

March

February 19th, 2026

Note from Principal Rowland

Hello Tribe,

March always feels like a month of growth. As the days get longer and we head into spring, we are seeing tremendous growth in our students-academically, socially, and emotionally.

Our spring testing is quickly approaching. This is a great opportunity for students to show all they have learned this year. We will celebrate at the end of year Chief Champion Day.

Please take a moment to read through the whole newsletter. We have some important dates and fun activities for students and families in the next couple months. Idaho State Assessments will be starting in March before Spring Break. Please see flyers below.

Thank you for your continued support and partnership. Our Tribe continues to get stronger, together. ♥

Seltice Chief Calendar

March 2nd-5th: Progress Reports Go Home

March 2nd: Dr. Seuss Week (Hat Day)

March 3rd: Twin Day

March 4th: Dress as your future Career or College Gear.

March 5th: Pajama Day

March 4th: PIE Meeting @ 4pm (All Grown Up's Welcome)

March 1st-20th: PIE [See's Candy Fundraiser Link](#)

March 6th: Triple Play Night 6:00-9:00pm

March 14th: Wine, Stein and Dine @ 6pm

March 16th-19th: Book Fair Week

March 17th-19th: 3rd-5th Grade ISAT ELA PT

March 19th: After School Family Teacher Conferences (Sign Ups Sent Home 3/2)

March 20th: Morning Family Teacher Conferences (Sign Ups Sent Home 3/2)

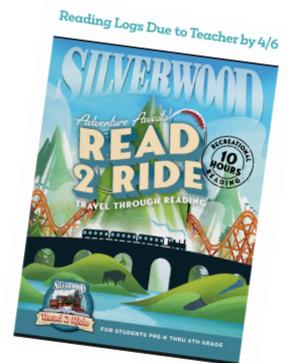
March 24th-26th: 3rd-5th Grade ISAT ELA CAT

March 26th: NED Show Character Assembly @ 9:15am

March 27th-April 5th: Spring Break

April 6th: Silverwood Read to Ride Logs Due

April 8th: Class Spring Picture Day



Other Important Tribe News

Note from PF Education Foundation:

Hello Post Falls Families-

The Post Falls Education Foundation is looking forward to our 29th annual fundraising event. The foundation is a 501(c) 3 non-profit organization committed to enriching the educational experiences available to all students attending our Post Falls schools, grades PreK-12. The money raised funds grants submitted by Post Falls School District educators.

The Post Falls Education Foundation, over the past several years, has raised over \$900,000. The funds go directly to the classroom educators through more than 100 grant requests each year, benefiting thousands of Post Falls students.

The Post Falls Education Foundation would like to invite you to the event;

When: March 14th

Where: Kootenai County Fairgrounds, Jacklin Building

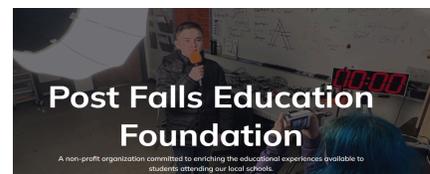
Time: 6:00pm-9:00pm

For more information and to purchase tickets visit www.pfefwsd.org

If you would like to become a sponsor or donate to the silent auction, please [click here](#) for more information.

Thank you for your support, and we look forward to seeing you there!

-The Post Falls Education Foundation



Due to the closure on December 17, school will be in session on May 29th as a make-up day.

Flyers For Upcoming Events

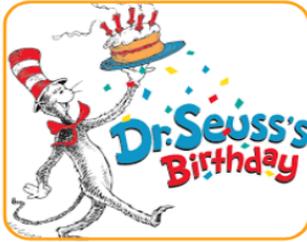


Help us celebrate the one and only Dr. Seuss, March 2nd-5th.

We encourage you to read as many Dr. Seuss books at home that you can! You can also go to www.seussville.com to watch Dr. Seuss Cartoons!

DRESS UP DAYS

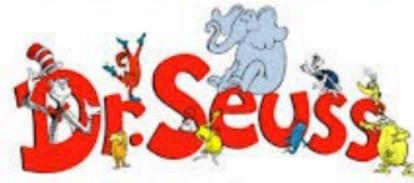
- MON** The Cat in the Hat Hat day!
- TUE** We Are Thing 1 and Thing 2 Twin Day
- WED** Oh, the Places You'll Go! Dress as your future career, or college gear!
- THU** I Am Not Going To Get Up Today! pajama Day!



CAREER VIDEOS!

WE ARE ASKING FOR YOUR HELP!

We are looking for community members, friends, and family that would like to read a Dr. Seuss book at work! We are hoping to collect videos to play in classrooms throughout the week! If you are interested, scan the QR code for more information!



Thank you for your interest in our Dr. Seuss Career day reading!

We are looking for videos of you reading a dr. seuss book at work!

