

Between Workshop 4 and 5 — Teacher Guide

Homework Activities Overview

1. Homework Activity #1 —Build Your Own Cool Calm Kit
2. Post anything you notice, things you felt, things you want to share or questions you have to Telegram.
3. Try the Banana Pudding!! Let us know how it tastes!

Try Teaching Strategies:

1. Try to make your own Flashcards and Matching Activities with our AI Prompts
2. Post how your students reacted to these assignments in Telegram. What worked? What didn't work? What modifications could you or did you use?

Resources (PPT folder/handouts)

Readings:

1. Excerpts from Practice 4 in “High Five to Thrive”
2. Post any reactions or reflections you have about these readings

Videos: Watch two 10-minute videos before Workshop 4.

1. Watch and note one takeaway from each
2. Post in Telegram

Reminders

- You have the PPT presentation slides to refer back to.
- You have all of the References used to create this workshop for your further research.