



Learning at Home Choice Board (new, more flexible choice format!)

These are home learning options that you can mix-and-match. There are options for ELA, Math, Science, and Social Studies ([offline](#); [online](#)) and Computer Science, Fine Arts, Health/PE, and World Languages ([offline](#); [online](#)).

Make and carry out a plan for the week.

Steps

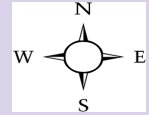
1. You should aim for at least 15 total choices per week, choosing every content area at least once. You can also revisit choices from previous weeks.
2. Review the [offline](#) and [online](#) options on the following pages to help your planning.
3. Create a SMART Goal in a table like the one below to make a plan for your work.
4. Complete your plan for the week. As you work, share and discuss with a friend or family member.

Specific	• What options will I choose? • How will I organize my work?	
Measurable	• How will I know that I have accomplished my goal?	
Achievable	• How can I accomplish my goals for the day and for the week? • Where is the best place for me to do my work?	
Relevant	• How does this work fit with my life at home? • How does this work align with my classes at school?	
Time-bound	• When will I work? • How much time will I dedicate to working each day? • How will I pace myself?	



Offline Options – You should aim for at least 15 total choices per week, choosing every content area at least once.

As you work through these activities, please be mindful of your personal health and well-being as well as that of those around you. Be safe, work with an adult when possible/necessary, and practice social distancing.

	English Language Arts	Mathematics	Science	Social Studies	Library
Offline Options 	Watch “Draw Me a Story” on Ch 356 (May 11 @ 9:10am) - Caroline and the Yule Log (K-3) - The Snowman (K-3) Retell the story and tell someone what happens in the story. Draw a picture of one thing that happens in the story and write a sentence about it.	Watch “Dr. Rock’s Math Adventure” and learn about place value on Channel 356 (Thursday, May 14 @9:00am) Number Sense You have the following digits... 7, 5, 2, 4, 6, 3. - What is the largest 2-digit number you can make? - What is the smallest 2-digit number? Drawing Make a picture that is worth 14¢. You can use as many as you like of these shapes. Label your picture. Prove that it is worth 14¢. Small: 5¢  Circle: 2¢  Triangle: 1¢  (Adapted from Math Learning Center)	Talk Time! Have a conversation with a friend or family member: <i>Engineers design things and make them better. What things in your home or outside have been engineered? What is their function?</i> (Adapted from The Family Dinner Project) Explore a Phenomenon! <i>Phenomena are observable events that we can use science to explain.</i> With a grown-up, watch a science show, like <i>Nature</i>, on TV. Talk with a friend or family member: - What phenomena did you see? - Why do you think those phenomena happen? - What other phenomena can you think of?	1. A compass rose is used on maps to give the directions north, east, south, and west.  It is called that because a compass is round and the four points look like a flower. Draw your own compass rose and make it look like a flower. Be sure to label it! 2. Ask a grownup to help you get a quarter, a dime, a nickel, and a penny. Put the coins on a piece of plain paper. Trace and color the coins in the correct color. Write the name of the under each picture and tell how much each coin is worth. If you can, use the correct symbol for cents: ¢ How much money do you have altogether?	Play the “Say and Stomp” ABC Game.*  *As an alternative to the styrofoam cups suggested in this activity, letters could be drawn on the sidewalk using sidewalk chalk. Here’s a recipe for making your own sidewalk chalk. Read with an adult for 20 minutes.  Record your minutes on the #808Reads Reading Challenge 

Online options on the next page →



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	English Language Arts	Mathematics	Science	Social Studies	Library
Online  Options	Practice your reading with these videos! Stop the video and read on your own. Read each book more than once. Reading Practice 1 Reading Practice 2 Reading Practice 3 Reading Practice 4 Reading Practice 5 Watch Reading Between the Lions and review short vowels and silent “e”.	Watch this video on Mental Math: Make 10 from PBS Learning Media. Try this make it equal challenge problem, courtesy of openmiddle.com. Count cats, cows, dogs and horses on Geogebra.org. Go to Khan Academy 1st Grade Math. Select a category you’ve already studied (left-hand menu). Choose a Topic of interest. Watch the Video Tutorials. Complete the questions under the Practice section.	Podcast Time! Choose a podcast to listen to. • What’s with the weather? • What makes things cute? Talk to a friend or family member about what you learned and what you wonder. What podcast would you want to create? Explore a Phenomenon! <i>Phenomena are observable events that we can use science to explain.</i> Find a phenomenon that looks interesting to you. With a grown-up, answer these phenomenon questions (you need to make a copy of this Google Doc; do not request edit access). Look for other examples of phenomena either online or in the real world. What do you wonder?	 Watch this video about maps. Then do the activity at the end by following the directions to make a map of your room or another room in your house. Explain to someone how you made the map. What is a fact? What is an opinion? Watch this video about Facts or Opinions. Can you give some facts about where you live? Can you give some opinions about where you live? See if someone can tell which is a fact or which is an opinion! 	At home Makerspace Activity! With an adult, create a “gratitude garden” with Katie Woo!  Bonus: There are many Katie Woo books by Fran Manushkin in the Shared eBook Collection Watch Eric Close read When Picasso Met Mootise by Nina Laden  Then... With an adult, create an origami pig of your own! Bonus: you can check out Creepy Carrots from Shared eBook Collection

