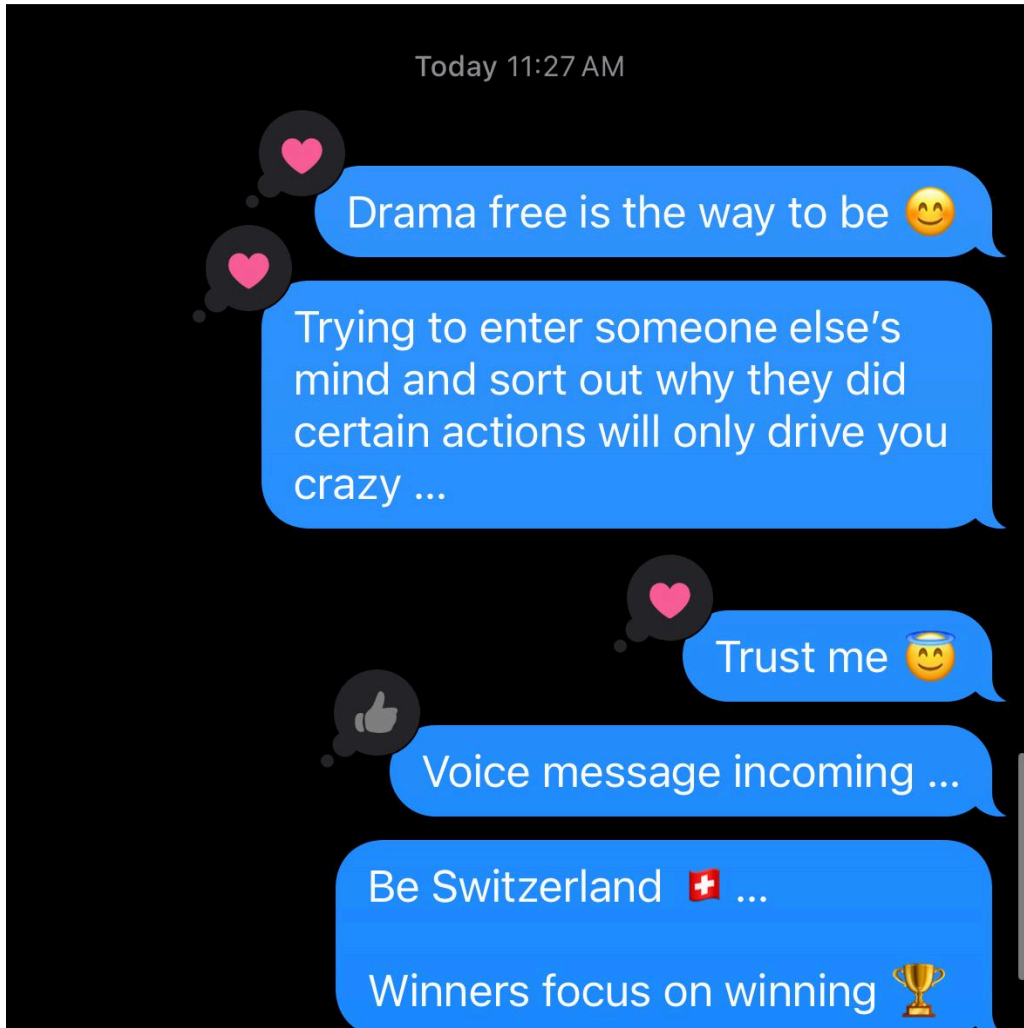
This poem won't be made public  
As I have understood  
That the best way to maintain peace  
Is to wisely manage conflict ...

[Swiss neutrality ...](#)

Today, I told one of my mentees  
To "Be Switzerland"  
As it has a self-imposed neutrality  
[And that makes other countries](#)  
[Feel comfortable in](#)  
[Investing large sums of money ...](#)



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When it comes time for my  
Final breath to breathe  
I wish to do it comfortably ...

With no regrets  
With no tension  
With no fear of  
“Words I would have said”  
“Adventures I could have taken”  
Or



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“Love I should have shared”

When it is time for my final breath  
I have no desire to have a doctor  
Attempt to resuscitate me  
As that lovely doctor who  
Saved that newborn baby ...

Let me be ...

Allow the breath to escape freely ...

I have lived my life at ease.

Alhamdulillah.

Finished : 10 : 44 PM.



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So, that is all.

