

## Field Experience Summary (FES) School Counseling Program Cumulative Field Experience Log

Candidate: Lucia Kollat		LU ID#: L30871777						
<p><b>Field Experience Semesters (3):</b> The rows below are for hours earned in the practicum, internship 1 and internship 2 placements during enrollments in COSC 698/COUC 698 and COSC 699 Part 1 and COSC 699 Part 2. The COSC 698/COUC 698 practicum and COSC 699 internship(s) are supervised by a licensed practitioner with clinical or school counselor supervision credentials and training. <u>Briefly</u> describe activities that support the columns to the right (diversity, exceptionalities, collaboration, etc.) <b>Practicum: A minimum of 100 cumulative hours must be accrued during the semester: At least 40 hours must be “direct” service hours (see below.) Internship 1: A minimum of 300 cumulative hours must be accrued during the semester: At least 120 hours must be “direct” service hours (see below.) Internship 2: A minimum of 300 cumulative hours must be accrued during the semester: At least 120 hours must be “direct” service hours (see below.)</b></p>								
List the Beginning & Ending Date of Practicum & Internship Placements:	Direct Hours	Indirect Hours	List Practicum and Internship Site(s) Name, City, and State for placement  AND List Site Supervisor’s Name for placement:	Population Served	Christian, Public, Other	Diversity	Exceptionalities	Collaboration
<p><b>Practicum COSC 698</b> August 22, 2022 - December 16, 2022</p>	270:30	236:30	<p>Practicum Site: Post Oak Middle School Spotsylvania, Virginia Site Supervisor: Sarah Mathena Grades (6-8)</p>	<p>The population served during Practicum was all 7th-grade students at Post Oak Middle School. There are a total of 238 7th-grade students at Post Oak Middle School.</p>	Public School	<p>Post Oak Middle School serves the most rural population of students in Spotsylvania County Public School District.</p> <p>The learning population is the entire 7th grade. There are currently 238 7th-grade students at Post Oak Middle School. 129 of these are identified as economically disadvantaged. There are 110 girls and 128 boys. The ethnicity breakdown is 176 white, 20 Black or African American, 23 Hispanic, 1 American Indian, and 7 Asian.</p>	<p>There are 82 students with exceptionalities in the 7th grade. Exceptionalities include students that have IEPs, and 504s, are classified as ELLs, and gifted students. 100% free and reduced lunch for all students.</p>	<p>Throughout the practicum, I was able to collaborate with the 6th-grade and the 8th-grade counselor on a weekly basis. I was also able to collaborate with our school social worker on a weekly basis. I collaborated with 7th-grade general education and special education teachers on a weekly basis. I was also provided many opportunities to collaborate and consult with families. Examples include: Back to school night, parent-teacher conferences, 504 meetings, IEP meetings, Child Study/SST meetings, and attendance intervention meetings. Lastly, I collaborated with our school principal, assistant principal, and administrative intern all on a weekly basis.</p>
<p><b>Internship 1 COSC 693</b> August 22, 2023- December 17, 2023</p>	124	181	<p>Internship 1 Site: Riverview Elementary School Spotsylvania, Virginia Site Supervisor: Carly Rockx Grades (K-5)</p>	<p>The population served throughout my elementary internship were grades K-5. There are a total of 654 students at the elementary school. This is a Title I elementary school where all students receive free breakfast and free lunch.</p>	Public School /Alternative School	<p>Riverview Elementary School is a Title I school. There is about a 23:1 student to teacher ratio within this elementary school. About 51% of the student population is female, and 49% of the student population is male. 90% of the student</p>	<p>About 24% of the student population at Riverview Elementary School is participating or identified as needing special education services (IEP/504). Exceptionalities include students that have IEPs.</p>	<p>Throughout my internship experience I was able to gain the opportunity to collaborate with a variety of stakeholders. These include both my site supervisor as well as the K-2 school counselor, the school social worker (she is part time at the</p>

