

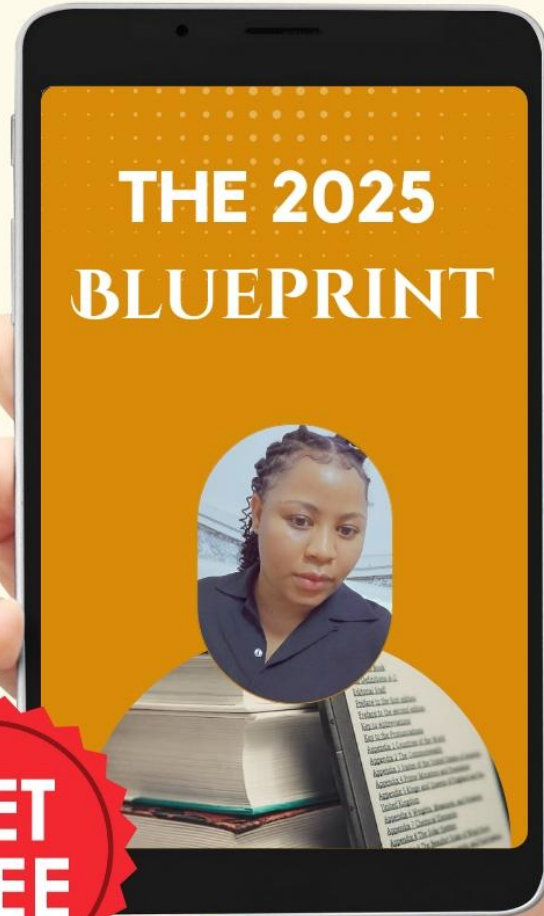
New **E-BOOK!**

Master Your Goals,
Plan Your Life, and
Thrive in Every Area"

BY- DR. PEACEMARIA VINCENT .N



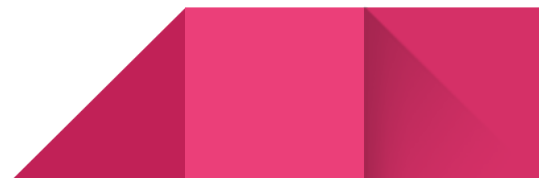
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FREE**





"THE 2025 BLUEPRINT:

**MASTER YOUR GOALS, PLAN YOUR
LIFE, AND THRIVE IN EVERY AREA"**



INTRODUCTION:

TAKE CONTROL OF YOUR LIFE IN 2025

"**2025 is your year.** This is the year to break free from the cycle of '**same old**' and step boldly into a life of purpose, intentionality, and growth. Imagine what it would feel like to wake up every day knowing exactly what you're working toward, confident that your plans align with God's purpose for your life.

The truth is, **success doesn't happen by accident.** Thriving in life, relationships, and career requires more than wishful thinking; it demands **planning, goal setting, and consistent action.** The good news? You don't have to figure it all out alone. 😞🎉

In this ebook, I'll walk you through proven strategies to map out your vision for 2025, set actionable goals, and position yourself for extraordinary success in every area of your life—faith, relationships, and beyond.

Whether you're pursuing a dream career, building a stronger marriage, or seeking personal growth, this is your moment to take control.

Together, we'll create a roadmap that not only inspires you but empowers you to move forward with clarity, focus, and confidence. If you're ready to stop drifting and start thriving, let's dive in!"

Let's make 2025 your best year yet. 🎉🔥

CHAPTER 1:

WHY PLANNING IS THE KEY TO THRIVING IN LIFE AND RELATIONSHIPS

Let me ask you this: **What do you want your life to look like by the end of 2025?**

Without a plan, it's easy to drift through the year, feeling busy but never fulfilled.

Planning is the difference between existing and thriving. It gives you clarity, focus, and direction.



Whether you're building your career, strengthening relationships, or growing spiritually, a plan ensures you're taking deliberate steps toward your goals instead of leaving them to chance.

Proverbs 16:3 reminds us, “***Commit your works to the Lord, and your plans will succeed.***” When you align your plans with God's purpose, they carry power.



Planning Allows You To:

- Define what truly matters to you.
- Prioritize your time and energy wisely.
- Build meaningful relationships with intention.

Think of planning as your compass.

Without it, you risk wandering aimlessly, but with it, every step moves you closer to your goals.



In the next chapter, we'll talk about how to set goals that are not only achievable but transformative.