Thank you to all who watched and enjoyed this journey.

I will most likely reread the poem two more times and may make small adjustments on the grammar, structure, and word choice in certain areas.

Full transparency, I don't change my beliefs unless I have been convinced that I am wrong. Then, I am more than open to changing them.

So, if you are reading this poem, and it has negatively impacted you, and you are tempted to write a nasty comment thinking you will get a response or inspire me to change my mind ...

Save your breath.

My words are written in stone.

Until tomorrow.

Live with intent.

-- Kibbs Fortilus



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11:05



**Kailyn Serrano-Rivera** >  
Active 1h ago



marinate 🙏



Seen 11h ago

9:15 PM

Writing it now 🙏

11:05 PM

Done.

Read it at your leisure 🙏



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7:11 PM : Springfield  
September 10th, 2024

## #1100Poems

### 16. Where Poetry Is Found

**I remember the words of a good friend,  
“I can’t wait to have my heartbroken  
Then I can write poetry again ...”  
And I laughed before I noticed  
That she did not even grin  
I don’t think it ever needs  
To be that complicated  
I simply eavesdrop  
On strangers’ conversations**

**— K.S. Fort**



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## #1100Poems

### 17. What If No One Reads It

**What if no one reads it?  
That thought never  
Crosses my mind ...  
What if everyone reads it  
And it inspires millions ...**

**I think about that  
All the time ...**

**— K.S. Fort**



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*Humanity in Poetry*

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7:23 PM : Springfield

## #1100Poems

### 18. A Reminder

**I met with Monique last week  
Childhood friends she knew me  
When I was afraid to speak  
We went for a stroll  
After our meeting  
And I stumbled upon a toy goat  
I placed it in my car  
On the days I forget  
What I am destined for ...**

**— K.S. Fort**



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9:53 PM : Springfield

## #1100Poems

### 19. Tonight's Debate

**I find it absolutely strange  
That millions of people  
Will gather around their televisions  
To choose the politician  
Who they decide  
Is lying less ...**

