

# Title of the Paper

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## Author's Contribution

A - Research concept and design

B - Collection and/or assembly of data

C - Data analysis and interpretation

D - Writing the article

E - Critical revision of the article

F - Final approval of article

Example:

First Author's Name : A,B,F

Second Author's Name : A,B,D,F

Third Author's Name : C,D,F

Fourth Author's Name : C-F

Fifth Author's Name : C,D,F

*\*All authors must have a role Final approval of the article*

## Abstract

**Background:** research background.

**Objectives:** The purpose of the research.

**Methods:** Research design, participants/sample, sampling technique, data collection technique, research instrument, data analysis technique.

**Results:** Research results and interpretation of data analysis.

**Conclusion:** Research findings.

**Keywords:** first keyword, second keyword, third keyword.

## Introduction

The introduction leads the reader to the main topic. The background or introduction answers why the research or study was carried out (the urgency of the study), what previous researchers did or scientific articles that are currently developing, the novelty of

the research (novelty), what is the purpose of writing this article, and what contribution can be conveyed on the results of these findings. [Book Antiqua 12pt, justified, 1.5 spaces]

## Methods

### *Study Design and Participants*

Describe the study design used and the participants who were involved, and in what number. Sampling techniques also need to be described to also describe the number of samples. Sample categories also need to be described including mean age, average height, average weight, and average body mass index (according to the type of research). Authors must certify that the experiments reported in the manuscript were conducted in accordance with the ethical standards of the Declaration of Helsinki and that participants signed a consent form. [Book Antiqua 12pt, justified, 1.5 spaces]

### *Ethical approval statement*

The study received approval from the ethical committee at the XXX with the assigned approval number XXX. [Book Antiqua 12pt, justified, 1.5 spaces]

### *Research Instruments*

Describe the types of instruments used in collecting research data. If it is a questionnaire/questionnaire, it is also necessary to explain how many and who are the validators involved. Several other instruments are suggested to display the value of validity and reliability. [Book Antiqua T 12pt, justified, 1.5 spaces]

### *Data Analysis*

The data analysis technique used must also be described and whether to use the application. [Book Antiqua 12pt, justified, 1.5 spaces]

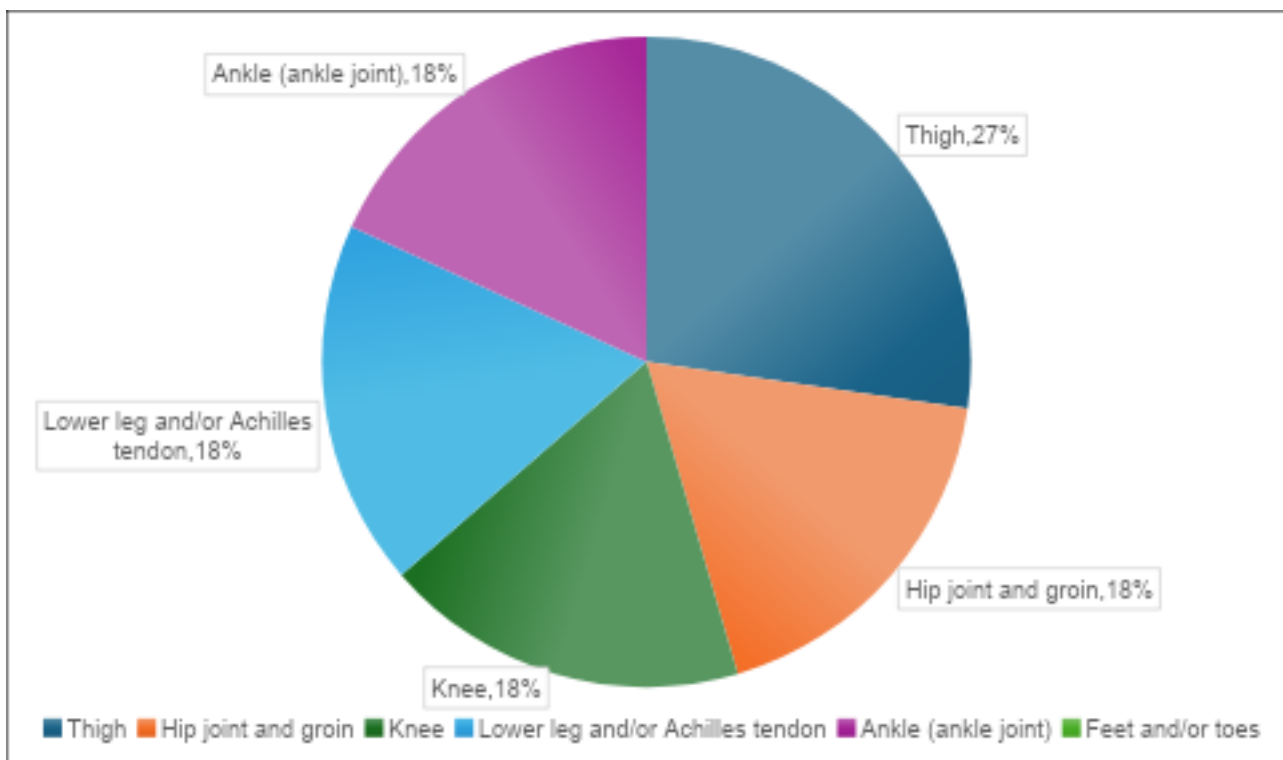
## Results

Research results are presented in the form of graphs, tables, or descriptive. Analysis and interpretation of these results is required before they are discussed. The table is written in the middle or at the end of each descriptive text of research results/acquisitions. If the width of the table is not enough to be written in half a page, it can be written a full page. Table titles are written from left to right, all words are capitalized, except for conjunctions. If more than one line is written in single space. For example, it can be seen in Table 1.