Ready to move from dreaming to doing?
Let's continue!



CHAPTER 2:

BIBLICAL PRINCIPLES FOR GOAL SETTING AND PURPOSEFUL LIVING

Goal setting is more than writing down what you want to achieve. It's about aligning your desires with God's purpose for your life. True success comes when your plans reflect His will, not just your personal ambitions.



The Bible is full of wisdom about setting goals and living intentionally.

Proverbs 21:5 says, “*The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.*” This verse reminds us that careful, consistent planning brings fruitfulness, while aimless effort often leads to frustration.



Here are Three Key Principles for setting goals that honor God and lead to purposeful living:

1. Seek God First

Before you set any goal, ask: Is this in line with God's purpose for me? Matthew 6:33 tells us, *"Seek first His kingdom and His righteousness, and all these things will be given to you as well."* Start by praying for clarity and direction.

2. Set Specific, Actionable Goals

Vague goals lead to vague results. Instead of saying, “**I want to grow spiritually,**” make it specific: “**I will spend 20 minutes in prayer and Bible study each morning.**” Clear goals help you measure progress and stay motivated.

3. Commit Your Plans to God

Proverbs 16:3 teaches us to commit our work to the Lord so that our plans may succeed. *This means inviting God into every step of the process and trusting Him even when things don't go as expected.*

When you set goals with God at the center, you'll find that they bring not only success but also peace and fulfillment.



TAKE A MOMENT: Write down one area of your life—relationships, career, health—where you want to set a God-centered goal. Pray over it.

Remember, A **GOAL** without a plan is just a **WISH**. To see real progress, you need goals that are clear, actionable, and grounded in wisdom.

Let's keep going!



CHAPTER 3:

NAVIGATING OBSTACLES: Overcoming Procrastination and Distractions

Let's face it—setting goals is the easy part.



The real challenge comes when obstacles arise, and the biggest culprits are often procrastination and distractions. These two can derail even the best intentions if you don't handle them intentionally.



**Here's the good news: you can
OVERCOME them.**

1. Identify the Root Cause of Procrastination

Procrastination isn't just about being lazy;
it's often linked to fear of failure,
perfectionism, or feeling overwhelmed.

Ask yourself: What's really holding me
back?

Once you identify the cause, address it
head-on with prayer and practical steps.



2. Eliminate Distractions

Distractions are everywhere—social media, endless notifications, or even overcommitting to tasks that don't serve your goals. **To stay focused:**

- Set boundaries with your time.
- Use tools like timers or productivity apps to help you stay on track.
- Create a distraction-free environment when working on your goals.

3. Take Small, Consistent Steps

It's tempting to wait for the “**perfect time**” to start, but progress comes from taking small, consistent actions. Break tasks into manageable pieces and focus on completing one thing at a time.

Biblical Insight: Proverbs 4:25-27

encourages us to stay focused:

“Let your eyes look straight ahead; fix your gaze directly before you.

Give careful thought to the paths for your feet and be steadfast in all your ways.”



When you commit to discipline and focus,
you'll find that distractions and
procrastination lose their grip on you.

Action Step: Write down one common
distraction or excuse you face. Now, commit
to a simple strategy to overcome it today.

Stay with me—the next chapter is all about
keeping the momentum going!



CHAPTER 4:

BUILDING HEALTHY HABITS FOR THRIVING IN LIFE AND LOVE

Success isn't about grand gestures; it's about the small, consistent habits that shape your daily life.

I believe that whether it's your career, relationships, or spiritual growth, the habits you build determine your outcomes.

Here are Three simple but powerful HABITS to help you THRIVE:

1. Start Your Day with Intention

How you begin your day sets the tone for everything else. Spend the first 10-15 minutes in prayer, Bible reading, or journaling to align your heart with God's will. This habit grounds you in faith and helps you approach your day with clarity and peace.

2. Practice Active Gratitude

Gratitude shifts your **focus** from what's **missing** to what's **present**. Each evening, write down three things you're grateful for. This simple habit fosters contentment and strengthens your relationships by highlighting the blessings around you.

3. Prioritize Connection

Healthy relationships thrive on intentional effort. Schedule regular quality time with loved ones—whether it's a meaningful conversation, a shared activity, or simply being present without distractions.

Biblical Insight: Galatians 6:9 reminds us, *“Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.”*

Small, consistent efforts may seem insignificant at first, but over time, they create lasting impact.