In the video we are looking for:

1. Name
2. Job Title
3. Brief description of what your job entails
4. A read aloud story of your favorite Dr. Seuss book.

You can do this on your camera phone or laptop!

Once complete you can upload your video to this drive account where the school will have access to your videos!

Thank you for your participation!

-Seltice Elementary

[Click this link to Upload Video](#)

Idaho State Achievement Test!

FAMILY FLYER

Dear Families,
Our Idaho State Achievement Testing days are coming soon! These assessments help us celebrate your child's growth and learning. Your support makes a **BIG** difference. Testing will be daily from 9:00am-11:00am

FAMILY TIPS:

- Get a good night's sleep
- Eat a healthy breakfast
- Encourage them to **Do Their Best!**
- Be Present and on Time
- Please plan ahead, if possible, do not schedule appointments for these days/times.
- It's beneficially for students to test with their peers.

TESTING SCHEDULE

3rd Grade	
ELA PT	Tuesday/Wednesday March 17th/18th
ELA CAT	Monday-Thursday March 23rd/24th/25th/26th
Math CAT	Tuesday/Wednesday April 14th/15th
Math PT	Tuesday/Wednesday April 21st/22nd
4th Grade	
ELA PT	Tuesday/Wednesday March 17th/18th
ELA CAT	Monday-Thursday March 23rd/24th/25th/26th
Math CAT	Tuesday/Wednesday April 14th/15th
Math PT	Tuesday/Wednesday April 21st/22nd
5th Grade	
ELA PT	Tuesday/Wednesday March 17th/18th
ELA CAT	Monday-Thursday March 23rd/24th/25th/26th
Math CAT	Tuesday/Wednesday April 14th/15th
Math PT	Tuesday/Wednesday April 21st/22nd
Science	Tuesday/Wednesday April 28th/29th

We have some fun built in breaks, snacks and incentives. Can't wait to see all your child's growth. Please reach out with questions.

Join us for a Seltice Elementary Fundraiser Night at

TRIPLE PLAY

March 6th, 2026
6:00pm-9:00pm

- Parent/Guardian must accompany their child
- Prepay to avoid the line or pay when you arrive. If you'd like to prepay, visit the link below.
- Wristbands are **\$22 per person for all attractions**. This includes the WATERPARK.
- Proceeds will go to our end of year **Chief Champion Day** for all our Chief's hard work on reaching their goals.

★ Here is your presale link for your Triple Play Fundraiser night.
Presale Link: <https://3play.connectngo.com/en/tag/seltice>



January 23, 2026

Note from Principal Rowland

Hello Amazing Families,

I cannot believe this year is already half way through. Our students are achieving their goals and the growth overall at Seltice this year has been substantial. Thank you for those who continue to get your kiddos to school each and everyday. We understand there are illnesses that keep students at home at times. Their daily attendance is an impactful indicator of success. Please reach out if there are factors that are keeping your student home that we can help support you with.

Thank you for your continued support and partnership. Our Tribe continues to get stronger, together. ❤️

Seltice Chief Calendar

- January 23rd: End of 1st Semester
- January 26th: Semester 1 Report Cards Going Home
- January 28th: Rescheduled Winter Choir Concert 6:15pm
- February 2nd: School Counselor Appreciation Week
- February 4th: PIE Meeting @ 4pm (All Grown Up's Welcome)
- February 16th: No School - President's Day
- February 19th: Radical Rick Assembly 2:15 (info on After School Science program immediately follows)
- February 24th: Post Falls School Board to Visit Seltice
Post Falls Kiwanis to read to Kindergarten Classes
- March 2nd-5th: Progress Reports Go Home
- March 4th: PIE Meeting @ 4pm (All Grown Up's Welcome)
- March 14th: Wine, Stein, and Dine

Other Important Tribe News

Colder Weather

Please ensure your child is coming to school dressed for the weather. We will go outside as long as the 'feels like' remains double digits.

Weather guidelines for children (wind chill, heat index, etc.)

Cold = The "feels like" temperature should be at least 10 degrees.

Understand the Weather



- 30° is **chilly** and generally uncomfortable
- 15° to 30° is **cold**
- 0° to 15° is **very cold**
- -20° to 0° is **bitter cold** with significant risk of **frostbite**
- -20° to -60° is **extreme cold** and **frostbite** is likely
- -60° is **frigid** and exposed **skin will freeze** in 1 minute

Weather Guidelines for Children

		Wind-Chill Factor Chart (in Fahrenheit)								
		Wind Speed in mph								
Air Temperature		Calm	5	10	15	20	25	30	35	40
	40	40	36	34	32	30	29	28	28	27
	30	30	25	21	19	17	16	15	14	13
	20	20	13	9	6	4	3	1	0	-1
	10	10	1	-4	-7	-9	-11	-12	-14	-15
0	0	-11	-16	-19	-22	-24	-26	-27	-29	
-10	-10	-22	-28	-32	-35	-37	-39	-41	-43	

Comfortable for out door play
 Caution
 Danger

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The Post Falls Education Foundation, over the past several years, has raised over \$900,000. The funds go directly to the classroom educators through more than 100 grant requests each year, benefiting thousands of Post Falls students.

