

### Course description

As the students have spent the majority of their time growing and cultivating their ministry gifts and skill sets, they need to understand the necessity of cultivating a greater and mature prayer life and become convinced that all fruitful ministry flows from intimacy with God. Jesus ultimately died for us not just so we could get to heaven, but that we could have the same kind of relationship that He enjoyed with the Father. Jesus modeled for us what intimacy looks like and this intimacy with the Father flows through Jesus in the Holy Spirit. From the richness of our vast spiritual tradition and the teaching of the spiritual doctors of the Church, students will be able to enter into a more intimate and dynamic spiritual life that can support their ministry and mission.

### Course Overview

- Engage in greater intimacy with God through Scripture, meditative prayer, and contemplative prayer
- Experience worship and seek after God's own heart through the Song of Songs and the witness of David
- Grow in intercession and learn the practice of the discernment of spirits
- Confidently cultivate a lifestyle of practicing the presence of God through abiding in Jesus

### Suggested Reading

- (PP) "Personal Prayer: A Guide for Receiving the Father's Love" by Fr Thomas Acklin and Fr Boniface Hicks

| Year Two: Q5 - Intimacy With God |                                      |                                       |                            |                                                |                      |                        |                       |                     |
|----------------------------------|--------------------------------------|---------------------------------------|----------------------------|------------------------------------------------|----------------------|------------------------|-----------------------|---------------------|
| Class                            | Topic                                | Wednesday Dashboard Content Available | Monday Worship Live Stream | Suggested Reading Complete before Zoom Session | Tuesday Zoom Session | Wednesday Zoom Session | Thursday Zoom Session | Friday Zoom Session |
| Orientation                      |                                      | N/A                                   | N/A                        | N/A                                            | Sept 12              | Sept 13                | Sept 14               | Sept 15             |
| Q5. Class 1                      | Intro & Overview                     | Sept 13                               | Sept 18                    | PP Ch. 1                                       | Sept 19              | Sept 20                | Sept 21               | Sept 22             |
| Q5. Class 2                      | Letter and Spirit                    | Sept 20                               | Sept 11                    | PP Ch. 2                                       | Sept 26              | Sept 27                | Sept 28               | Sept 29             |
| Q5. Class 3                      | Holiness and the Path of the Saints  | Sept 27                               | Sept 18                    | PP Ch. 3-4                                     | Oct 3                | Oct 4                  | Oct 5                 | Oct 6               |
| Q5. Class 4                      | David                                | Oct 4                                 | Sept 25                    | PP Ch. 5-6                                     | Oct 10               | Oct 11                 | Oct 12                | Oct 13              |
| Q5. Class 5                      | Song of Songs                        | Oct 11                                | Oct 2                      | PP Ch. 7-8                                     | Oct 17               | Oct 18                 | Oct 19                | Oct 20              |
| Q5. Class 6                      | Prophetic Intercession & Discernment | Oct 18                                | Oct 9                      | PP Ch. 9-10                                    | Oct 24               | Oct 25                 | Oct 26                | Oct 27              |
| Q5. Class 7                      | Joy & Abiding                        | Oct 25                                | Oct 16                     | PP Ch. 11                                      | Oct 31               | Nov 1                  | Nov 2                 | Nov 3               |
| Q5. Class 8                      | Eucharistic Prayer                   | Nov 1                                 | Oct 23                     | N/A                                            | Nov 7                | Nov 8                  | Nov 9                 | Nov 10              |