Action Step: Choose one habit to focus on this week. Commit to it daily, and watch how it transforms your mindset and actions.

Ready to take your growth to the next level? Join me and let's make 2025 your best year yet.

Sign up for the full course today and start building the future you deserve.



Apply For
“ PLANNING, GOAL SETTING And
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CONCLUSION:

An Invitation to Work with Me for Deeper Transformation

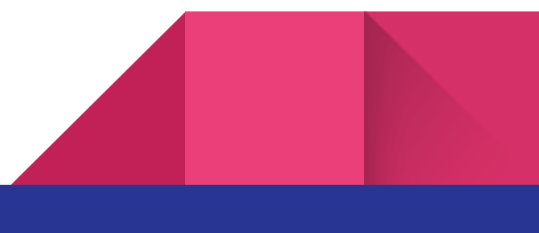
You've taken the first step in learning how to plan, set goals, and thrive in life and love. But as you know, **real change requires more than just knowledge**—it needs support, accountability, and tailored guidance.

That's why I'm inviting you to join my full course, **"Planning, Goal Setting, and Thriving in 2025."**



In this course, we'll go deeper into strategies, biblical principles, and actionable plans that will empower you to follow through, overcome obstacles, and achieve the transformation you desire in 2025.

This is your chance to go beyond just setting goals and to truly step into the life you've envisioned—backed by wisdom, faith, and expert coaching.



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LIFE STRATEGIC & GOAL SETTING

For Thriving in 2025

**DR. PEACEMARIA
VINCENT N**



"LIFE STRATEGIC AND GOAL SETTING FOR THRIVING IN 2025"

FULL COURSE OUTLINE



- ① Life Strategy, Planning & Goal Setting

- ② 20 Excellent Tips for Surviving the New Season (2025)

- ③ 15 Mistakes Young Adults Make and How to Avoid Them

- ④ 7 Deadly Distractions to Avoid (If You Desire an Above Lifestyle)

- ⑤ 7 Critical Life Questions You Need to Answer to Get and Remain at the TOP

- ⑥ "Understanding the Power of Timing"

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"LIFE STRATEGIC AND GOAL SETTING FOR THRIVING IN 2025"

BONUS



- ① How to turn Failures into Stepping Stones

- ② How to Prioritize Relationships Without Compromise

- ③ HOW TO MAKE MONEY WITH THIS COURSE

- ④ 15 MAJOR THINGS I LEARNED FROM MY PAST SEASON

- ⑤ FREE: PERSONAL DEVELOPMENT PLAN TEMPLATE

- ⑥ 3 Days of Free Mentoring -to help you stay on track.

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Ready to take your growth to the next level? Join me and let's make 2025 your best year yet.

Sign up for the full course today and start building the future you deserve.

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This Amazing EBook;**



Favorite Quote!

“It will definitely happen; even if it takes a while” trust God and keep stepping as you discover your purpose and live an excellent fulfilled life in Christ” Peacemaria.

**DR. PEACEMARIA .C. V. N.
OKORONKWO}**

Is a Nigerian Medical graduate who has other degrees and awards from prestigious institutions around the world.

A prolific writer, Certified Mentor, Counsellor and public speaker that encourages Women/ Youth vision in discovery of God, Self and purpose, in relation to MARRIAGE, SINGLEHOOD AND RELATIONSHIP.

She's the author of many other books including:

- *Life After NYSC In Nigeria,*
- *"THE HEALTHY WOMAN" Your ultimate handbook for health and feminine care."*

PURPOSE,

- *"Mastering Life Before 30: Achieve Success, Wealth, and Happiness"*
- *7 Keys to living a successful life,*
- *How to be Elegant as a WOMAN,*
- *Think like a Queen,*
- *The dangerous Woman To Marry,*
- *The dangerous man to marry,*
- *Break The Silence,*

*-Becoming A Renewed Woman and other
amazing best selling books.*

In no particular order, she is a Christian,
the founder/host of The **Renewed Women
Network**, She runs a special program for
married women, termed “**Now I’m
Married**” She also has a monthly **Master
Class Mentorship Program** course for men
and women that want to live a purpose
driven life;

Recently, She started an amazing Singles
forum named “**Singles, Love Experience**”

She's married to her Best Friend, Dr.
Vincent U. Nkemdirim; Founder/President
KANI MINISTRIES.

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