

2025

5th and 6th Grade

Western Ohio Volleyball League Rules

1. General:

The mission of the Western Ohio Volleyball league is for the young women to have fun while learning the fundamentals of volleyball, sportsmanship values, and fraternity. **Winning must be secondary!**

Cooperation in achieving this mission is required from all coaches, parents and fans.

1.2a It must be remembered that these are kids and the matches are for them. **ALL OF THEM.**

1.2b It must be remembered that the kids, coaches, and officials are all armatures.

1.2c A coach who thinks that their team's record reflects on his/her coaching ability and whose actions are governed by such thinking, is a poor risk for coaching youth volleyball sports. A good coach is on who achieves the mission of the league with all of the players.

1.2d All parents, fan and coaches are examples as well as role models for our youth. Obnoxious adults create obnoxious youth.

2. Participation:

2.1 Eligibility: Students must attend the school they are playing for. Cutting players in this league is prohibited.

2.2 Registration: Each player must be properly registered by the first week of matches. Each coach must keep the medical release forms in his/her possession at all practices and matches.

2.3 Rosters: All program coordinators must provide a copy of the team(s) rosters at least on week prior to the beginning of the season. The league coordinator must be advised of the reason for any player withdrawn. No player may be added to a team roster after the first match, unless the player is new to the school, or approved by the league coordinator.

2.4 Division of teams: When more than one team represents a school, in the league, each team shall be formed by equal abilities. If the league coordinator hears about or see two (2) teams from the same school and not of equal or same abilities, the coordinator has the right to have those teams become more equally competitive.

2.5 Team size: Teams will have no more than 12 players. Smaller teams allow for a fairer mix of playing time for all players. If a school has 13 or more players, a second team will be established.

2.6 Supplementing rosters: In the event that a school team does not have enough players to field a team, we will allow 4th graders to move up and play volleyball. If a team needs a 4th grader, this must be brought to the attention of the league coordinator, who is to advise the Western Ohio board for approval. Those players must remain at the high level for the entire season. No student above the 6th grade will be permitted to participate.

2.7 Uniforms: Players must have shirts numbered on both front and back of the shirt. Note: all numbers are legal. However, we ask that you have numerically numbered jerseys (1-2-3-4...etc.) All teams' school will be responsible for their own jerseys.

2.8 Penalties: The penalty for violation any or all participation rules is forfeiture of the matches in question and all subsequent matches. Severe violations will result in being dismissed for the league with not refunds. Approval from the WOVL board will be needed to return into the league. Board members are the WOVL volleyball head high school coaches, league director, and anyone asked by the board to joining the board.

2.9** All teams in the league will participate in the tournament at the end of regular season.

3.0 We ask for every school to at least host one Saturday!

3. Match Rules:

3.1 Rules: The rules are the same as the Ohio High School Athletic Association except for the following:

3.2 Playing time: each player must play in one full game, from start to finish. The only exceptions are: injury, illness, or disciplinary. Coaches: please make sure the official(s), scorer, and the gym supervisor know that a player cannot play due to one of the exceptions.

3.3 Game scoring: you will play 2 games; the games will start at zero. Each game will go to 25 with one team winning by 2 points. The cap limit is 30, must win by 2 points.

3.3a Teams will NOT switch benches between games one and two.

3.3c Warm up time: Each team will be given 3 minutes on the court to warm up (hit balls over the net) and 1 minute to serve to each other (both teams on their ends of the court at the same time), and a 1 minute time out to get their players in position before 1st game begins.

3.4 Serving Line: the serving line will be 24 feet from the net.

3.4a Serving limit: there is a limit of five (5) points per serve, in any one turn of service.

3.4b Service replay: Only one replay is allowed per server, per time.

3.5 Rotation: As with OHSSA, we will be going to the rotation will the serve receive team, upon their first serve. Therefore, the right front player (on net) for the receiving team will serve first when it's that teams turn to serve.

3.6 Net height: Will be 7'0", the same height as junior high height.

3.7 Official ball: Lite or ultra-lite game balls will only be used in this league. No deviations of this rule will be accepted. Regular balls or light balls may be used for warm-up before the first game.

3.8 Official Scorer: The official scorer will keep the official book.

3.9 Coaches: Only two coaches are allowed on the team bench. The coaches must stay within the confines of their bench and not allowed more than three (3) feet out past the front of the bench.

3.10 Referees: The referee is in charge at all times during play. The referee(s) decision is final, unless it is in clear violation of the rules. If the call is in violation, an appeal to the gym supervision is permitted, and his/her decision is final.

3.10a Line Judges: Each team will provide 1 line judge while they are playing.

3.11 Red or Yellow Card:

3.13a Yellow Cards: Can be issued to either a coach or a player as a warning for unsportsmanlike behavior. This card carries over from game to game within one match, but not match to match. Two (2) yellow cards in one match is an automatic dismissal from the match. (Slamming the ball over your head and hitting a player or fan). All coordinators are to report this to the league coordinator.

3.13b Red cards: Are issued when flagrant misconduct occurs during play. If a coach or player receives a red card, they are dismissed for the rest of the match they are currently playing and the next two (2) matches. The coach, referee, and gym

supervisor are to report any and all red card issuances to the league coordinator in writing.

3.12 Sportsmanship: No disrespectful or unsportsmanlike conduct (chants or gestures) will be tolerated from team's coaches, players, or parents. Please remember that we are setting an example for our children and also remember that the refs are not perfect and they do make mistakes. If there is a problem the gym supervisor has the right to do the following: 1st offence – you will be asked to leave gym with your daughter that is playing. 2nd Offence – you will be asked to leave with your daughter that is playing plus you and your daughter will not be allowed in the gym the following week. 3rd Offence – You and your daughter will not be allowed to come back.

3.13 Time Outs: Each team is allowed 2 time outs per game. Time outs are 30 seconds in length, with a warning horn to be sounded with 15 seconds remaining.

3.14 Length between games: Length will be two (2) minutes between games. Coaches are to have their lineup turned into the official scorer before 30 second mark.

3.15 Only the officials and players are permitted on the floor at any time.

3.17a Coaches are allowed on the court only if beckoned by the gym supervisor or referee.

3.17b players will confine themselves to the gym. Spectators will confine themselves to the gym, restrooms and lobby areas. No roaming of the hallways and other areas of the building are permitted.

3.17c No player or spectator may bring a ball, of any kind into the gym on match days. The host school will provide all balls necessary for warm up and match play.

3.16 Gym Supervisors: they are free to use any necessary, reasonable action (such as ejections for the gym) to achieve the WOVL mission and to protect their facilities. When warranted, the gym supervisor may request the board to consider suspending a coach or player for their actions during the match.

3.17: Practice time: practices may start according OHSAA rules.

3.18 Regular Season: The first matches will begin on the Saturday after Labor Day.

3.19 Tournament: After the regular season, there will be a single elimination tournament. In the tournament, the first team to win 2 out of 3 matches games will advance. Tournament date TBA.

League fees are \$90.00. Checks can be made out to Bath Volleyball.

Please mail to: Mandy Green
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Lima, Ohio 45801

Looking forward to a Great season!!

Mandy Green
Bath Volleyball