



APPLICATION FOR THE ANNUAL FREE
Soul Spa Wellness Weekend for BIPOC Leaders

This program was created in response to the racial tensions that flared in this country after the murder of George Floyd in 2020. The intention here is to create a safe and protected space for leaders of color. As an honoring of that safe shared space, the retreat is led and facilitated exclusively by teachers of color.

Therese Bimka, Initiator
and Pre- Retreat Organizer

This is a shared Google document. Please download it as a Microsoft Word document BEFORE you begin to fill it out; otherwise your responses will be on everyone's application!

NAME:

EMAIL:

PHONE:

ADDRESS:

Please take as much space as you need to answer the following 6 questions in a manner that is authentic and sincere. We appreciate detailed responses so take your time 😊.

Please return your completed application, along with a bio that we can share with funders and your fellow participants, to: theresebimka@gmail.com

1) How did you hear about this opportunity?

2) People of color have been disproportionately impacted by COVID. Tell us how COVID has impacted you?

Visit | 191 Cragsmoor Road | Cragsmoor, NY

Write | 191 Cragsmoor Road | Pine Bush, NY 12566

DharmakayaCenter.org | info@dharmakayacenter.org | 845.640.4593

3) This program is designed to support leaders who have made a commitment to be in service to others. Tell us about your work: what you do; why you do it and what gifts and challenges you face as a leader?

4) What is your racial/ethnic and/or cultural identity?

5) This program can bring up meaningful emotions. What support do you have in place to resource yourself if you find you need support?

6) What do you hope to gain from a weekend like this?

7) Is there anything else you would like us to know?

Include your Bio here to complete your application.

Thank you

Rev. Therese Bimka, LCSW