						population is identified as being economically disadvantaged. 97% of the student population is white, 1.1% is hispanic/latino, .7% is Asian or Asian/Pacific Islander, .6% is Black or African American, .6% is two or more races, and .1% is Native Hawaiian or other Pacific Islander. About 24% of the school is utilizing Special Education services (IEP/504).	504s, are classified as ELLs, and gifted students. 100% free and reduced lunch and breakfast for all students.	elementary school), the school resource officer who is full time at the elementary school, all teachers K-5 (although I predominately collaborated with the 2nd grade teachers and the fourth grade teachers. Both administrators on a regular basis, and also the SPED department. Lastly the school has a full time behavior specialist who I was able to collaborate with on a daily basis at the site. Some examples: Parent teacher conferences, power hours (PLC time per grade levels), administration meetings, attendance meetings, SPED meetings, school/home connection nights, and Elementary School Counselor PD including all counselors in the district as well as the supervisor for mental health services.
<b>Internship 2 COSC 694 January 15, 2024 - May 10, 2024</b>	197	270:30	Internship II Site: Post Oak Middle School Spotsylvania, Virginia Site Supervisor: Adair Sullivan Grades (6-8)	The population served during my second internship was all 8th-grade students at Post Oak Middle School. There are a total of 272 8th grade students at Post Oak Middle School.	Public School	Post Oak Middle School serves the most rural population of students in Spotsylvania County Public School District. The learning population is the entire 8th grade. There are currently 272 8th-grade students at Post Oak Middle School. 139 of these are identified as economically disadvantaged. There are 128 girls and 143 boys. The ethnicity breakdown is 240 white, 41 Black or African American, 28 Hispanic, 2 American Indian, and 5 Asian.	There are 97 students with exceptionalities in the 8th grade. Exceptionalities include students that have IEPs, and 504s, are classified as ELLs, and gifted students. 100% free and reduced lunch for all students.	Throughout the internship I was able to collaborate with the 6th-grade (site supervisor and also counseling director) and the 7th-grade counselor on a weekly basis. I was also able to collaborate with our school social worker on a weekly basis. I collaborated with 8th-grade general education and special education teachers on a weekly basis. I was also provided many opportunities to collaborate and consult with families. Examples include: Back to school night, parent-teacher conferences, 504 meetings, IEP meetings, Child Study/SST meetings, and attendance intervention meetings. Lastly, I collaborated with our school principal, assistant principal, and administrative intern all on a weekly basis. I also facilitated and lead a mentoring program at Post Oak which facilitates three small groups on a weekly basis.
<b>TOTAL:</b>	591:30	688						

**Practicum** \_\_\_\_\_ 507:30 \_\_\_\_\_ (at least 100 hours)  
School Site \_\_\_X\_\_\_ Clinical Site \_\_\_\_\_

**TOTAL DIRECT:** \_\_\_\_\_ 270:30 \_\_\_\_\_ (at least 40 hours)

**TOTAL INDIRECT:** \_\_\_\_\_ 236:30 \_\_\_\_\_

**TOTAL HOURS:** \_\_\_\_\_ 507:30 \_\_\_\_\_

**TOTAL GROUP SUPERVISION HOURS:** \_\_\_\_\_ 26 \_\_\_\_\_

**Practicum** students accrue a minimum of 1.5 group supervision hours each week (WebEx with Liberty course professor.) Required: 21 hours *or more* synchronized group supervision with Liberty course professor.

**TOTAL FACE-TO-FACE SITE SUPERVISION HOURS:** \_\_\_\_\_ 30 \_\_\_\_\_

In addition to group supervision hours, **practicum** students are required to participate in 1 hour of face-to-face supervision with their site supervisor during each week of the semester of practicum. Required: 10 *or more* face-to-face site supervision hours.

**Internship 1** \_\_\_\_\_ 305 \_\_\_\_\_ (at least 300 hours)

Elementary \_\_\_X\_\_\_ Secondary \_\_\_\_\_

**TOTAL DIRECT:** \_\_\_\_\_ 124 \_\_\_\_\_ (at least 120 hours)

**TOTAL INDIRECT:** \_\_\_\_\_ 181 \_\_\_\_\_

**TOTAL HOURS:** \_\_\_\_\_ 305 \_\_\_\_\_

**TOTAL GROUP SUPERVISION HOURS:** \_\_\_\_\_ 22 \_\_\_\_\_

**Internship 1** students accrue a minimum of 1.5 group supervision hours each week (WebEx with Liberty course professor.) Required: 21 hours *or more* synchronized group supervision with Liberty course professor.

**TOTAL FACE-TO-FACE SITE SUPERVISION HOURS:** \_\_\_\_\_ 16 \_\_\_\_\_

In addition to group supervision hours, **internship 1** students are required to participate in 1 hour of face-to-face supervision with their site supervisor during each week of the semester of internship 1. Required: 14 *or more* face-to-face site supervision hours.

#### **Direct Hours**

Leading/Co-leading Small group Counseling/Individual Counseling  
Individual Student Planning (career planning, personal planning, scheduling)  
Leading/Co-leading Classroom Guidance Lessons  
Assessment (when practicum student is directly interacting with the client/student to engage in the assessment.)  
Large group activities that support Core School Counseling Curriculum (*examples*: Red Ribbon week activities whereby you are interacting directly with students on projects, Drug Awareness assembly given to students, other programs such as peer mediation/peer mentoring whereby you train and meet with students to facilitate mediation/mentoring sessions).