More content areas on the next page →



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	Computer Science	Fine Arts	Health	Physical Education	World Languages															
Offline  Options	Computer Science involves computational thinking strategies such as Pattern Recognition. Say out loud the colors and shapes that you see below. What color/shape piece should go into the next empty space(s)? What other patterns could you create? What if you had more color/shapes? What patterns could you create? <table border="1"><tr><td></td><td></td><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td><td></td><td></td></tr></table>																Architects design homes, buildings, shopping centers, airports, and other places. People live in different types of homes: apartments, houses, trailers, or camps.   Imagine you are an Architect. Using your imagination, think of a home where children would like to live. Draw the home that you are imagining, add colors to bring interest. Share your drawing with your family. Ask your family what their imaginary home would be like.	Connect - Talk with someone at home and build your support tree. Who are the people that support you? How do those people support you? Draw a tree with big leaves. In each leaf, write the name of someone you trust (family, friends, and trusted adults) or an activity you enjoy.  Refresh - Give yourself a brain break. Think of a color or shape. Look around the room or look out the window. Can you find 10 things with that color or shape? Try again with a new color or shape.	Physical Activity - Have your child jump across the room while counting how many jumps it takes to get across. Repeat three more times and challenge your child to aim for less jumps each time. For an extra challenge, set up small objects (shoes, books) that they need to jump over. Fun - Toy Hunt • Need 6 toys (easily carried) and a laundry basket or bucket. • Place 6 toys at one end of the room. • Have your child walk to one of the toys, pick it up and speed walk back. • Place the toy in the laundry basket and complete 4 air squats. • Continue until all toys have been picked up. • Challenge - increase the number of air squats by 4 each time.	This is how you name the different body parts in ‘Ōlelo Hawai‘i/Hawaiian: • Po‘o (poh·oh): "head" • Po‘ohiwi (poh-oh-hee-vee): "shoulder" • Kuli (coo-lee): "knee" • Manamanawāwae (mah-nah-mah-nah-waah-vye): "toe" With help from an adult, trace your whole body on a large piece of paper. Draw yourself and decorate with clothing. Point to the body parts and name them in ‘Ōlelo Hawai‘i.
																				
																				
																				

Online options on the next page →



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	Computer Science	Fine Arts	Health	Physical Education	World Languages
Online  Options	Watch Follow the Digital Trail video. What is a digital footprint? Why is it so important to think about the digital footprints we are leaving behind and never share our private information?	Architects design homes, buildings, shopping centers, airports, and many other places including playgrounds. Imagine you are an architect. Using your imagination, think of a playground where you and your friends may like to play. Watch the video Playground for more ideas.  Draw the playground that you are imagining, add colors to bring interest. Share your drawing with your family. Ask your family what their imaginary playground would be like.	Nourish & Move - Plan ways to move throughout your day and boost your fitness for this week (see PE). Talk with someone at home about ways you will be safe while exercising. <i>Tips: Think about protecting yourself from the sun, staying hydrated, listening to your body, being aware of your surroundings, having adult supervision, and using the appropriate protective gear.</i> Personal Care & Safety - What is bullying? What can you do if you see someone being bullied? What can you do if someone is bullying you? Who are trusted adults you can talk with? 	Fitness - This Les Mills Born to Move #21 (6-7) I'm The Champion workout is about 25 minutes long. It includes moving, martial arts, dancing, yoga and ends with some relaxation. Be sure to pause the workout video whenever you feel like you need to take a break, catch your breath, or drink some water. Mindfulness and Relaxation It is important to take some time to relax and refocus throughout the day. If you are stressed out, frustrated or if you just need to relax and refocus, try to find a quiet space, calm down and follow along with one or more of the following videos: • Go With The Flow • Chin Up • Weather the Storm • Mindless to Mindful	Learn how to name body parts in 'Ōlelo Hawai'i: • Visit Maka'iwa Keiki. • Watch "A Hawaiian Head-Shoulders-Knees-and-Toes Song." Sing and dance to the songs. • Go to "Free Printables" on the website (registration required) , download and print the printables for Heads, Shoulders, Knees and Toes song. • Enjoy the coloring activities.