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Presentation Tools Technology Badge
Challenge 1: Design Your Presentation

Create a planning document that includes:

1. *The topic/focus of your original presentation. Your presentation should be instructional in some manner (e.g., teaching a process; providing information about a person, place, or thing; demonstrating how to solve a problem, etc.). In total, your finished presentation should require approximately 3 to 6 minutes of instruction/information to be presented.*

The topic of the presentation is a module out of a larger workshop for new yoga teachers: it is on using the Class Blocking Methodology to design a yoga class from scratch. In this module, I introduce participants to the Class Blocking Methodology and provide a full example that showcases the method in action. I have adapted this presentation from a much larger workshop presentation which was submitted as part of EDCI 572's course requirements. This project was born out of the idea that fundamental sequencing strategies are not taught in all Yoga Teacher Training programs.

2. *A clear and complete description of the target audience for your completed presentation. Who will be the learners/users of the instruction provided by your presentation? What are their key attributes?*

The target population for this presentation is 5-10 new yoga teachers with a RYT-200 teaching certificate, at least five classes under their belts, and possessing three years of experience or less. The cohort size was determined to make the workshop manageable due to the active learning strategies that will be employed throughout and the need to partner participants with one another to maximize learning and transfer. The data sources are currently my observations over the 12 years I have been a yoga teacher and the 10 years I have been a yoga business owner, and the countless informal interviews I have had with individuals in the yoga community in my area. I will pay special attention to the diversity of ability levels to design a class and tailor my approaches to maximize all learners' engagements in the workshop so that more experienced learners walk away with just as much as those with minimal teaching experience. I will utilize my background in teaching and in creating equitable learning environments to empower all learners.

3. *The objectives for your presentation. What will the learners/users be able to do once they have received your presentation?*

Performance Objective: When shown the Class Blocking Methodology [CN], Participants will learn the technique [B] with accuracy [CR].

Practically speaking, the objective of this presentation is to teach the basic attributes of the Class Blocking Methodology and to provide an example to illustrate the method. A knowledge check will take place once the example has been explained in order to confirm they have learned the framework of the method with accuracy. As a result of this presentation, Participants will be able to then practice the method with accuracy.

4. *A detailed outline of the key instructional elements and all sub-elements that will be presented, what each element will consist of, and the order/sequence of the presentation.*

Class Blocking Methodology (module):

1. Start the PowerPoint Presentation.
2. Follow the Slides to explain this module within the larger workshop.
 - a. *Follow animations and notes for Overview & Objective*
3. Slide 3: Basic overview of the Class Blocking Methodology.

- a. *Follow animations and notes.*
 - b. Distribute the “Class Blocking Method (Blank Worksheet).”
 - c. Instruction on the framework of the method.
4. Slide 4: Flow of the blocks and generic sequence examples for each block.
 - a. *Follow animations and notes.*
 - b. Review of how adaptable the method is depending on the type of class you are teaching.
5. Slide 5: Timing examples for the blocking method.
 - a. *Follow animations and notes.*
 - b. Review of how adaptable the method is depending on the time duration or style of class you are teaching.
6. Slide 6: Bell curve visualization and tie back to examples provided in earlier slides.
 - a. *Follow animations and notes.*
 - b. Review how visualizing using the blocks or the curve are mnemonic aids.
7. Slide 7: Review the example.
 - a. *Follow animations and notes.*
 - b. Distribute the “Example: Completed Class” Handout.
 - c. Review the example.
 - d. Knowledge Check
8. Ask if participants have any questions about the method or the example provided.
9. Slide 8: Recap the Module & Review What’s Next
 - a. *Follow animations and notes.*
10. Announce a Break (**End of Presentation**)