



January - March Totals 2024 Q1 Report: USA

During the quarter of January to March, ACT Foundation USA Volunteers donated:

a total of **493 kgs** of food for people in need,

served **746** vegan meals to homeless adults and shelters,

served **2117 kgs** of food to stray animals to those in rescue shelters and sanctuaries,

Planted **8** Fruit Trees for the FTPD,

Handed out **64** bags of clothing,

Made and distributed **100** hygiene kits,

Contributed **340** other items such as: socks, blankets, sleeping bags, hand warmers, emergency blankets, sanitary napkins, cleaning supplies, animal toys and animal blankets,

Volunteered **581** hours of their time for a total of **40** Activities throughout the USA.

January 2024

- **Volunteers in Arizona lovingly donated 123 meals and 5 kgs of dry goods to the Casa Maria Food Bank. The volunteers made snack bags with peanut butter and jelly sandwiches, chips, cookies, and water. Volunteers in Massachusetts prepared a fresh vegan meal for 20 homeless individuals at Pathway Family Shelter in Framingham, MA. Meals included - Veg Pasta, Veg Fried Rice, Veg Patties with Buns. and Fresh Fruits (bananas, apples, and oranges). Houston volunteers kindly served a vegan dinner for 35 Ballard house residents (patients) with all high school kids, and all the residents were happy. Dinner included: Veg pulao, allo matar, dinner rolls, veg pasta, quinoa chickpea salad, tomato soup. Also, 20 food packs were made for residents' hospital visits, crackers, peanut butter crackers, plain chips, fresh fruit, and water bottles.**
- **The Arizona team distributed 1.4kgs of bread to wild birds on the street. In Connecticut 1333.6kgs of hay and straw were donated to Freedom Farm Animal Sanctuary where around 90 animals live. Volunteers in Texas donated 240 kgs of dry and wet cat food, litter, wipes, detergent, hygiene kits, and blankets to the organization For the Love of Cats. In California 36kgs of food was fed to stray cats.**
- **In collaboration with Rotary club Miami Airport and Rotary club of Sunrise, Florida volunteers planted 8 fruit trees at Markham Park, Sunrise Florida. Plant varieties included 2 guava, 2 jaboticaba, 2 lychee, 1 avocado, 1 Jackfruit.**



- Michigan volunteers donated 24 hygiene kits to homeless people, each kit included: shampoo, conditioner, toothpaste, toothbrush, body wash, and lotion.
- To support the migrant crisis, the Dallas team sent all the donations that they collected from the winter clothing drive to Denver. They shipped 14 blankets, 20 adult jackets, 13 kid's jackets, 10 sweaters, 4 hats, and 3 scarves. Michigan ACT USA volunteers in Kalamazoo Michigan passed out 24 bags containing: winter hats, gloves, socks, hand warmers, hygiene kits, and a vegan snack item for their houseless friends.

February 2024

In honor of our beloved Mohanji's Birthday, the ACT USA Team came together to show their love and appreciation by showing kindness to all beings. Across the USA, ACT volunteers planned activities and events to help benefit the less fortunate people and animals. Mohanji said "Kindness is the highest gift you can give to anyone. It's cool to be kind".

ACT USA Volunteers let it show how cool they could be by humbly honoring the words of Mohanji and serving all beings with love, patience, understanding, and kindness.

- 245 meals served to the homeless and various shelters
 - 346 kgs of Nonperishable food for people
 - 274 kgs of Animal food
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- In Arizona our volunteers lovingly donated 30 meals and 1 kgs of dry goods to the Casa Maria Food Bank. The volunteers made snack bags with peanut butter and jelly sandwiches, chips, cookies, and water. Our California volunteers humbly passed out 60 packs of food including hummus, crackers, and sparkling water to homeless people in LA. Volunteers in the Bay Area served 80 meals to The Project We Hope Shelter. Volunteers In Connecticut were so kind as to donate 40 kgs of non-perishable foods to Hands-On Hartford Volunteers. The items donated include canned vegetables such as corn, yams, green beans, chickpeas, and fruits, 13 lbs. of rice, 106 health bars, and 6 quarts of canola oil. Massachusetts volunteers donated 27 kgs of non-perishable food to Daniels Table (a non-profit organization). The donated items include granola bars, oatmeal, cereal, fruit bars, fruit snacks, canola oil, and vegan dressings. Volunteers in Michigan served 80 meals to the homeless community in Kalamazoo, Michigan. Our New York volunteers kindly served 25



