

FLY OF THE MONTH

Ned's Fold Over



Hook: TMC 2487 #12 -18
Thread: Brown
Tail: Pearl Krystal Flash - tied very sparse
Rib: Pearl Krystal Flash strand (optional)
Body: Pale orange Superfloss
Wings: Badger saddle hackle, tied fold over style using a gallows tool
Thorax: Peacock herl under the fold over hackle

Ned's Fold Over is a pattern developed by Ned Long. The fold over technique makes use of a gallows tool. I substituted my lamp for the tool and positioned the shade over the fly so I could scotch tape the Kevlar threads to the shade directly over the hackle tie in position. This produced enough tension in the threads so I could wrap the hackle up and back down the threads.

This technique allows the hackle to fan around the top half of the hook, allowing the fly to sit on the surface film. With the Krystal Flash tail (sparse) the fly represents an emerger just finishing its emergence from the shuck and sitting on the film to dry its wings.

Step-By-Step Directions:

- 1. De-barb the hook, place it in the vise, and attach thread behind the hook eye as in Fig. 1. You may want to leave a little space at the front.**
- 2. Continue to lay a thread base as you wrap the thread to the rear. This is a curved hook so you want the thread base to continue around the bend. When you get to the position as in Fig. 2 you might want to re-position the hook, or, if you have a rotating vise, turn the head so it is in a horizontal plane as in Fig. 3. This allows you to continue to wrap a thread base around the base without it slipping down. Usually, you want an angle of about 15° between the thread and the base of the hook point.**
- 3. Return the hook to the upright position and attach the Pearl Krystal Flash strands for the tail. The tail should extend about 1 shank length behind the tie in position as in Fig. 4. Bind the waste down as you wrap the thread up the shank a short distance.**
- 4. Optional: Tie in a single Krystal Flash strand on the bottom of the shank and wrap back to the tail tie in position (Fig.5). This strand will be used for the rib.**
- 5. Attach the Pale Orange Superfloss at the tail tie down position and wrap the tying thread forward to the position shown in Fig. 6.**
- 6. Wrap the Superfloss material forward in touching turns and tie off as in Fig. 7. Trim the waste as in Fig. 8.**
- 7. Wrap the rib forward making about 5 evenly spaced ribs as Fig. 9. Trim the waste. Coat the body with a thin layer of head cement. (The rib does not show very well in the picture but it is there)**
- 8. Take a long strand of Kevlar thread and fold it over the tying thread and attach it as you would a post (Fig. 10). This should be attached to the gallows tool to keep it under tension. I taped the Kevlar to the shade of my tying lamp positioned over the hook shank. You want enough tension to allow you to wrap a hackle around it like a parachute post.**

9. Attach two peacock herls by their tips to the shank at the base of the Kevlar thread position as in Fig. 11.

10. Form a dubbing loop for the herls. Attach a spinning holder to clip the herls to the loop and move it off to the side as in Fig. 12.

11. Attach the hackle to the shank at the base of the Kevlar thread as in Fig. 13. Trim the herl and hackle waste.

12. Make sure the gallows tool or substitute is keeping tension on the Kevlar thread. Wrap at least 5 turns of the hackle around the Kevlar as you go up the thread and wrap 5 turns down the thread. Tie off the hackle at the base of the Kevlar as in Fig. 14. Trim off the waste. You need to adjust the number of hackle wraps to the length of the thorax. The Kevlar threads will be pulled over the back of the thorax. Too many wraps will keep you from pulling the Kevlar tight.

13. Spin the dubbing loop holding the peacock herls to form a peacock rope. Wrap the peacock around the shank to form the thorax as in Fig. 15.

14. Using your thumb and forefinger, stroke the hackle fibers back and pull the Kevlar thread down to the tie off position in front of the thorax as in Fig. 16. Make a few wraps of tying thread around the Kevlar thread at the front of the thorax. Keep tension on your bobbin and pull on the Kevlar thread to get it to sit down along the top of the thorax. Make several more wraps to secure the Kevlar. Trim the Kevlar waste. Use something very sharp to cut the Kevlar.

15. Make several more wraps to form the head of the fly. Whip finish, trim the thread away and apply head cement to form the finished fly as in Fig. 17. Figure 18 shows a top view of the fly.



Fig. 1



Fig. 2

Fig. 3

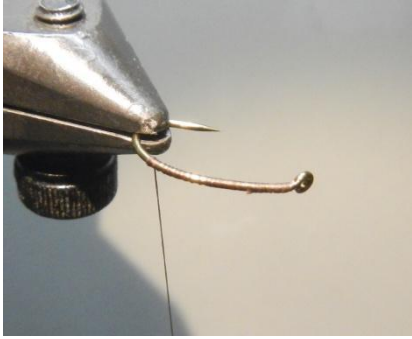


Fig. 4

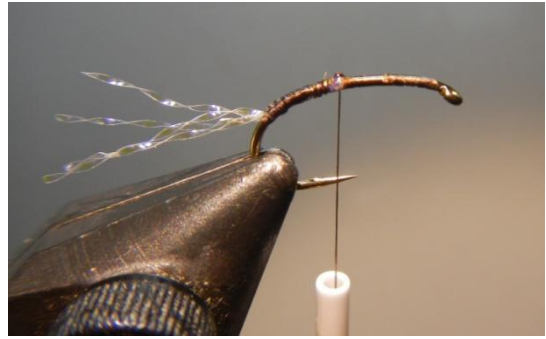


Fig. 5

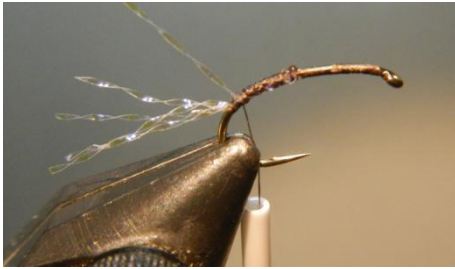


Fig. 6

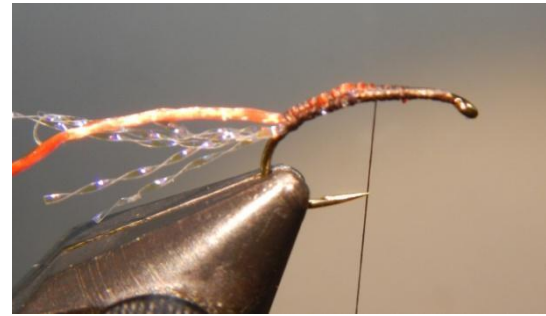


Fig. 7

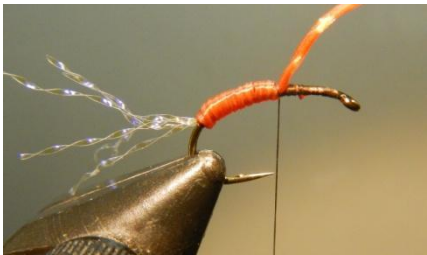


Fig. 8



Fig. 9



Fig. 10

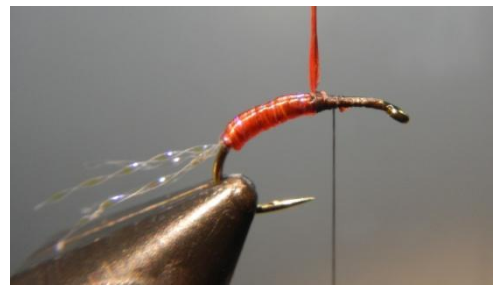


Fig. 11



Fig.12



Fig. 13



Fig. 14



Fig. 15



Fig. 16



Fig. 17



Fig. 18