The Post Falls Education Foundation would like to invite you to the event;

When: March 14th

Where: Kootenai County Fairgrounds, Jacklin Building

Time: 6:00pm-9:00pm

For more information and to purchase tickets visit www.pfefwsd.org

If you would like to become a sponsor or donate to the silent auction, please [click here](#) for more information.

Thank you for your support, and we look forward to seeing you there!

-The Post Falls Education Foundation



★Message from District Office★

Due to the closure on December 17, school will be in session on May 29th as a make-up day.

WE ARE HERE TO HELP OUR STUDENTS EXPERIENCING HOMELESSNESS



Parents/Guardians,

In order to make certain all our students receive appropriate educational support, Post Falls School District 273 conducts a mid-year residency verification. Residency is defined as where your family sleeps at night. **Has your residency changed since September 2, 2024?**

If so AND if any of the following statements are true for your family, please contact your school counselor or the Post Falls School District McKinney-Vento Liaison, *Courtney Beach*, at 208-773-0999 or courtney.beach@sd273.com for more information about educational services that may be available to your student(s) and family.

- We are doubled up with friends, grandparents, or other family due to economic hardship.
- We are living at a hotel/motel because other housing is unattainable.
- We are living in a domestic violence shelter.
- We are living in transitional housing.
- We are sleeping in public places or abandoned buildings.
- We are living in a car, trailer or campground.
- We are living in a home for pregnant or unwed mothers without another place in which to live.

Loss of student's parent is the physical custody of one parent or guardian



1st Grade Parade



Winterfest



Updated Bball Court



Veteran's Day



Fire Safety



Super Chief



Book Character Day



Winterfest



Winter Sign Along



Chief Character Party



Principal
Pizza
Party

JANUARY

December 18, 2025

Note from Principal Rowland

Thank you so much for coming and participating in our Winterfest event! Your presence, enthusiasm, and support truly made the evening a huge success. It was wonderful seeing our community come together to celebrate the season. We wish you and your family a wonderful and relaxing winter break filled with joy and rest. We look forward to seeing our students again in 17 days, on Monday, January 5th! Happy Holidays!

Seltice Chief Calendar

January 5th: Back to School from Winter Break
January 7th : PIE Meeting @ 4pm (All Grown Up's Welcome)
January 15th: MLK Assembly @ PFHS 9:30am
January 19th: No School - Martin Luther King Jr. Day
January 23rd: End of 1st Semester
January 26th: Semester 1 Report Cards Going Home
February 2nd: School Counselor Appreciation Week
February 4th: PIE Meeting @ 4pm (All Grown Up's Welcome)
February 16th: No School - President's Day



Other Important Tribe News

★School Messenger★

If you did not receive communication about our Wind Emergency Day, please be sure to opt-in to our School Messenger System below;

- Send a Text to 67587 with the word 'Yes' or 'Y' in the body of the text.
- You will receive a confirmation text reply affirming your registration with School Messenger.

Lost and Found Will be donated January 8th.

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The Post Falls Education Foundation would like to invite you to the event;

When: March 14th

Where: Kootenai County Fairgrounds, Jacklin Building

Time: 6:00pm-9:00pm

For more information and to purchase tickets visit www.pfefwsd.org

If you would like to become a sponsor or donate to the silent auction, please [click here](#) for more information.

Thank you for your support and we look forward to seeing you there! -The Post Falls Education Foundation
Winter Sing Along





November 25th, 2025

Note from Principal Rowland

As we approach the Thanksgiving holiday, I want to take a moment to express my sincere gratitude to our students, families, teachers, and staff. Your support, partnership, and commitment to our school community make a meaningful difference each and every day.

Seltice Chief Calendar

November 26th-November 28th: Thanksgiving Break
December 3rd: PIE Meeting (Parent Winterfest Meeting) 4:00pm
December 5th: Choir Performance at City Hall at 6:15pm
December 8th-December 11th: Book Fair Week 📖
December 8th: 2nd Quarter Progress Reports
December 11th: Winterfest 5:00-6:30pm (see flyer below)
December 15th-December 18th: Holiday Spirit Week (see flyer below)
December 16th: 5th Grade Eagle Cruise 🦅
December 17th: Winter Choir Concert @ Seltice Gym 6:00pm
December 19th- January 4th: Winter Break ❄️

📣 Other Important Tribe News 📣

Conferences

It was wonderful to see so many of you at conferences. Thank you for coming. If you have not set up a conference time, or missed yours, please reach out to your student's teacher to reschedule or chat over the phone. We would still like to meet with all families. Our collaborative efforts are essential in the success of our students at Seltice. 🏠

PIE Volunteers

Thank you parents for the snacks for teachers during conferences. Your partnership is essential for the positive success of our teachers and students. If you like to get involved and join the P.I.E group (Partners in Education), [clicking this link](#) and find us on Facebook to follow events and ways to support Seltice.

