MILLER MIDDLE SCHOOL - MARSHALLTOWN Bobcats 8th Grade COED Middle School Relays Monday, May 9th, 2022 4:15 p.m.

Miller Middle School would like to welcome you to Marshalltown and the 2021 Bobcat 8th Grade COED Relays being held at the Marshalltown High School Stadium. Street address is as follows: 1602 S. 2nd Ave. Check in for field events will begin at 3:45. Field events start at 4:15. Running events will start at 4:30.

Girls Teams: Marshalltown, Ankeny, Ft. Dodge, Timberline, SEP, Stilwell, Prairieview, Johnston Boys Teams:

Marshalltown, SE Polk, Timberline, Ft. Dodge, Stilwell, Prairieview, Centennial, Johnston Meet Headquarters

Press Box

Entry Fee: \$120.00 total for both Boy/Girl teams \$60.00 for one single team (An invoice is attached as well.) Please make checks payable to Miller Middle School

Scoring: Individual and Relays: 10 - 8 - 6 - 4 - 2

Awards: A team trophy will be awarded.

Entries: Please use the following address for online entries:

Entries must be entered and completed by 8:00 P.M. Sunday, May 8th. Substitutions may be made at the meet site.

Field Events: You may enter five (5) per field event, with the exception of high jump. Limit is three (3) 3 attempts each. Only two athletes may score.

Shot Put – **girls first**, followed by boys Discus – **boys first**, followed by girls

The shot and discus areas require tennis shoes.

Long Jump – **boys first**, followed by girls (Might jump in two (2) pits)

High Jump – qirls first (starting height 4'0"), followed by boys (starting height 4'2")

The long and high jump approaches allow the use of spikes 1/8 of an inch

Running Events: Two (2) entries per individual running event and one relay team with these exceptions:

- 1. Four (4) entries in the 1500 or 1600 meter run, but only the top two can place or score.
- 2. Three (3) entries in the 800 meter run, but only the top two can score or place. Enter these athletes into the system. They will run in the first section. A reserve 800 for boys and girls will follow respectively. You may run up to ten (10) athletes in this section. Do not enter them on Bound, just have them report to the clerk. They will not be scored. Coaches should plan to time their own athletes.
- Schools may enter two 4x800 relays. The first to finish will score. Both teams will run in the same section.
- 4. There will be a **B** 4x100 relay. The **B** 4x100 will run after the regular 4x100 meter relay and will use the **same lane** as the regular 4x100. The **B** 4x100 will not be scored.
- 5. Up to four additional 100 meter participants per team. (Exhibition untimed) Do not enter on Bound

Spikes of 1/8 of an inch are required.

General:

Please stay off the football field

- Contestants in running events report to the clerk of course at the SW corner of the track (behind starting line of 100 meter dash).
- We will follow the mandatory order of running events for junior high/middle school track and field meets.

Order of events:

4 x 800 Meter Relay

Shuttle Hurdle Relay

100 Meter Dash

1600 Meter Medley Relay

400 Meter Dash

4 x 200 Meter Relay

1500/1600 Meter Run

10 Flight Hurdles

200 Meter Dash

800 Meter Medley Relay

200 Meter Hurdles

800 Meter Run

4 x 100 Meter Relay

4 x 400 Meter Relay

- Concessions will be open
- General admission cost \$3.00 adults and \$1.00 students and Seniors
- No individual ribbons will be awarded.
- Team camps can be set up on the north bleachers. (visitor's stands)

Questions: Should you have any questions please feel free to contact Jeff Tice at 641-754-1110. itice@marshalltown.k12.ia.us

Marshalltown Athletics

Invoice

To: Miller Middle School

Event: 8th Grade Bobcat COED Track

Meet Date: 5/9/2022

Amount: \$120 for boy/girl teams. \$60 for a single team. (Boys or girls only coming)

Please remit payment with this invoice to:

Miller Middle School

125 S. 11th St.

Marshalltown, Ia. 50158

% Jodi Breniman