## **2023 Highland JH Football Practice Schedule**

<u>Sat. 8/12 12:00 pm to 2:00 pm</u> Equipment Handout. You may turn in Physicals and AR Forms if you have not turned them in during school registration.

Mon. 8/14 3:30-5:30 pm Practice at the HS Game Field (helmets only)Players must have current physical and AR Form with proof of insurance on file with the school to practice.

<u>Tues. 8/15 3:30-5:30 pm</u> Practice at the HS Game Field (helmets) <u>Weds. 8/16 3:30-5:30 pm</u> Practice at the JH Practice Field (helmets and shoulder pads)

<u>Thurs. 8/17 6:30-8:00 am</u> Morning Practice at HS Game Field due to Meet the Teacher Night and 7th Grade Orientation (helmets and shoulder pads)

<u>Fri. 8/18 1:00-3:00 pm</u> Practice at the HS Game Field (helmets and shoulder pads)

<u>Sat. 8/19 8:00-10:00 am</u> Practice at JH Practice Field (full pads, 1st day of tackling if player has made all of the previous practices)

Mon. 8/21 3:30-5:30 pm First Day of School. Practice at JH Practice Field. Shuttle Buses will be available. (full pads)

<u>Tues. 8/22 3:30-5:30 pm</u> Practice at JH Practice Field (full pads)

Weds. 8/23 3:30-5:30 pm Practice at JH Practice Field (full pads)

Thurs. 8/24 3:30-5:30 pm Practice at JH Practice Field (full pads)

Fri. 8/25 3:30-5:30 pm Practice at HS Game Field (full pads)

Sat. 8/26 8:00-10:00 am Practice at JH Practice Field (full pads)

Mon. 8/28 3:30-5:30 pm Practice at JH Practice Field (full pads)

<u>Tues. 8/29 3:30-5:30 pm</u> Practice at JH Practice Field. (helmets and shoulder pads)

Weds. 8/30 6:00 Home Game vs Monroe City at HHS Game Field. Players will stay after school. Game will be played at HHS Game Field. Per MSHSAA Rules: Players must attend 14 practices prior to playing in the first game. If a player misses ANY practices they will not be able to play in the first game.