Food Drive THANK YOU for those who donated and supported our local food bank The 3rd Avenue Market. We collected 660 lbs of food. ❤️

Colder Weather

As we approach the colder winter weather, *please ensure your children are prepared for the inclement weather.* We do our best to get them outside and active. Please pack them with change of clothes in their backpacks. It would be extremely helpful for us and them. ❄️ 🧣 🧤

Continued.....

Lost and Found

Please check the Lost and Found at the front office as it is overflowing with lost belongings. It will be donated during winter break.

Yearbook/Photos

We will be doing a Year Book this year. Order forms to come in the Spring. Please reach out if you **do not** want your child's picture to appear in the yearbook and/or other school newsletters.

Holiday Flyers



DECEMBER 11TH 5:00-6:30PM



COME ENJOY

SELTICE ELEMENTARY

OUTSIDE THE CLASSROOM!

MEET THE STAFF YOUR STUDENT INTERACTS
WITH EVERY DAY! TEACHERS WILL BE VOLUNTEERING TOO.

-RECESS

-P.E.

-LIBRARY (BOOK FAIR)

-KITCHEN

-AND PIE (PARTNERS IN EDUCATION GROUP!)



JOIN US FOR HOT COCOA. GAMES. AND MUSIC
MOST ACTIVITIES ARE **FREE**. HOWEVER. PIE WILL HAVE
FACEPAINTING. CANDYCANES CRAFT AND
A RAFFLE. PLEASE BRING CASH FOR THOSE ACTIVITIES



holiday Spirit Week

DECEMBER 15TH-DECEMBER 18TH

MONDAY DECEMBER 15TH
WEAR A CHRISTMAS SWEATER;
THE TACKIER THE SWEATER,
THE BETTER!

TUESDAY DECEMBER 16TH
WEAR RED AND GREEN;
STUDENTS WEAR GREEN AND
RED, OR MIX WITH GOLD AND
SILVER ACCENTS.

WEDNESDAY DECEMBER 17TH
HOLIDAY HAT DAY:
WEAR A SANTA HAT, REINDEER
ANTLERS, ELF HAT, OR
FESTIVE HEADBAND.

THURSDAY DECEMBER 18TH
PAJAMA DAY:
STUDENTS WEAR COZY PAJAMAS

NOVEMBER

October 27th, 2025

Note from Principal Rowland

November is a great reminder that our school is only as strong as the community that supports it. We want to extend our deepest gratitude to every parent, volunteer, and family member who contributes to the vibrant life here at Seltice. From helping with homework to volunteering and supporting our teachers, your partnership is invaluable. Thank you for your continued enthusiasm and commitment. We are truly fortunate to have such a supportive and involved group of families. Happy November!

Seltice Chief Calendar

October 27th-October 30th Celebrating how “scary good” reading can be (see flyer below)

October 30th: Trunk or Treat 🍂 (See Flier Below)

November 4th: Election Day

November 6th: P.I.E Skate Night 6:00-8:00pm

November 10th: Picture Retakes

November 13th: World Kindness Day

November 20th: Evening Conferences after school (sign ups coming home 11/6 by email)

November 21st: Morning Conferences

November 26th-November 28th: Thanksgiving Break

👁️ **Looking Ahead** 👁️

December 8th-December 11th: Book Fair Week 📖

December 8th: 2nd Quarter Progress Reports

December 11th: Winterfest

December 16th: Eagle Cruise 🦅

December 19th- January 4th: Winter Break ❄️

📣 Other Important Tribe News 📣

Fundraiser

THANK YOU for helping your students use their awesomeness to help our school and spread HIGH FIVES and POSITIVE VIBES in our community!! Every dollar raised makes a difference in the lives of our students. Students should have received their prizes. If they have not, please contact their teacher. I will share photos and the total amount raised as soon as everything is finalized.

Colder Weather/Lost and Found

Please provide extra clothes as the weather gets warmer. 🧤

On the same note please check the lost in found, it will be donated after Conferences at the end of November.

REMINDER: Please **DO NOT** park on the south side of the building along the sidewalk. This is where our buses pick up and drop off each day. Thank you.

Yearbook/Photos

We will be doing a Year Book this year. Order forms to come in the spring. Please re-
out if you **do not** want your child's picture to appear in the yearbook and/or other school newsletters.