#### **Indirect Hours**

Maintaining case notes  
Consultation/collaboration with stakeholders for the benefit of the client/student who is not present.  
**Observations** of site supervisor implementing classroom guidance lessons, individual counseling, group counseling, etc.  
Large group activities whereby you do not interact directly with students/clients, but only coordinate the activities. This includes planning and marketing the activity.  
Other professional activities in which counselors engage on a daily basis in the practicum setting.  
1 hour per week on-site supervision  
1.5 hour per week Liberty Professor Supervision

Internship 2 467:30 (at least 300 hours)  
Elementary \_\_\_\_\_ Secondary X

TOTAL DIRECT: 197 (at least 120 hours)

TOTAL INDIRECT: 270:30

TOTAL HOURS: 467:30

TOTAL GROUP SUPERVISION HOURS: 22.5

Internship 2 students accrue a minimum of 1.5 group supervision hours each week (WebEx with Liberty course professor.) Required: 21 hours *or more* synchronized group supervision with Liberty course professor.

TOTAL FACE-TO-FACE SITE SUPERVISION HOURS: 16

In addition to group supervision hours, **internship 2** students are required to participate in 1 hour of face-to-face supervision with their site supervisor during each week of the semester of internship 2. Required: 14 *or more* face-to-face site supervision hours.

**Field Experience Cumulative (Practicum + Internships) Total:**

TOTAL HOURS 1,279:30 (minimum 700 hours)

TOTAL Elementary 305 (minimum 100 hours out of 700 hours)

TOTAL Secondary 975 (minimum 100 hours out of 700 hours)

TOTAL DIRECT 591:30 (minimum 280 hours out of 700 hours)

I certify the above information is accurate to ensure I have both elementary and secondary school experience to be eligible for K-12 license/certification.

Student Signature: 

LU ID#: L30871777

Date: 4/27/2024

### Field Experience Rubric: School Counseling

Throughout the program, you need to select field experience settings, professional memberships, internship, and practicum experiences that allow you to complete the requirements on the *Field Experience Rubric* below. This rubric is **completed by you**. All rubric areas must have a minimum rating of “Required” for licensure.

#### SCHOOL COUNSELING (K-12) ENDORSEMENT

CAEP	ASCA / CACREP	Setting	Recommended	Required
A1.1d,f	ASCA 3,5,6 CACREP 1,3	<b>Christian School</b>	<b>Two or more</b> field experiences in Christian school setting. The virtual field experience included in COSC 660 may count toward one experience.	Minimum of <b>one</b> field experience in Christian school setting. The virtual field experience included in COSC 660 may count toward one experience.
A1.1c,d,f	ASCA 3,4 CACREP 3	<b>Public School</b>	<b>Two or more</b> field experiences in public school setting.	Minimum of <b>one</b> field experience in public school setting.
A1.1c,d,f	ASCA 3,5 CACREP 3,8	<b>Other settings</b> (alternative, private, charter)	Field experiences with K-12 students in <b>more than two</b> different school settings (alternative, private, charter).	Field experiences with K-12 students in <b>one</b> different school settings (alternative, private, charter).
A1.1d,f	ASCA 6 CACREP 3	<b>Cultural Diversity</b> (ethnicity, SES, gender, language, urban, rural, etc.)	Field experiences with K-12 students who represent <b>more than two</b> different aspects of cultural diversity (ethnicity, race, SES, gender, language, urban, rural).	Field experiences with K-12 students who represent a minimum of <b>two</b> different aspects of cultural diversity (ethnicity, race, SES, gender, language, urban, rural).
A1.1c,d,f	ASCA 4 CACREP 3,7,8	<b>Exceptionalities</b> (learning disability, autism, emotional disturbance, intellectual disability, other health impairment, developmental delay, multiple disabilities, traumatic brain injury, etc.)	Field experiences with K-12 students who represent <b>more than two</b> different categories of exceptionality.	Field experiences with K-12 students who represent <b>two</b> different categories of exceptionality.
A1.1c,d	ASCA 3,5,6 CACREP 3,8	<b>Grades PreK- 5/6</b>	Field experiences include <b>more than 100 hours</b> in grades preK-6.	Field experiences include <b>100 hours</b> in grades preK-6.
A1.1c,d	ASCA 3,5,6 CACREP 3,8	<b>Grades 6/7-12</b>	Field experiences include <b>more than 100 hours</b> in grades 7-12 setting.	Field experiences <b>100 hours</b> in grades 7-12 setting.
A1.1d,f	ASCA 1,6 CACREP 2,3	<b>Professional organizations/Professional Liability Insurance</b>	Membership and <b>active</b> participation in <b>more than one</b> professional organization for school counselors. Active memberships ASCA is required for practicum and internships. (example memberships include ACA, state counseling/school counseling organizations, AACC, etc.)	Membership and <b>active</b> participation in <b>one</b> professional organization for school counselors. Active memberships in ASCA is required is required for practicum and internships.
A1.1c,d,f	ASCA 1,5 CACREP 3,8	<b>Total hours for placement</b>	Completed <b>more than 700 hours total, including leading groups.</b>	Completed <b>700 hours total, including leading groups.</b>
A1.1c,d,f	ASCA 1,5 CACREP 3,8	<b>Total direct hours for placement</b>	Completed <b>more than 280 direct hours total.</b>	Completed <b>280 direct hours total.</b>

