



**TITLE OF ARTICLE (MAXIMUM 16 WORDS, CLEAR AND
INFORMATIVE)**

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Abstract

Background: Briefly describe the scientific background and rationale of the study. Objectives: Clearly state the aim(s) of the research. Methods: Summarize the study design, data collection, and analysis methods. Results: Present the main findings concisely. Conclusions: Highlight the main conclusion and implications.

The abstract must be written in English, consist of 150–250 words, and should not contain references, citations, or abbreviations.

Keywords

Health; applied_technology; keyword3; keyword4; keyword5

1. Introduction

The introduction should provide sufficient background information, state the research problem, and explain the significance of the study. Relevant and recent references should be included using Elsevier numeric citation style [1–3]. Clearly state the objectives or hypotheses at the end of this section.

2. Methods

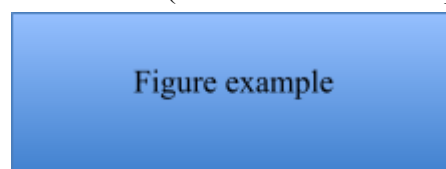
This section should describe the research design, study setting, population or samples, data collection instruments, procedures, and data analysis methods in sufficient detail to allow replication. Ethical approval information should be stated when applicable.

3. Results

Present the findings of the study clearly and logically, without interpretation. Tables and figures should be numbered consecutively (Table 1, Figure 1) and cited in the text. Avoid duplication between text and tables or figures.

Table 1. xxxx (times new roman 12 pt)

Figure 1. xxxxxx (times new roman 12 pt)



4. Discussion



Interpret the results in relation to the research objectives and existing literature. Explain the significance of the findings, discuss limitations of the study, and suggest implications for practice, policy, or future research.

5. Conclusion

Provide a concise conclusion that directly answers the research objectives. Do not repeat the results verbatim. Recommendations may be included if relevant.

Acknowledgements

This section is optional. Acknowledge funding sources, institutional support, or individuals who contributed to the research but do not qualify as authors.

Ethical Statement

This study has received ethical approval from the appropriate ethics committee (Approval No.: XXXX). Informed consent was obtained from all participants prior to data collection. For studies not involving human or animal subjects, state that ethical approval was not required.

References

- [1] A. Author, B. Author, Title of article, Journal Name, Volume (Year) Pages.
- [2] A. Author, Title of book, Publisher, City, Year.
- [3] A. Author, B. Author, Title of article, Journal Name, Volume (Year) Pages.

References must follow Elsevier numeric citation style and be listed in the order of appearance in the text.

Formatting Requirements

- Paper size: A4
- Margins: 2.5 cm (all sides)
- Font: Times New Roman, 12 pt
- Line spacing: 1.15
- Length: 10–15 pages
- File format: Microsoft Word (.docx)