Continued...



Seltice Chief Superstore Donations

If you have gently used or new toys, items, or clothes (ex. cars, fidgets, action figures) that other students may love, please drop them by the office. These incentives are used to encourage students to be Responsible, Respectful, Safe and Kind. They are also used to Celebrate Achievement.



We are fortunate to have Allysa Sjolie as the Seltice one day each week and on call if we need assistance. We are also a member of the Coeur d'Alene Police Department for providing the additional support and safety.

Event Flyers

NEXT

There will be **no Halloween Parade** this year. We will be **up after school** and join us for a fun event. We also encourage your students to join us in other ways.

THE PARENT SUMMIT

A Gathering for Everyone Raising Kids



NOVEMBER 8, 2025
9:00 AM to 3:00 PM

Lakes Community Middle School
930 N 15th St, Coeur d'Alene, ID 83814



Connect with others raising kids to share ideas, encouragement, and practical ways to support both your children and your community.

Through *Parent Café* conversations, the *HOPE Framework*, and the *Strengthening Families* approach, you'll connect with other parents and caregivers, hear real experiences from families in your own community, and explore what has helped them find support and get involved.

What to Expect:

- Connect with people who understand the challenges of raising kids today
- Learn simple tools that build family and community strength
- Discover opportunities to get involved in programs, organizations, and activities where your voice matters
- We'll have free breakfast, lunch, and snacks to keep you fueled and comfortable

Free on-site childcare provided in partnership with the Coeur d'Alene School District and Boys & Girls Club of Kootenai County

Be part of the conversation. Register now →

<https://www.tfaforms.com/5195859>

For any questions contact K.J.Brant@CTF.Idaho.Gov



Family SKATE NIGHT



WE ARE KICKING OFF OUR TRUNK OR TREAT EVENT BY CELEBRATING HOW SCARY GOOD READING CAN BE!

Mon. 10/27

COZY UP WITH A GOOD BOOK

Pajama Day!

Wed. 10/29

READING RAINBOW

Wear your grade level color!

K- Red 3- Green
1- Orange 4- Blue
2- Yellow 5- Purple

Title, Admin & Support staff wear PINK



Tue. 10/28

CHARACTER DAY

Dress up as your favorite **BOOK** character, or bring your favorite book!
(You must be able to prove what character you are, and costumes must be school appropriate)

Thur. 10/30

BOOK BUDDIES

Twin day, or wear your spirit wear to match your teacher!



Bus parking lot
5:00 - 6:30pm

Stop by and enter to win a "boo basket"!



September 30th, 2025

Note from Principal Rowland

Happy October! Thank you for all you do to support our students and us. ❤️ 😊

With the wet weather here and more approaching, please consider putting extra clothes and/or socks in your student’s backpack. We are continuing to work on what it means to be a Chief (leader) here at Seltice. Our Character Traits are: Responsible, Respectful, Safe and Kind.

Seltice Chief Calendar



September 30th: Dual Meet Mullan Trail/Seltice (Start is on Football field between schools, participants there at 4:15pm) Race Starts at 4:30 promptly.

October 2nd: Individual Picture Day 📷 (Picture packets have come home or you can order online [Dorian Studio](#))

October 6th: 4th & 5th District XC meet @ PFHS 4:30pm

★ Be the ONE Fundraiser Kickoff (Be on the lookout for more information)

October 7th: 1st, 2nd, 3rd Grade District

October 8th: PIE Partners in Education Meeting & Annual Title Meeting (All Grown-Up’s Welcome) 4:00pm

Week of October 13th - 1st Quarter Progress Reports

October 30th: Trunk or Treat 🎃 (See Flier Below) Individual Classroom Harvest Parties information will come from classroom teachers.

👁️ Looking Ahead 👁️

November 4th: Election Day

November 10th: Picture Retakes

November 13th: World Kindness Day

November 20th: Evening Conferences after school

November 21st: Morning Conferences

November 26th-November 28th: Thanksgiving Break

📣 Other Important Tribe News 📣

Please review expectations when visiting Seltice;

Welcome to Seltice



🚪 Entry Procedure:

- ① Press the exterior CALL button. 📞
- ② Remain in front of the camera for identification. 📷
- ③ Have your Driver’s License ready to show when prompted.
- ④ Once buzzed in first set of doors, enter the vestibule.
- ⑤ Inside the vestibule, press the interior CALL button. 📞
- ⑥ Hold up your Driver’s License to the camera again. 📷

🔒 Remain in front of the camera until the second door is unlocked.

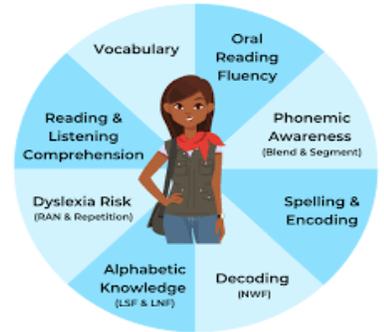


Parent Engagement Funds

Please click this [link](#) to take our Parent Engagement Funds Survey.

