

Powerful & Hope Support Group

Every Friday, 7:00 PM

Virtual Meetings via Zoom:

<https://us02web.zoom.us/j/89549132441?pwd=NzUvYmVyT3Q2Rng0Z2lNdWizRDNiZz09>

We are a support group for parents of children with medical conditions and different needs. Learn how to advocate for your loved ones in your community. This group is a safe place for families to share, support, and learn about options in the community.

Each Friday has a different purpose.

- First Friday - Group Support for parents and caretakers to talk and share without judgment.
- Second Friday - Sharing information between families to learn from their past experiences.
- Third Friday - Learning to advocate in the medical, educational, and legislative systems to support the needs of families.
- Fourth Friday - Guest Speakers presenting on different topics that will help families navigate through the medical and educational system of North Carolina.

The group was created for Hispanic families to have a safe place where they can talk and support parents and caretakers of people with complicated medical conditions, conditions of behavioral health, and of developmental and intellectual disabilities.