**God bless ❤️.**

**— K.S. Fort**

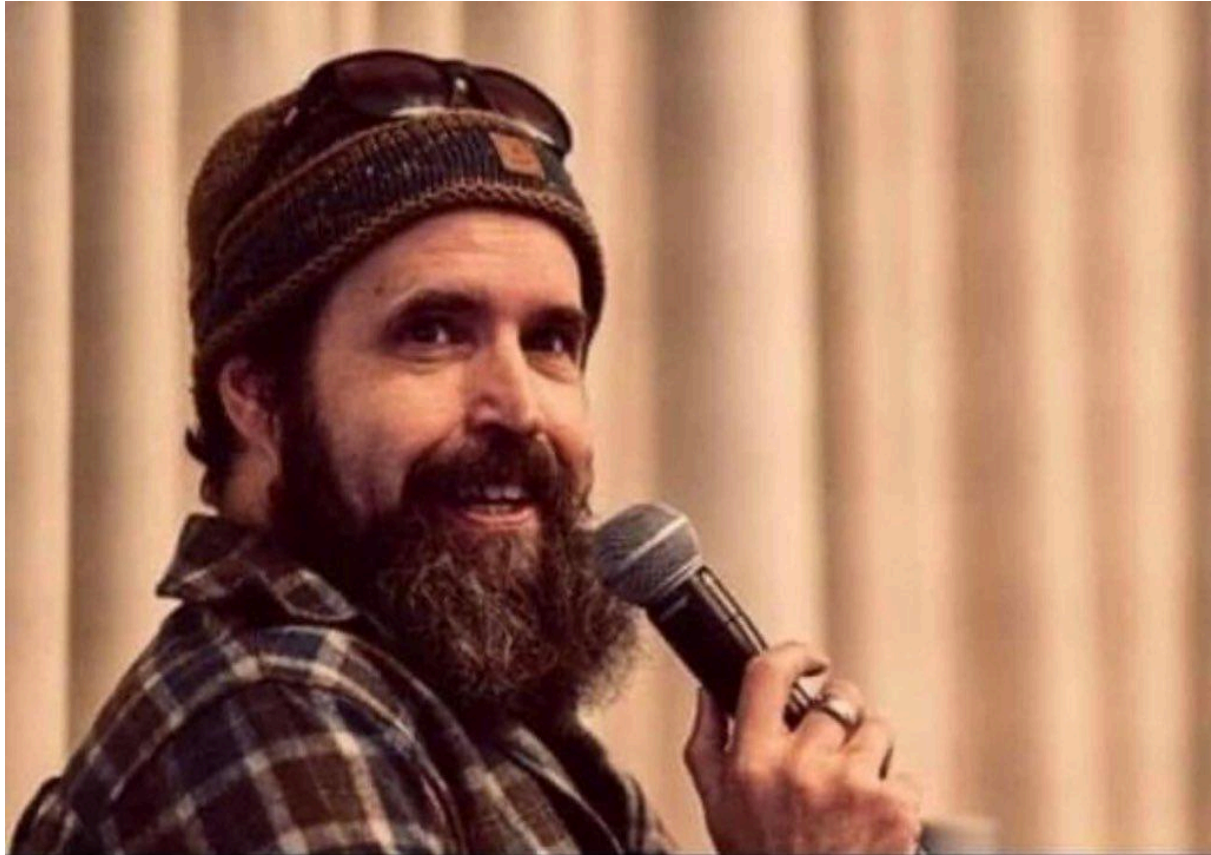


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“Some poor, phoneless fool is probably sitting next to a waterfall somewhere totally unaware of how angry and scared he’s supposed to be.”  
- Duncan Trusell



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4:51 PM : Connecticut to Baltimore  
September 13th, 2024

## #1100Poems

### 20. Acadia National Park

**That's the last one  
On the list  
Every summer I have  
A number of places  
I attempt to travel to  
Before the year comes  
To a close  
We're on the flight to Baltimore  
I only need one more ...**

**— K.S. Fort**



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may 27th

"What you're seeking is also seeking you"

#Husband Father 2027

↳ Long-term goal

Short-term Goals

\* Planes are Ubers

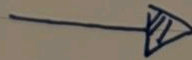
Vision

\* Swipe cards carelessly

Booked / Important

<u>Where</u>	<u>When</u>
Vegas + La	June 21st - July 4th
Gerzy to Spain	July 6th
Adventures in Georgia	2nd or 3rd week of July
Business in Baltimore	3rd or 4th week of July
Gerzy Returns	August 3rd
Acadia / Maine	2nd or 3rd week of August <small>* Bring Fgta*</small>

More



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May 27<sup>th</sup>

## Squeeze In

- \* Hiking w/ mentees
- \* Possible trip to beach

↳ Build foundation for \*  
Hanna's Campaign

↳ Prepare for Destiny's \*  
trip abroad

## Fun Future Trips

- \* Christmas in Canada → December 2024
- \* Mecca ↪ Ramadan  
(Feb. 28, 2025 - March 29, 2025)
- \* Circle in Croatia ↪ September 2025



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may 19<sup>th</sup> 2024  
8:54 PM

# How to Manifest Your Dreams.

## Short-Term Goals.

1 week ↔ 3 month

## Med-Term Goals.

3 month ↔ 1 year

## Long-Term Goals.

1 year ↔ 3 year

What actions  
are you  
taking?

- \* Small steps
- \* Med steps
- \* Large steps

---

## What do I truly WANT?

\* Spiritually

\* Materially

\* Relationships

Who must I be  
for this to arrive?

- ↳ My affirmations (DAILY)
- ↳ story I am Journaling
- ↳ The Circle I Craft

NOTE

\* These are within  
my CONTROL



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Flight to Baltimore : Takeoff (5:00 PM)

## #1100Poems

### 21. As It Is Written

**I write as a reminder  
Of my dreams and desires  
I'm often perceived  
As a careless person  
— And there's truth to that —  
If it doesn't fall within  
The realm of accomplishing my tasks  
Then I prefer to make  
Other investments ...**

**— K.S. Fort**



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## #1100Poems

### 22. Freedom is Responsibility

I once heard one has  
Complete control over two items :

— Time and energy —

Once one learns to master  
These two factors

One can live life at ease ...

One of my students

Recently said to me :

“Where are you? I see you everywhere.”

When I tell students

Freedom is responsibility

It means being disciplined

Has allowed me to travel freely ...



— K.S. Fort

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## Letter To One Of My Mentors

Yesterday

1. On Fridays, I host a #FamilyFridays Event to gather different families in Springfield.
2. Next week, I start class to earn receive my Real Estate license. I want to begin selling homes to earn money and eventually become rich 🤑💰.
3. I am building a non-profit organization to send students abroad. I learned so much from my time in India and Germany and I want students to have the same experience.



