Chapter 10 Discussion Activity: Ethics of Dress and Beauty

Discussion Activity Directions

Before participating in this discussion, please read all assigned articles and watch all videos included in the activity. Your responses should be thoughtful, well-developed, and demonstrate your understanding of the content.

Requirements for Your Responses

When answering the discussion questions:

- Write a minimum of **300 words total**
- Use complete sentences and summary form (no bullet points)
- Incorporate evidence and examples from the assigned articles and videos to support your ideas
- Be sure your answers clearly reflect the key concepts presented in the materials

Your goal is to show that you have engaged with the readings and videos and can apply what you've learned to your discussion responses.

Required Videos and Articles

🎬 **Ensure all videos are well captioned with good sentence structure.**

Video Assignments

1. **Embracing True Inclusivity** Watch on YouTube: Embracing True Inclusivity
2. **Everybody is a Runway** Watch on YouTube: Everybody is a Runway
3. **This Viral TikTok Filter is Creating Unrealistic Beauty Expectations** Watch on YouTube: This Viral TikTok Filter is Creating Unrealistic Beauty Expectations
4. **Why Does Our Society Have Unrealistic Beauty Standards** Watch on YouTube: Why Does Our Society Have Unrealistic Beauty Standards

Article Assignment

5. **Body Dysmorphia: How to Diagnose Body Dysmorphia Versus Body Modification** Read the article: Body Dysmorphia Article – Dr. Tim Pearce

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Discussion Questions

Due Date: Friday by 11:59 PM

Question 1

Define the term **Body Dysmorphia**.

Question 2

Define the term **Body Modification**.

Question 3

Define the term **Cultural Appropriation**.

Question 4

Have you seen influencers glamorizing plus size fashion? Explain how they have done it. If not, search social media for plus size fashion and report what you find.

(Refer to videos and social media)

Question 5

Do you receive body positive ads in your algorithm? Explain. Does social media affect your body confidence? Explain.

(Refer to videos and social media)

Question 6

What do you feel the industry can do to improve body inclusivity issues? Explain.

(Refer to videos)

Question 7

Do you feel filters and photoshopping pictures of yourself or others is healthy for your mental health? How do you feel when others use filters to alter their pictures of themselves?

Question 8

How would you feel if you were to meet someone from a dating site for the first time after spending a month talking to them, and when you met them they looked nothing like their pictures they posted? Altering our pictures is a common practice to meet impossible beauty standards today. How would you feel?

Peer Response Requirement

Due Date: Sunday by 11:59 PM

Respond to **1 of your peer's discussion posts on Question 7**.

In your response, address the following:

- Do you agree or disagree with using filters and photoshopping of pictures?
- Comment on their views

Submission Timeline and Guidelines

Assignment Component	Due Date	Late Policy
Discussion Questions (1-8)	Friday by 11:59 PM	Late points will be deducted
Peer Response	Sunday by 11:59 PM	10 points deducted if late; no late submissions allowed

Important Late Policy Information

- If the discussion is submitted late, late points will be deducted
- If the discussion is submitted after 7 days from the due date, the student will receive a **0** for the assignment
- If the peer response is not submitted on time, **10 points will be deducted** and no late submissions are allowed

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Tips for Success

1. Read the Body Dysmorphia article carefully and take notes on key definitions
2. Watch all videos and note specific examples related to body image and media
3. Search social media for plus size fashion influencers before answering Question 4
4. Reflect on your own social media experience for Questions 5 and 7
5. Write in complete paragraphs with specific examples from the materials
6. Start early to meet the Friday deadline for questions
7. Return to the discussion board before Sunday to complete your peer response