**Table 1.** The Style and Its Function ← 10 pt

No.	Name of Style	Function
1.	JK_Title	Title
2.	JK_Author	Author
3.	JK_Abstract Body	Abstract
4.	JK_Abstract Title	Abstract Title
5.	JK_Abstract Keyword	Keyword
6.	JK_Heading 1	Subtitle 1
7.	JK_Body	Paragraph
8.	JK_Picture Capture	Figure Title
9.	JK_Table Capture	Table Title
10.	JK_Reference	List of References

The result is in the form of an image, or data made by drawings/schematics/graphics/diagrams/the like, the presentation also follows the existing rules; The title or name of the image is placed below the image, from the left, and is spaced 1 space apart from the image. If there is more than 1 line, the lines are single-spaced. For example, it can be seen in Figure 1.



**Figure 1.** Distribution of the injured lower extremity ← 10 pt

### Discussion

This section also needs to discuss the relationship between the findings and the basic concepts or hypotheses made earlier. The author should also disclose whether any arguments are needed regarding the work of other researchers. Describe only new and important aspects of this study. Do not repeat all the information from the results section or any of the above.

This section consists of information about What/How the data presented is produced, no raw data should be in the article. Write down the implications made by the work related to the theory or application. Research limitations also need to be added, for example the lack of participants or questionnaires contained in the google form which causes problems for participants related to the internet network. Write down new or unsolved problems, for future research. [Book Antiqua 12pt, justified, 1.5 spaces]

### Conclusion

Conclusions can be generalizing the findings according to the research problem, they can also be recommendations for the next step. [Book Antiqua 12pt, justified, 1.5 spaces]

### Acknowledgments

Acknowledgments can be conveyed to those who have assisted in carrying out research activities and funders/sponsors. [Book Antiqua 12pt, justified, 1.5 spaces].

### Funding

If this research does not get funding/sponsorship from any party, the author can fill in the sentence, "This research does not receive external funding". [Book Antiqua 12pt, justified, 1.5 spaces].

### Conflict of Interest

If the research does not have a conflict of interest with any party, the author can fill in the sentence, "The author hereby declares that this research is free from conflicts of interest with any party". [Book Antiqua 12pt, justified, 1.5 spaces].

## References

Articles are expected to use at least 25 of the most recent primary references. The compilation of citations and bibliography must strictly follow the APA Style (American Psychological Association) 7<sup>th</sup> Edition. To maintain consistency of reference, citation, and bibliography, we recommend using a Reference Manager application, such as Zotero, Mendeley, or other paid applications. Written in single space, the bibliography is spaced 1 space. The following is an example of writing a bibliography according to APA 7<sup>th</sup> Edition.

### Primary Library (Journal):

- Anwar, M. H., Jatmika, H. M., & Setiawan, C. (2025). "Don't Forget the Whistle": Novice Physical Education Teachers' Reflections on Their Beliefs, Teaching Practices, and Identities. *Education Sciences*, 15(1), 88. <https://doi.org/10.3390/educsci15010088>
- Li, C., Kevin Kam, W. K., & Zhang, M. (2019). Physical Education Teachers' Behaviors and Intentions of Integrating STEM Education in Teaching. *The Physical Educator*, 76(4), 1086–1101. <https://doi.org/10.18666/tpe-2019-v76-i4-9104>
- Yang, D., Oh, E. S., & Wang, Y. (2020). Hybrid physical education teaching and curriculum design based on a voice interactive artificial intelligence educational robot. *Sustainability (Switzerland)*, 12(19), 1–14. <https://doi.org/10.3390/su12198000>

### Books:

- Darisman, E. K., Prasetyo, R., & Bayu, W. I. (2021). *Belajar Psikologi Olahraga Sebuah Teori dan Aplikasi Dalam Olahraga*. Jakad Media Publishing.
- Darisman, E. K., Prasetyo, R., & Bayu, W. I. (2021). *Belajar Psikologi Olahraga Sebuah Teori dan Aplikasi Dalam Olahraga*. Jakad Media Publishing.

### Proceedings:

- Sudarso, Djawa, B., Wisnu, H., Prabowo, S. A., Al Ardha, M. A., & Prakoso, B. B. (2019). Physical Education Teacher's Quality Based on the Indonesia National Standards. *1st International Conference on Education, Social Sciences and Humanities*, 824–829. <https://doi.org/10.2991/icesshum-19.2019.129>
- Suroto, Khory, F. D., Dinata, V. C., & Priambodo, A. (2017). Core Competency Measurement Model for Prospective Physical Education Teacher. *IOP Conference Series: Materials Science and Engineering*, 180(1), 012181. <https://doi.org/10.1088/1757-899X/180/1/012181>

### Thesis:

- Astle, A. M. (2014). *Sport development-plan, programme and practice: a case study of the planned intervention by New Zealand cricket into cricket in New Zealand: a thesis presented in partial fulfilment of the requirements for the degree of Doctor of Philosophy, School of Management, College of Business, Massey University, Palmerston North, New Zealand* (Doctoral dissertation, Massey University).
- Althuwaini, M. F. (2018). *Investigating the integration of the Sport Education model and the Athletics Challenges approach in the teaching of athletics in one Kuwaiti middle school* (Doctoral dissertation, University of Southampton).