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## Yesterday

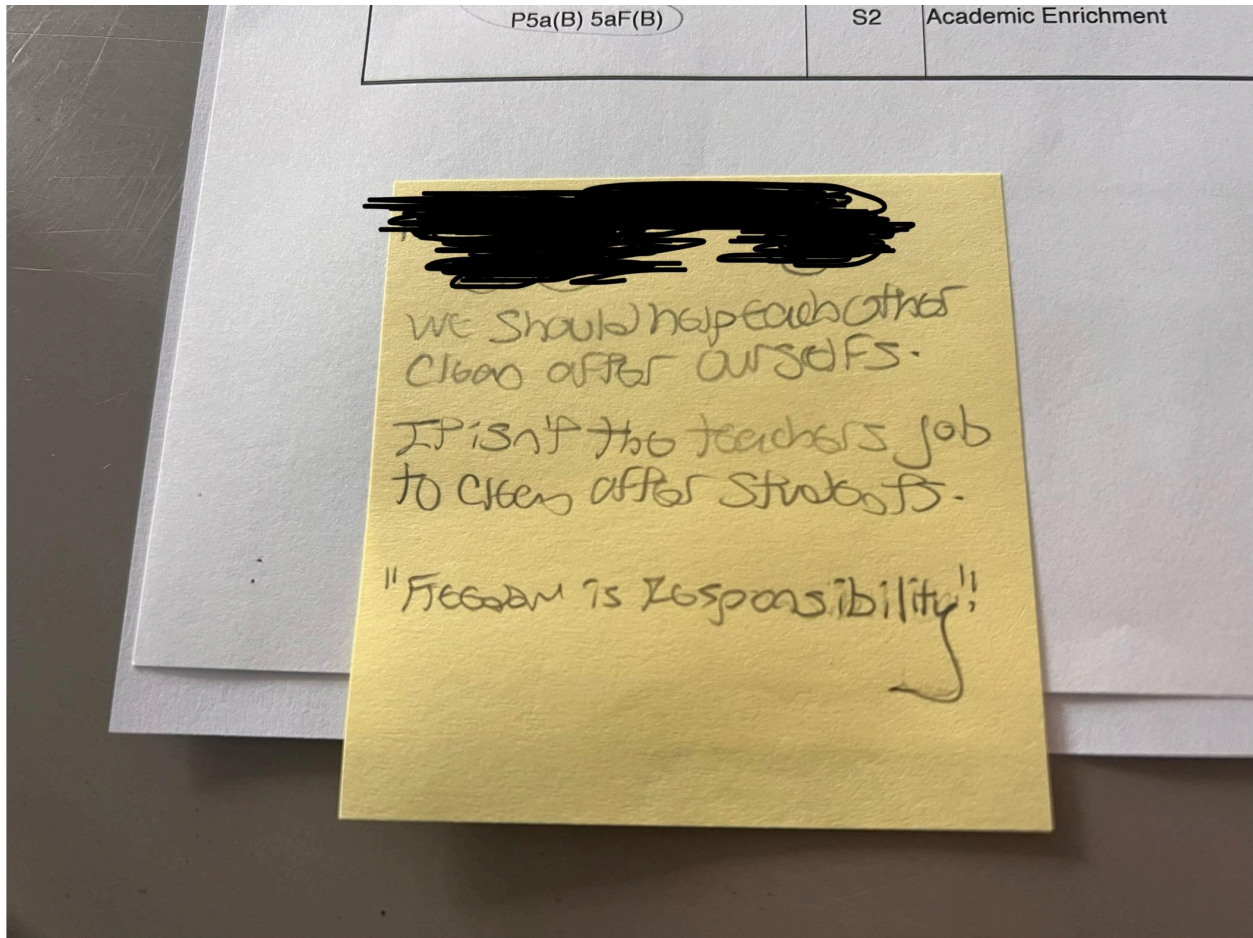
4. I mentor students in a program called, "Follow My Steps". I still wanted to work with high school students even though I was not teaching this year.

5. I also have an interview with a school this afternoon to teach in Saturdays. I still wanted to teach even though I am stepping away from education as a career.

6. I work part time from home now as I balance these projects. I saved a lot of money and I spend a lot of my time building the nonprofit organization and preparing to sell homes.



