

11A 1.4 Successes and Failures:

PHASE OVERVIEW

In this phase, students will (re)connect with their mentors in order to start the year off strong. Mentees and mentors will know the expectations and goals for the year and will be able to use those as a base to which to come back to and strengthen their bond.



LESSON OBJECTIVE

SWBAT understand the importance of adopting a growth mindset and learning from failures.

PURPOSE

In this lesson, students will identify what success and failure mean to them. Pairs will reflect on the importance of growing and learning from successes and failures.

AGENDA

5 min	<i>Do Now: Activity Set up</i>
25 min	<i>Learn and Engage: A Reflection in Mindsets</i>
10 min	<i>Mentor Connection</i>



KEY TAKEAWAY

Reflecting on successes and failures openly and honestly is important in helping me learn and grow. Doing so can help me feel connected to others.

PM NOTES:

Make sure your students have access to a writing utensil and scrap paper for the activity.

MATERIALS: [1.4 Presentation](#), [1.4 Activity Image](#), scrap paper, pen/pencil

Do Now: Activity Set Up		PM Notes:
Students will get set up for their classroom activity.		
Slide 2: 5 min	TALKING POINTS Find a partner, arrange your seats so you are sitting back-to-back.	

Learn and Engage: A Reflection in Mindsets		PM Notes:
Students will complete a pair activity to reflect on their mindsets regarding persevering through challenging situations. Students will then identify the characteristics of a growth mindset and fixed mindset.		
Slide 3: 1 min	<i>Have a student read the key takeaway.</i> TALKING POINTS Today we are going to be discussing mindsets surrounding successes and failures.	
Slide 4: 7 min	TALKING POINTS We are going to first start off with an activity. Find a partner, sit facing back-to-back so you cannot see each other. Partner A will be given a secret image, they cannot show anyone else this image. They will have to describe their image to their partner. Partner B will be given an empty sheet of paper. They will attempt to draw out the picture based on the description <u>WITHOUT</u> looking at the picture. <i>It is recommended that you limit the activity time to 5 minutes.</i>	
Slide 5: 7 min	TALKING POINTS: Partner B show the image that you drew to Partner A Partner A, think about the directions you can give to fix any mistakes that Partner B has made during the first attempt. Try the activity once more with your new learnings.	

Slide 6: 5 min	STUDENT DISCUSSION: What was challenging about the activity? What changes did you make during your second attempt? Would you describe your final image as a success or failure? Why?	
Slide 7: 5 min	TALKING POINTS: Your mindset greatly affects how you deal with successes and failures and even whether you view a situation as a success or a failure. Let's look at the two different mindsets we can take on: People who have a growth mindset believe that even if they struggle with certain skills, their abilities aren't set in stone. They think that their skills can improve over time and that failures are a way to learn and develop. <i>Have a student read the quotes on the growth mindset image.</i> People with a fixed mindset believe that intelligence, talent, and other qualities are innate and unchangeable. If you're not good at something, you typically think you will never be good at it. <i>Have a student read the quotes on the fixed mindset image.</i> <i>Raise your hand: Who felt like they took on a growth mindset with the activity? Who felt like they took on a fixed mindset with the activity?</i> We all fall into the trap of a fixed mindset occasionally. It is important to be mindful when we do so we don't stand in the way of our own growth.	
Slide 8: Mentor Connection	TALKING POINTS Now let's write to our mentors.	
Slide 9: Extend	<i>If you have additional time remaining, consider asking students what new information they have learned from their mentor's message.</i>	



Mentor Connection

MENTEE PROMPT

1. Respond to your mentor's message and share your high point and low point for the week.

My high point is ...

My low point is ...

2. Why is it important to have a growth mindset as you approach challenging situations?

A growth mindset is important because...



Mentee Connection

OVERVIEW

This week in class, your mentee reviewed the importance of possessing a growth mindset. Individuals that possess a growth mindset believe that even if they struggle with certain skills, their abilities aren't set in stone. They think that their skills can improve over time and that failures are a way to learn and develop.

This mindset is important for your mentee to adopt because it will help them persevere through the obstacles they will face in high school and on their post-secondary pathway.

YOUR RESPONSE

1. Share a high point and a low point from your week.
2. Share how you have adopted a growth mindset to persevere through a challenging situation.