people at the Bethany House. Food served included: Mexican rice, beans with vegan cheese, vegetable fajitas, tofu for taco meat, taco shells, salsa, and vegan sheera. The NY team also served 25 vegan cupcakes, and a small vegan cake to the Homeless Long Island Shelter. *Volunteers in Cincinnati*, Ohio lovingly donated non-perishable food items to the Hope House Mission, Middletown women and children shelter. These volunteers gracefully donated veggie sticks, fruit cups, juice, peanut butter cookies, snack boxes, peanut butter, and fruit jam. In Cleveland Ohio a family of volunteers kindly donated non-perishable food items to the Greater Cleveland Food Bank. Food items donated included Canned vegetables, canned fruits, peanut butter, vegan salsa, applesauce, strawberry jam, hazelnut spread, dry fruits, granola bars, pretzel sticks, cereals, and organic juice. ACT Volunteers in Dallas Texas honored Mohanji's special day by serving snack packs to the Frisco Fast Pacs. Houston volunteers kindly served a vegan dinner for 30 to the Ballard house residents (patients) with all high school kids, and all the residents were happy. Dinner included: vegan muffins, dalia kheer, lemon rice, hakka noodles, idali chutney, fresh fruits, and juice.

- Arizona volunteers fed the birds on the street's bread. The Connecticut team donated 274 kgs of animal feed to Freedom Farm Animal Sanctuary, Middlebury CT. The sanctuary rescues farms and other animals and provides a forever loving home for them. Currently the farm is home to around 70 animals. Volunteers in Virginia delivered 114 kgs of horse and donkey food to their neighbors at the MCB. The food included horse sweet feed and oats.
- Volunteers in California passed out 50 pieces of 2XL clothing for the ailing elderly residents at the We Hope Homeless Shelter. In Illinois four women sang uplifting and soothing songs to seven end of life patients and their families. The group is part of Threshold Choir International, Lake County Chapter. The New York team donated 25 blankets to the Homeless Long Island Shelter. Volunteers in Michigan passed out the following items to the homeless people, 2 bags of gently used clothing, socks, hand warmers, emergency blankets, and feminine products.

March 2024

- In Arizona our volunteers lovingly donated 46 meals and 2 kgs of dry goods to the Casa Maria Food Bank. The volunteers made snack bags with peanut butter and jelly sandwiches, chips, cookies, and water. Volunteers in Michigan served 40 meals to the homeless community in Kalamazoo, Michigan. Our New York volunteers kindly served 22 people at the Bethany House. Food served included: Veggie Pulao, Tofu curry, Lentil, cucumber, corn, peppers, avocado and arugula salad, Bite size



pita bread, Vegan Tres Leches cake, Mango Juice, and Pastry cookies. *Volunteers in Cincinnati, Ohio* lovingly served 30 meals at the Hope House Mission, Middletown women and children shelter. The delicious meal served included: Mexican Rice, Tex-Mex Mexican style Soup, Cucumber, Tomato, Avocado salad, Salsa, Tortilla chips, Chocolate chip muffins, and Orange Juice. ACT Volunteers in Dallas Texas served 50 meals and 90 kgs of food to the Frisco Fast Pacs.

- In Arizona the team distributed more than a loaf of bread to about 20 wild birds on the street. In South Florida volunteers donated 72 kgs of fruits and veggies to the Sawgrass Wildlife Nature Center. Food donated included: avocados, romaine hearts, blueberries, raspberries, blackberries, and bananas. The Massachusetts team donated 214 kgs of fruits and vegetables to the Unity Sanctuary farm in Sherborn, MA. The food included yams, plantains, tomato, celery, romaine lettuce, carrots, beets, and apples. Volunteers in Michigan served 50kgs of animal food to birds, fish, deer, squirrels, raccoons, cats, and other small animals throughout the month. In Maryland our gracious volunteers donated cleaning supplies and toys to the Small Miracles Pet rescue Center. Volunteers in Texas donated 60kgs of cat food and cat litter to the organization For the Love of Cats.
- The Dallas team donated 70 hygiene kits.
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