## A Previous Colleague Shared This Note From My Previous Student



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Midair : 5:37 PM

## #1100Poems

### 23. 0 to 100 - Drake

**“If I ain’t the greatest  
Then I’m headed for it ...”  
I took the final exam  
From our orientation  
Before I officially begin work  
Four wrong out of fifty questions  
Overall, a score of ninety-two percent  
Is enough to be content ...**

**— But I’m a perfectionist.**

**— K.S. Fort**



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Landing : 5 : 49 PM

## #1100Poems

### 24. “You Make Me Sick” 🤢

**My neck was sore  
As we were always in an argument  
My muscles felt tense  
Hoarse voice from  
Endless toxic political discussions  
I’m losing sleep, losing weight  
Always worried and frustrated  
Unwilling to get out of bed  
— I had to walk away from her —  
Wise words from my mentor  
When I was younger :  
“People can literally make you sick”  
It wasn’t until that relationship  
That I truly believed it ...**

**— K.S. Fort**



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3 : 45 PM : Midair : Baltimore to Hartford  
(September 15th, 2024)

## #1100Poems

### 25. Part of the List - Ne-Yo

**“They are part of the list  
Things that I miss ...”  
Maybe my telling dad jokes  
Is my continuing your legacy  
As only our memories exist ...  
Your wife tells me that you’d be  
So very proud of me  
Teaching students :  
“Freedom is responsibility”  
And I hope you’re smiling  
When you look down on me ...**

**— K.S. Fort**



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## #1100Poems

### 26. #NocheUFC pt. 1 of 2

**I admire Dana White tremendously  
As he pushes beyond the boundaries  
Of what many see as possibilities  
... And I prepare my dreams ...  
Along with my plans  
There are a few promises  
That I need to manifest  
Into a reality ...**

**To be continued ...**

**— K.S. Fort**



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With a production budget that started at \$8 million, it has exceeded \$20 million, according to White. UFC 306 will be a "one-and-done" event, White said, as he pushes forward with an opportunity to do unprecedented productions that other sports leagues dream of.

"I love being first," White said during a recent Instagram Live. "I love doing things that people believe can't be done."

White's ambitions won't end with Noche UFC, and the appetite for his MMA organization to expand its global reach and continue touching untapped markets will grow.



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Midair : 4:02 PM

## #1100Poems

### 27. #NocheUFC pt. 2 of 2

**February of next year  
One of my students will be accepted  
To travel to Portugal 🇵🇹  
She is currently practicing her Portuguese  
By the summer, another student  
And I have agreed  
— That only if he averages ABOVE a GPA of 3.0 —  
I'd purchase his ticket to Australia 🇦🇺  
Last Thursday, I promised another student  
— That with his parent's permission —  
I'd pay for us  
To go skydiving in January  
Those are a few side quests  
Along with all the other dreams  
That I am balancing ...**

