



Wellness Committee Meeting
Thursday, December 11, 2025
4:30 p.m. - 6:00 p.m.
Old Village School

Agenda

<i>Agenda Item</i>	<i>Notes</i>
➤ Welcome and Connector (10 minutes)	
➤ Check-in, announcements or relevant topics (15 minutes)	<p>New Bite and local Michigan produce goals are going well. The winter months will be challenging to find a local Michigan produce.</p> <p>The Mentally Strong Mustangs program on Raising Resilient Teens provided some great strategies for parents.</p>
➤ Goal Development (15 minutes) <ul style="list-style-type: none"> ● Other School-based activities <li style="padding-left: 40px;">Blue Envelope Program Feedback 	<p>Draft Blue Envelope Goal</p> <p>We will move forward with the Blue Envelope goal for suicide prevention training.</p>
➤ 2026 Planning <ul style="list-style-type: none"> ● Meeting dates, time ● Additional committee members 	<p>Meeting dates will continue every other month on the second Thursday of the month when possible. Time and location will remain the same</p> <p>Dates are as follows: 2/12, 4/9, 6/4, 8/20, 10/8, 12/10</p>

	<p>Darby will send a communication to the original committee members to inquire about interest in continuing on the committee. Depending on response, we will offer a committee spot to those individuals who were not randomly selected to join.</p>
<p>➤ Close (5 minutes)</p> <ul style="list-style-type: none"> ○ To do prior to next meeting, outline next meeting agenda 	<p>We will continue our physical activity goal discussion. Many great ideas about how to get Northville students (and families) moving. Including movement challenges, incentives, and creating opportunities during the school day.</p> <p>We will seek input from students, staff, and administrators to help form our goal.</p>

[Slide Presentation meeting #6](#)