



- From the Rush Pavilion, on the gravel road, past the Canteen to the creek crossing
- Cross the creek then bear right on North Steele Creek
- Continue on North Steele Creek to the intersection of Blue Star. Continue straight on Blue Star.
- Continue on Blue Star under the railroad trestle, to the intersection of Prairie Loop at the swinging bridge
- Take a hard left onto Prairie Loop
- Continue on Prairie Loop, following the signs
- At the intersection of Mill Pond by the bike gravity bowl, look for the Rock Hill Striders signs with the red arrows and follow them on the alternate course.
- After a hard switch back, continue to follow the signs until a right turn on an unnamed trail that heads to the creek where there is a bridge out.
- Take a right on Quartz Trail, past the mill stone on the right (touch it)
- Take a left on the swinging bridge, then right on Muscadine
- Take a left on Trestle back to the intersection with Muscadine
- Continue on Muscadine, under the road, though the field, back into the woods, to the intersection with Billy's Walk
- Take a right on Billy's Walk
- Take a left on Wild Azelea at the end of Billy's Walk (do not cross below the spillway)
- Take Wild Azelea to Cantrell (the gravel road)
- Take a left on Cantrell (the gravel road)
- Take a right on to Hickory
- Take a right at the intersection of Blue Star
- Follow the signs on Blue Star back to the lake
- At the lake, take a left on Haigler Loop
- Continue all the way around the lake on Haigler Loop to the dam (ignore all of the left turns leaving Haigler Loop)
- At the dam, take a hard left onto the gravel road and back to the Rush Pavilion