**— K.S. Fort**



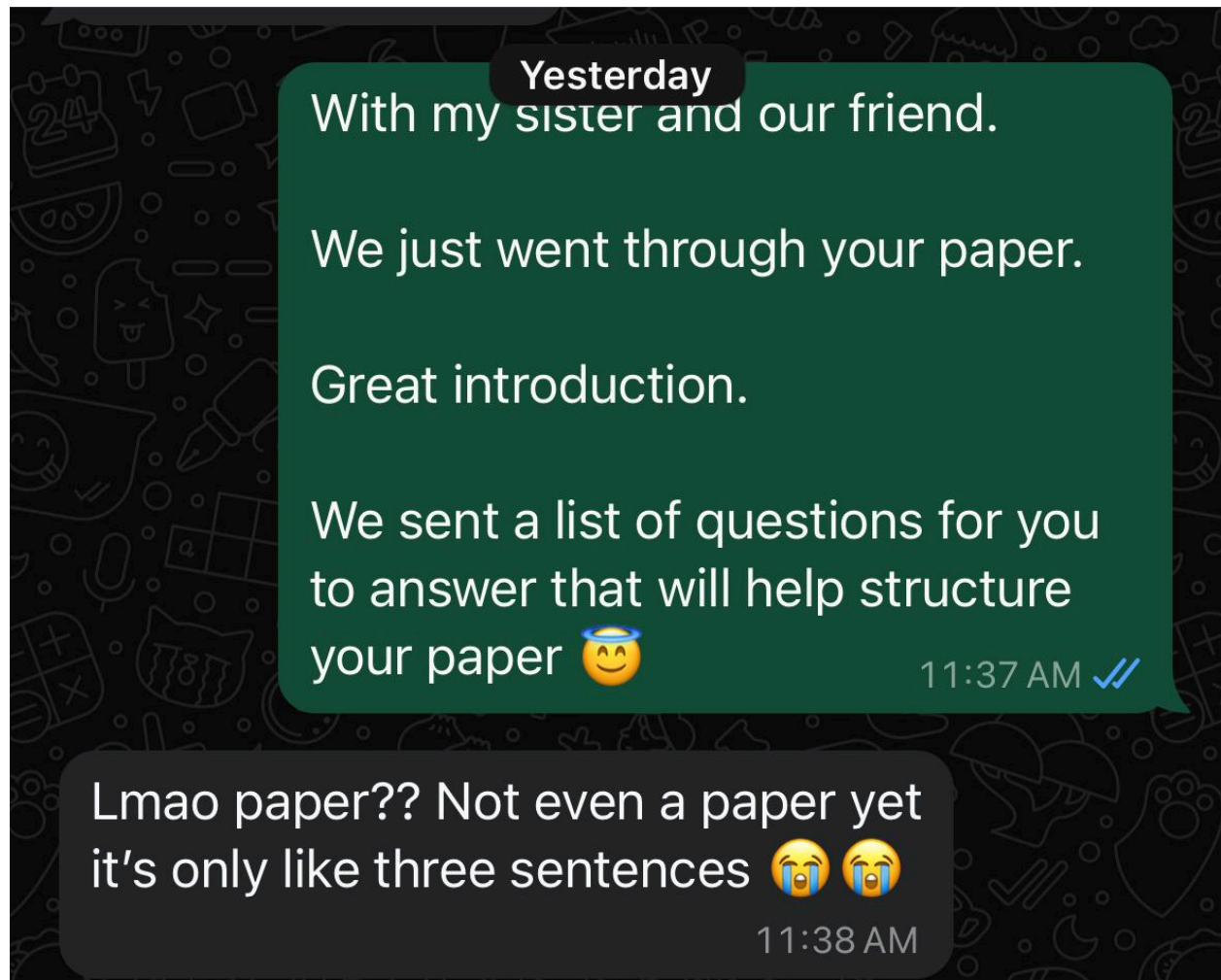
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Destined for Portugal 🇵🇹



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## Off to Australia

U have now earned the opportunity to buy my ticket since u wan play so much

How about this?

And I will actually keep this promise if you hold your end of the deal :

If you AVERAGE ABOVE a 3.0 GPA your senior year, I will personally pay for your round trip to Australia.

That's my word.

But you if you AVERAGE — notice I am stressing this point — anything less than a 3.0 GPA, then I won't give you a dime.

Note :

Tickets to Australia can be more than 2,000\$ dollars 🤗.

So, hold your end of the bargain, and I'll keep mine 👍.

— Kibbs Fortilus



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So hold on

Avg gpa

Or senior gpa

Only for the four quarters your senior year, I won't hold your past against you 😊

Bet

Now

Hear me out

I look out for mine to

Wait will u be attending

I have to see.

I haven't been to Australia yet, so I'll most likely come along 😊

I was gonna say

Ik this is also a lot

But if My bestie [redacted] maintains a 3.0 gpa to may he also tag along



But if My bestie ~~\_\_\_\_\_~~ maintains a 3.0 gpa to may he also tag along

Yk can't travel without ur bestie



Mr better than Mr beast

Sure, you can pay for him if you'd like.

I am not rich — yet — I wouldn't make a promise that I can't keep.

Umm how bout half 🙇



Nah ...

First come, first served. You asked first, so I made the offer to you ...

Voice message incoming ...

Voice message has not landed 😂



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In writing :

ABOVE A 3.0 ...

If you have a 2.9 or even if it's a 3.0 on the dot — I'm not paying a dime.

Screenshots are taken.

I'll start saving now to make sure I can keep my promise 🤝

3 Replies

Sir

I've been locked since day 1

This gon be light work 😓

Shooting for a 4.0 tbh 😂

Take screenshots.