Assessment Change

Our State Reading Assessment is now called Amira, not Istation. Amira provides personalized, research-based reading support to help every child grow. Teachers will use insights from monthly Amira assessments to better understand each student's reading progress and to tailor instruction.



October 30th

There will be no Halloween Parade this year.

We invite you and your family to dress up after school and join us for a fun event.

Teachers will do a class activity time at the end of the day also.

Please keep an eye out for information from your student's teacher.

It's a great opportunity to try on those costumes, come visit your teachers and have some fun.



**Bus parking lot
5:00-6:30pm**

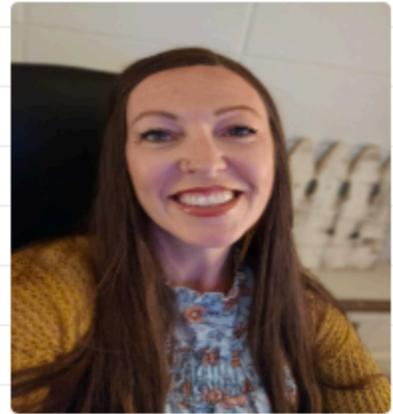
**Stop by and enter to win
a "boo basket"!**

Counselor's Corner

Our wonderful Counselor Ms. Kelly Garrett needs some donations for our 'clothes closet'. We like to have clothes available for students who need a change of clothes. If your student accesses our available clothes, please wash and return them. 😊

It is also very helpful if you pack your students a change of clothes in their backpack. Especially, students in kindergarten and first grade.

If you are willing and able, **we could really use Girls and Boys pants and shorts. Our biggest need are size 5T and/or sizes 6-8.** Thank you in advance. ❤️



Visit The New Counselor's Corner 'Tab' above to learn more..



Fall 2025



The HALO Program is a ten-week intensive counseling program. The program offered in the fall of 2025 will be targeted for children ages 8-12 and is available for 6 children/families at a time. The program is divided into three categories: Trauma Education Classes (TEC), Kids Club, and Family Therapy sessions. All together families receive 50 hours of therapy during the 10 weeks (20 of group for parents, 20 of group for the children, and 10 hours for each individual family together).

TEC Classes

Classes are limited to 12 caregivers and each class is 2 hours in duration. Classes teach connecting, empowering, and correcting principles of TBRI through experiential exercises, group discussion, and role play. TEC is facilitated by a licensed therapist.

Kids Club

This occurs at the same time as TEC classes and each child is paired with a TBRI trained one-on-one buddy to support their emotion regulation and skill building. The activities in kids club are designed to teach feeling expression, emotion regulation, and life value terms associated with TBRI. This club is led by a licensed clinician.

Family Therapy Sessions

Sessions focus on teaching connection through child-led play using TBRI principles and role play of skills learned in TEC and Kids Club. Trauma processing through use of storytelling, play therapy, and life books is also included. Therapists draw on their training in a variety of modalities, including Internal Family Systems, and EMDR.

Mondays, 6-8 pm
October 6 - December 15

Family Therapy Sessions scheduled individually
Fully Funded - Free to Participate

Join the list at villageofhopeccda.com/the-halo-project



ANGER MANAGEMENT GROUP

Call to Register 208-772-3116

Are you having trouble with:

- Overstimulation
- Patience
- Frustration
- Self-control
- Relationship dynamics

Wednesdays
7:00-8:00pm
Starting 10/1/2025



WHAT TO EXPECT

- Practical tools for controlling anger
- Supportive group environment
- Stress management strategies
- Improved communication skills

WHO CAN JOIN

Adults seeking healthier ways to cope with stress and anger.

-  **Low Cost**
We accept Idaho Medicaid and Private Pay
-  **Evidence-based treatment**
Cognitive Behavioral Therapy Approach
-  **Overcome Your Anger**
Call or scan the QR code to contact us through our website to register.
208-772-3116





COUNSELING & TARGETED SERVICE COORDINATION

Take the first step
TOWARD CALMER, MORE BALANCED LIVING.

Learn to manage emotions, build healthier coping skills, and deconstruct communication

Location:
HighRoad Human Services
7905 N Meadowlark Way Ste B
Coeur d'Alene, ID 83815

Call to Register 208-772-3116

Volunteers

WE love our volunteers. ❤️

We also sometimes need volunteers to fill in for support staff (duty paras, librarian, exploratory).

If you'd like to apply to be a paid volunteer on occasion, please click link and apply to position shown below.

This would be on random occasions and for various support staff positions.

