

Buttermilk Congealed Salad

©From the Kitchen of [Deep South Dish](#)

- 1 (20 ounce) crushed pineapple, *undrained*
- 1 to 2 tablespoons of granulated sugar, *or to taste*
- 1 large (0.6 ounce) box of strawberry, raspberry or cherry flavored gelatin
- 2 cups of buttermilk, sour cream, a salad dressing mayonnaise or creamed cottage cheese
- 2 cups of whipped cream or non-dairy topping (like Cool Whip)
- 1/2 cup of mini marshmallows, *optional*
- 1/2 cup of finely chopped pecans, *optional*

Add pineapple, with it's juices, and sugar to a saucepan and bring to a boil; stir in the gelatin until blended, remove from heat and let mixture cool completely. Cream the cottage cheese in a food processor or blender along with a spoon or two of the cooled pineapple mixture. Combine the pineapple mixture, cottage cheese and whipped topping; stir until well blended. Add marshmallows and pecans if using, stir well, cover and refrigerate until set, about 2 hours or longer. To serve, spoon into dessert bowls.

Creamsicle Salad: Omit the pineapple and substitute one 15 ounce can of mandarin oranges, drained, but juices retained. Exchange the red jello for orange. Boil the oranges with their juices as above; let cool slightly and continue preparation as above.

Variations: Cottage cheese, buttermilk, sour cream, a salad dressing mayonnaise like Miracle Whip - or any combination of these may be used for a total of 2 cups. You can also substitute one (8 ounce) block of cream cheese, softened at room temperature and stirred into the hot pineapple, and add in 1 cup of another one of the ingredients. May also vary the color and flavor using different gelatin flavors. Lemon, lime, or a combination of the two, apricot and orange are the most common gelatin flavors you'll see for this salad.

Source: <http://deepsouthdish.com> Full Post Content including Recipe ©[Deep South Dish](#). Do not repost or republish elsewhere such as other blogs, websites, or forums without explicit prior permission. All rights reserved.

Check These Recipes Out Too!

[Old Fashioned Cherry Coke Salad](#)

[Watergate Salad](#)

[Old Fashioned 5 Cup Salad](#)