The BEAR Necessities 10/28/24

**Good morning, Golden Bears!** 

Today is Monday, October 28th, 2024. Tomorrow's dress-up day for Red Ribbon Week is "team up against drugs" and wear your favorite team jersey! This year's theme is Be Happy. Be Brave. Be Drug Free. Staying drug free means investing in your current and future health. You don't have to use drugs to fit in. There are other ways to belong. Celebrate your uniqueness and show it to the world.

7th and 8th grade students who picked up a clay club application, please return them to Mrs. Dees by this Wednesday, October 30th.

This week is Red Ribbon Week. We will have some spirit days. Tuesday is Team up against drugs! Wear your favorite jersey. Wednesday is Drugs are a NIGHTMARE! Wear your pajamas! Thursday is Say "BOO!" to drugs! Wear a Halloween costume! Friday is Wear red for Red Ribbon Week!.

## **Events:**

Kona Ice will be here Friday! Scan the QR codes around school to prepay or bring your \$4.

The Spell Bowl team will meet today in the library until 4:15. Our meet is next Wednesday.

**Lunch Today:** 

Build your own tater tots, Cheeseburger, or Chicken Sandwich Pizza and Nacho bar

**Grab and Go sandwiches and salads** 

Have a great day and GO BEARS!