We'd love to have you. Please reach out to your child's teacher directly to volunteer in their classroom.

[Here's the link to apply:](#)

	MAINTENANCE	MAINTENANCE GROUNDWORKER	MAINTENANCE	Full Time	When Filled
	MAINTENANCE	MAINTENANCE WORKER	MAINTENANCE	Full Time	When Filled
Athletics and Extra	EXTRA CURRICULAR	ASST BOYS BASKETBALL	POST FALLS HIGH SCHOOL	Part Time	When Filled
Athletics and Extra	EXTRA CURRICULAR	ASST WRESTLING	POST FALLS HIGH SCHOOL	Part Time	When Filled
Athletics and Extra	EXTRA CURRICULAR	GIRLS BASKETBALL 9TH	POST FALLS HIGH SCHOOL	Part Time	When Filled
Athletics and Extra	EXTRA CURRICULAR	HEAD WRESTLING GIRLS	POST FALLS HIGH SCHOOL	Part Time	When Filled
Certified - Pupil Suj	COUNSELOR	COUNSELOR 9-12	NEW VISION ALTERNATIVE :	Full Time	When Filled
Certified - Pupil Suj	NURSING	NURSE	DISTRICT OFFICE	Full Time	When Filled
Certified - Pupil Suj	NURSING	NURSE (ADN)	DISTRICT OFFICE	Full Time	When Filled
Classified - Student	BEHAVIORAL INTERVENTIONIST	BI		Part Time	When Filled
Classified - Student	CLASSIFIED	INTERPRETER	MULLAN TRAIL ELEMENTARY	Part Time	When Filled
Classified - Student	CLASSIFIED	SPEECH LANGUAGE PATHOLOGIST ASSIS	POST FALLS LEARNING CEN	Part Time	When Filled
Classified - Student	CUSTODIAL	NIGHT CUSTODIAN		Full Time	When Filled
Classified - Student	ELEMENTARY SUBSTITUTE PARAPROFES	ELEMENTARY SUBSTITUTE PARAPROFES		Part Time	04/30/2026
Classified - Student	GAP	GAP ASSISTANT ROVING		Part Time	When Filled
Classified - Student	PARAPRO	DUTY AIDE	WEST RIDGE ELEMENTARY	Part Time	When Filled
Classified - Student	PARAPRO	IN-SCHOOL SUSPENSION	POST FALLS MIDDLE SCHOC	Part Time	When Filled
Classified - Student	PARAPRO	LIFE SKILLS PARA	POST FALLS HIGH SCHOOL	Part Time	When Filled
Classified - Student	PARAPRO	LIFE SKILLS PARA	PRAIRIE VIEW ELEMENTARY	Part Time	When Filled
Classified - Student	PARAPRO	LIFE SKILLS PARA	TREATY ROCK ELEMENTARY	Part Time	When Filled
Classified - Student	PARAPRO	LIFE SKILLS PARA	WEST RIDGE ELEMENTARY	Part Time	When Filled
Classified - Student	PARAPRO	RESOURCE PARA	POST FALLS MIDDLE SCHOC	Part Time	When Filled
Classified - Student	SUB TEACHER/SPECIAL EDUCATION PAR	SUBSTITUTE TEACHER/SPECIAL ED PARA		On Call	05/29/2026
Classified - Student	TRANSPORTATION	SUBSTITUTE BUS AIDE	TRANSPORTATION	Part Time	04/30/2026
Classified - Student	TRANSPORTATION	SUBSTITUTE BUS DRIVER	TRANSPORTATION	On Call	04/30/2026

School Messenger

The Post Falls School District has joined the School Messenger emergency notification system. The system allows the district to communicate via text messages to parents regarding important matters such as safety alerts, school closure (weather or otherwise) or other issues affecting students.

To receive school notifications, you must opt-in to school messenger. Please follow the steps below to opt in:

- **Send a text message to 67587 with the word "Yes" or "Y" in the body of the text.**
- **You will receive a confirmation text reply affirming your registration with School Messenger.**



Seltice Elementary
Principal Falon Rowland
 Email: faalon.rowland@sd273.com
 Location: 1101 N. Chase Rd Post Falls, ID 83854



September 4th, 2025

Note from Principal Rowland

Welcome new Seltice families! Welcome back to our returning families. We are off to a great start for the **SY25-26** school year. We have worked together this week to establish what it means to be a Chief at Seltice. Please visit the **"filing cabinet"** to read detailed information about our school expectations and our routines. They will be helpful for both returning and new students.

Starting Monday, we are asking if parents drop off students at the front or drop off area and not walk them down to their class. This will give teachers their time to prep and out to duties if needed. Please reach out if your child needs more time or support to adjust and find their way. Our kinders sometimes do. ❤️ 😊

Seltice Chief Calendar



September 5th: No School-There is No School on Fridays this year.