So, in the end, we can both hold one another accountable 🤝💎

My messages are saved



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## #1100Poems

### 28. Ask — In the Affirmative — and Receive

**“Why doesn’t anything good  
Ever happen to me?”  
My mentor taught me  
To never ask so negatively  
My questions are framed  
In the affirmative  
And that opens possibilities  
“If I were to receive {insert dream}  
Who would I have to be?”  
Positioning this question positively  
Allows for doors to open widely ...**

**— K.S. Fort**



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A few older poems that didn't make the last book,  
"#UnshackledExpectations : Ramadan".

This was a short series called "ATM", meaning "At The Moment".

1 of 4

The Centurion Lounge (ATM)

February 23rd, 2024

10 : 05 PM

Las Vegas to Charlotte

I pass by the Centurion Lounge  
On my way back home  
Next year, I'll be in there ...

Leaving a space  
When contracts the  
Size of my salary are  
Discussed casually ...

I'll be there soon.

Three years ago  
I gawked at G-Star Jeans  
While I was here ...  
I leave with three pairs  
An iPhone and iPad  
And whatever else I could  
Stuff in my suitcase



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Before heading in the air ...

The journey continues ...

— K.S. Fort



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2 of 4

Die Tryin' (ATM)

February 23rd, 2024

10 : 38 PM

Las Vegas to Charlotte

“I made a decision last night  
That I would die for it ...”\*

“To not bleed out one’s energy”  
That’s what you told me  
Meaning to be so locked in  
To be so focused on one’s dreams  
That anything outside  
Of one’s desires  
Is ignored completely ...

So, “to die for it”  
Is not a reference  
To dying physically ...  
Rather, the comfort in  
Detaching from any distraction  
That causes you to live dishonestly ...

— K.S. Fort

\* Drake, “9”



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3 of 4

Summer House : Santa Monica  
February 24th  
6 : 17 AM  
Charlotte to Hartford

The place is called  
Summer House : Santa Monica  
A small restaurant where  
I grab a sandwich  
And canned coffee  
In the hopes of diluting  
The red eyes I have from  
The flight last evening ...

“I need to know where I’m headed  
Cause I know where I’ve been ...”  
50 Cent speaks  
On “Don’t Push Me”  
I find that to be quite the irony  
As now that I see life so clearly  
I intend to push myself intensely ...

— K.S. Fort



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4 of 4

February 24th

7 : 45 AM

Charlotte to Hartford  
(Midair)

Tuscan Leather (ATM)

“I have one reply  
To all of you comments :  
“Fuck what you think.”  
I’m too busy  
That’s why you leave a message ...”\*

And maybe that’s  
Success’s secret ingredient  
The ability to calmly  
Go against the grain  
To nonchalantly attain  
What others had imagined  
But instead chose to complain ...

I purchased a travel sized  
Amount of Tuscan Leather  
On Microperfumes  
And on this trip  
Received a sample  
Of Creed’s “Royal Oud” ...



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I look forward to when  
I'm at the space where  
I too can purchase  
A bottle that's a  
Few hundred dollars ...

"I set the bar  
Niggas fall under it  
Like a limbo ..."\*

"Just be excellent."

Everything else will  
Fall into place ...  
And at times I  
Choose to be isolated  
Because very few truly  
Understand the space

I strive to cultivate.

When you're around  
The right people  
There's no need to meditate  
As the day is a meditation ...

Calm, free flowing, safe  
Secure, vulnerable,  
And encouraging ...

The perfect environment  
Necessary to take bold risks ...



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“Let’s see who’s still around  
A decade from now ...”\*

And I’m not yet sure  
Where’s this journey  
Is now taking me ...  
But I embrace the risk  
And submit to the challenge  
As God knows far more  
Than I will ever know ...

So, though I scribe these thoughts  
I won’t spend too much time  
On this intro ...

“How much time is  
This nigga spending  
On the intro ...”\*

— K.S. Fort

\*Drake, “Tuscan Leather”



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5:15 PM : Westfield High School Volleyball Match (Sept. 16th)

## #1100Poems

### 29. What's Understood

**“What’s understood ain’t  
Got to be talked about ...”**

**And without arrogance  
Without the need to approach you  
Have a conversation  
Or discuss forgiveness  
We both understand  
That we’re at a better place**

**And there’s silence ...**

**— K.S. Fort**



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1:13 PM : South End Community Center  
September 21st, 2024

