

USSU Food Centre Resource Page 2025

The USSU Food Centre recognizes the need for food insecurity resources beyond the Food Centre. Simultaneously, we are committed to developing trust in public institutions, promoting healthy and safe dietary decisions, and raising awareness when it comes to food safety and foodborne illness. We are providing several government and digital resources to help keep students safe, healthy, and up to date on current food issues and food recalls. If you are seeking further resources or looking for additional support, please reach out.

On-Campus Resources:

- 1) **Culinary Services:** Usask culinary services offers **supplemental swipe programs**. This is a short-term program offering **3 meals in 3 days**
<https://culinaryservices.usask.ca/culinary-supports-and-initiatives/food-insecurity.php>
- 2) **Gordon Oaks Red Bear Centre:** hosts a weekly community building meal on **Wednesdays at noon**
gordonoakes.redbear@usask.ca, or visit
<https://students.usask.ca/indigenous/gorbsc.php#StudentDevelopmentProgramming>
- 3) **Usask Faith Leaders:** offers a **continental-style breakfast** for students on Tuesdays and Thursdays from 8:00-9:30 AM at the **Usask Community Centre**
<https://students.usask.ca/health/wellness-workshops.php#USaskFaithLeaders>
- 4) **Student Finance and Awards Crisis Financial Aid:** provides emergency financial supports for necessities such as **food**
<https://students.usask.ca/money/other-loans.php>

Off-Campus Resources:

- 1) **Saskatoon Food Bank and Learning Centre:** allows students to access an **emergency hamper** up to **twice a month**
<https://saskatoonfoodbank.org/emergency-nutriton>
- 2) **Our Wild Food:** additional **emergency food** resources in Saskatoon
<https://ourwildwood.ca/food-access-resources/>

Digital Resources:

- 1) **Flash Foods:** offers perishable food items that would otherwise go to waste
<https://flashfood.com/>

- 2) **Too Good Too Go:** offers **ready to eat food** boxes for cheap that would otherwise be **wasted**

<https://www.toogoodtogo.com/>

- 3) **Foodkeeper:** This USDA app helps save you money by keeping your **groceries fresh** and alerting you when the food **goes bad**

<https://www.foodsafety.gov/keep-food-safe/foodkeeper-app>

Government Resources:

- 1) **Government of Canada:** Keeps you up to date with all **food recalls** to ensure your food supply remains safe. The Food Centre also publishes food recalls **every few days to a week**

<https://recalls-rappels.canada.ca/en>

- 2) **The Canadian Food Guide:** guides Canadians towards healthy and safe dietary decisions

<https://food-guide.canada.ca/en/>

- 3) **The Saskatchewan Government:** The Government of Saskatchewan is committing to providing \$2 million dollars to food banks across Saskatchewan

<https://www.saskatchewan.ca/government/news-and-media/2025/july/29/government-fulfills-2-million-commitment-to-food-banks-of-saskatchewan>

<https://foodbankssk.ca/>

- 4) **Other Resources:** **Other resources include but are not limited to: The CFIA, Health Canada, The FDA, The USDA, and The World Health Organization.**

<https://inspection.canada.ca/en>

<https://www.canada.ca/en/health-canada.html>

<https://www.fda.gov/>

<https://www.usda.gov/>

<https://www.who.int/>