September 9th: Last day for [Cross Country Sign Up](#)

September 11th: First Cross Country Practice 8:00-8:30am (every Tues/Thursday until Oct. 7th)

September 14th: [Tribe Spirit Shirt](#) Deadline

September 22nd: First Day of Title and GT

👁️ **Looking Ahead** 👁️

October 2nd: Individual Picture Day 📷

October 6th: 4th & 5th District XC meet PFHS

★ Be the ONE Fundraiser Kickoff (Be on the lookout for more information)

October 8th PIE Partners in Education Meeting (All Grown-Up's Welcome) 4:00pm

October 30th: Trunk or Treat 🎃

📣 Other Important Tribe News 📣

🎉 Celebration 🎉

Over the summer, for the 2ND year in a row, the Post Falls School District received some great news. Using the Idaho Reading Indicator scores, more commonly referred to as ISIP scores, the Post Falls School District is ranked **1st** among all of the large school districts in Idaho when it comes to K-3 reading proficiency and **1st** in growth. Seltice ranked **3rd** in the district and **50th** in the state out of over 500 schools. 🎉

♥️ NEW STAFF RECOGNITION ♥️

Resource Teacher: Sheena Faamau comes to us from Treaty Rock with a wealth of knowledge and experience.

Health Room Aid: Carol Bennett was in our building last year and we are so excited to have her in her new role.

Custodian: Eric Cobb has been working so hard to get Seltice clean and wonderful. We appreciate all his hard work.

Student Spirit Shirts-Thursdays Tribe



We have limited stock in the office, if you want to come pick one up or you can order online and they will be delivered to school. [Seltice Elementary Spiritwear - FALL 2025 - DIRECT LINK](#)

Continued...

Ways to get involved:

We love for you to be part of our wonderful Tribe.

- Contact your child's teacher for volunteer opportunities.
- Read the monthly newsletters for special event volunteering
- Join our Seltice PIE team by [clicking this link](#).



WE MEET THE FIRST WEDNESDAY OF EVERY MONTH FROM 4:00-4:30
AT SELTICE IN OUR STAFF MEETING ROOM

Seltice PIE is a volunteer group that sets up and helps with events such as Trunk or Treat, Winterfest, Teacher Appreciation and End of year events.

PIE is a DONATIONS ONLY based group. We provide fun experiences that support students and staff. 2025/ 2026 donations will be for appreciation days, school requests, and end of year activities.

Thank you to our current PIE members for an amazing Open House and Icecream Social. 🍦

Post Falls School District

2025 - 2026

Calendar for 2025-2026 (NOTE: No school on Fridays at anytime)

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 Student Contact Days
 Teachers Only
 Holidays
Start and end times Post Falls High School: 7:30 AM – 3:00 PM New Vision High School: 7:50 AM – 2:35 PM Middle Schools: 7:45 AM – 2:45 PM Elementary Schools: 8:55 AM – 3:40 PM
Holiday Breaks Thanksgiving Break, November 26 - 28 Christmas Break, December 19 – January 2 Spring Break, March 27 – April 3

Drop Off and Pick Up Procedures

Please use the crosswalk to ensure safety when crossing to the parking lot. Please wait on large concrete pad for your child. Thank you for your help. ❤️
List of full procedures [link here](#).

Morning Drop Off

8:30-8:50 am

Pull forward along curb towards 12th street

Child exits car on curbside (passenger side), walks along sidewalk to playground gate.

Your child will either go directly to the cafeteria for breakfast or stay on the playground for morning recess.

If your child is unable to unload quickly please pull into a parking spot near the front of the school.

Read our full [procedures here](#).



Afternoon Pick-Up

Afternoon Pick Up (3:30 for kindergarten, 3:40 for grades 1-5)

- The west end parking lot (that runs north/south on Chase) is the parent pick up area.
- Pull up to the sidewalk as far forward towards 12th street as possible. You may wait there until dismissal at 3:40. Please have your child enter the car on the right side of the vehicle and proceed out of the north end of the parking lot.
- If you'd like to walk up to the building to pick up, please park in a *designated parking spot* in the lot, or on 12th street next to the playground and walk on the sidewalk. *Do not leave your vehicle next to the curb parked and unattended.*
- The front parking lot is for staff and visitors, not for pick up unless students leave during the duration of the day for appointments or early dismissal.

[See full procedures here](#).



We are so glad you are part of our Tribe. Please let us know how we can best support you and your child. It's going to be another wonderful year at Seltice. Full of growth, encouragement, support and kindness. ❤️



Seltice Elementary

Principal Falon Rowland

Email: falon.rowland@sd273.com

Location: 1101 N. Chase Rd Post Falls, ID 83854

Phone: 208-773-1681

Website: [Seltice Family Portal](#)

Visit pfsd.com for more district information

