

Join Us! Park Hill Culture Night



April 17th 5:30-7:00

Program

5:30-5:50 Words of Welcome & Opening Performance

5:50-6:30 Potluck Dinner Tocabe and Family Dishes

5:50-6:50 Family Heirloom Gallery Walk

6:50-6:55 Closing Words/Goodbye

7:00-7:30 Clean Up

Food

We will be catering from Tocabe, an “American Indian” eatery owned by the Jacobs’s Family, a proud Park Hill Panthers family! “As part of the Osage Nation, Tocabe utilizes our American Indian roots to help educate people on indigenous culture.” ([Tocabe Website](#)).



We will also be inviting families to contribute a dish for an appetizer potluck. Please see below for more information.

Performances

We will begin with performances from Park Hill family and staff in the Auditorium at 5:30. Join us for a Welcome Song, Native American Dance, and Traditional Drumming.



Share your Culture

Come dressed to impress in any traditional or ceremonial dress from your culture. We would love to see all the ways you express yourself and your families’ heritage.

Do you have a favorite family dish or special family heirloom you would like to share during Culture Night? We would love to learn more about your heritage and cultural background. Read below for some examples

and fill out the accompanying form to share your special foods and heirlooms with the rest of the Park Hill Community.

(All items will be returned to you at the end of Culture Night).

Heirloom Description:

[Fill out this form.](#)

Bring in a family heirloom to show others a little something about your culture! Do you have something that has been passed down in your family that represents your culture? Do you have something that will be passed down to your children for the first time? It could be anything meaningful to you that ties to your culture- music, toys, games, clothing, household items, kitchen items, etc that are meaningful, no matter how small. Heirlooms will be set up on a table for viewing. Please fill out a brief note that tells about your item- a simple sticky note will do! Include the country of origin name, and 3-5 facts about the item. (See example sticky note and picture)

Food Description:

[Fill out this form.](#)

Bring in a small dish of food from your culture for others to have taster bites! Food brings people together, and we are here for it! Do you have a favorite food that you can buy or a favorite recipe to make? We ask that you make enough for 25 taster bites so people can sample a little of every food. Please fill out a brief note that tells about your food- a simple sticky note will do! Include the country of origin name, and 3-5 facts about the item. (See example sticky note and picture)

Heirloom and Food Sticky Note Examples

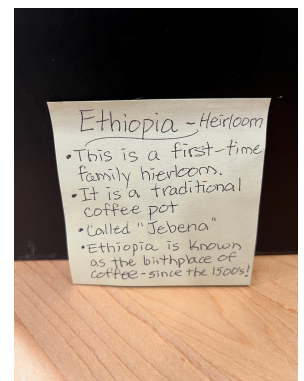
Ethiopia - Heirloom

*This is a first-time family heirloom

*It is a traditional coffee pot

*It's called a "Jebena"

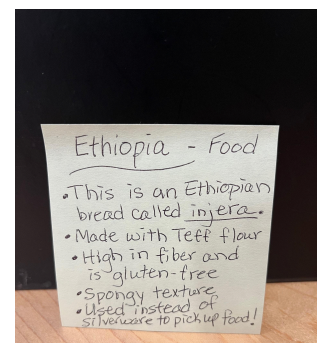
*Ethiopia is known as the birthplace of coffee- since the 1500's!



Ethiopia - Food

*This is an Ethiopian bread called "injera"

*Made with Teff flour



*High in fiber and is gluten-free

*Spongy texture

*Used instead of silverware to pick up food!