## #1000Poems

### 30. The Possibility of Greatness

**Deep within the souls  
Of every human being  
Is the desire for eternity  
We do last in our mortal bodies  
But we can survive  
Through other's stories  
And in the end, it's worth it  
— At least it is for me —  
For one's name to last  
Far after they are buried ...**

**— K.S. Fort**



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**Greatest Boxing Champions II**

Rocky Marciano - Jack Dempsey - Manny Pacquiao - Thomas "Hitman" Hearns - Roy Jones - Lennox Lewis - Evander Holyfield - Floyd Mayweather - George Forman - Joe Lewis - Archie Moore  
 Sugar Ray Robinson - Larry Holmes - Oscar Dela Hoya - Floyd Patterson - Muhammed Ali - Jack Johnson - Bernard Hopkins - Sugar Ray Leonard - Joe Frazier - Roberto Duran - Mike Tyson - Marvin Hagler  
 Cesar Julio Chavez Sr. - Felix Trinidad

*William Gregory*



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# #1100Poems

## 31. Off Leash

**I was walking  
My dog yesterday morning  
And we ran across the Beagle  
Who would always bother him  
When he was on leash  
That day my baby was off leash  
And that Beagle walked away  
Quite peacefully ...**

**— K.S. Fort**



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11:29 AM September 26, 2024

## #1100Poems

### 32. Fortilus Homes

**“Spaces. It’s our forte.”  
Anne sees me staring at the  
Licenses pinned on the wall  
While we take a break  
In our Real Estate class ...  
“I’m just visualizing.”  
I see my license pinned  
Right after I win.  
When I head home  
I download an app  
That allows me to take the test  
At least 50 times before  
I have to sit for it ...  
I always see myself there  
Before it actually happens ...**

**— K.S. Fort**



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September 17th, 2024



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Friday. September 27, 2024  
Start Time : 1:50 PM

This may take a while to write ...

Perfect Match

Wednesday (September 25th) :

“Say I’m not home ...”

I tell my sister.

She lies for me  
And we head to Real Estate Class ...

Continue Poem :  
Friday, October 4, 2024  
10:38 AM

I did mention I’d need space away to make sense of all of this ...

Last Thursday (October 2nd) :



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I usually don't take unscheduled calls  
I prepare to take my  
Afternoon nap after work  
And my phone rings  
As soon as my head hits the pillow ...

Hello?

"Is this Kibbs Fortilus?"

Yes ...

And she tells me how  
She got my number ...

After donating blood in 2011  
I wrote my name to be  
A donor for stem cells  
Or bone marrow  
If ever someone needed it ...

— I did this half jokingly —

Thinking they would never call me.

They called me that Thursday.

And I was so tempted to say no.

I almost gave her



The same excuse  
I had given to Anne :

“I’m too busy.”

“I have too much on my plate.”

But to be honest  
I just truly didn’t care ...

Until she said :

“We have a 49 year old woman  
Suffering from leukemia  
And we think you  
May be a perfect match ...”

Then I felt my heart soften ...

And I found myself agreeing to it ...

Fast Forward to Today  
(Friday, October 4, 2024)

This afternoon,  
I have my first appointment  
My blood it to be drawn  
And tested  
Vetted to make sure  
That we are indeed a perfect match ...



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And I'm not sure  
How to feel in this predicament  
Because I am an advocate  
For the  
Virtue of Selfishness  
And I find myself  
Caring deeply

For a woman I've never met ...



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me Sep 27



to [REDACTED]

Dear [REDACTED]

I always think it's best to have open communication and transparency to not have any issues in the future.

Long story short :

In 2011, I was in college and I decided to donate blood. While there, they also asked me if I would be interested in possibly being considered to be a bone marrow donor in case I ever matched with someone. I said, "Sure, whatever", believing that day would never arise.

Lo and behold, yesterday, I was selected as one of several people who could help a 49 year old woman suffering from leukemia.

Now, nothing is official. I was informed that this process takes months and I may not be chosen in the end as a match.



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However, if I am chosen, I may miss one or two Saturdays.

And I thought it would be wise to plant this [REDACTED]

Tuesday, October 8th, 2024  
8:46 AM  
Home

## #1100Poems

### 33. Thicker Than Water

**It's strange to have your  
Blood drawn from your body  
To give your life source  
With the hopes that this fluid  
Could save another life ...**

**Maybe it's my Superman Complex  
That caused me to agree to this ...**

**— K.S. Fort**



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Friday, November 22



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