

# Resources for Mental Health Services

## Suicide and Depression Hotlines and Websites

\*\*\*The following are available 24 hours a day 7 days a week

Resource	Phone	Website
National Suicide Prevention Lifeline 24 hour English and Spanish	988	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
Colorado Crisis Services	1-844-493-8255	<a href="http://www.coloradocrisiservices.org">www.coloradocrisiservices.org</a>
Safe2Tell	1-877-542-7233	<a href="http://www.safe2tell.org">www.safe2tell.org</a>
Crisis Text Line	Text "HOME" to 74174	<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>
Trevor Project for LGBTQ youth who are suicidal	1-866-488-7386 Text "START" to 678678	<a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>
IMatter - 6 free virtual/in-person counseling sessions		<a href="http://Imattercolorado.org">Imattercolorado.org</a>

## Mental Health Partners in the Schools

Our community-based mental health partners working in schools are continuing to provide services to students. School staff can reach out to their assigned therapist for more information on service options. Those schools who do not have a current partnership can call Denver Health School-Based Health Centers at 720-424-2050 or can contact one of the other agencies listed below (in the Mental Health Agencies section).

## School Based Health Clinics

Denver Health School-Based medical providers are available by phone to answer any medical questions students/families might have; they can assist with non-urgent medical questions, medical refills and help connect students to other Denver Health resources including mental health services. Students/families needing care should call the Denver Health School-Based Health Center Line at 720-424-2050 to access care.

## Mental Health Agencies (Therapy/Counseling)

<b>Wellpower</b> Phone: 303-504-6500 Website: <a href="https://www.wellpower.org/">https://www.wellpower.org/</a> Services have moved to remote teletherapy. 24-hour Walk-In Center, pharmacy fulfillment, primary care, co-responders, food box programs, and residential facilities continue to operate in the community	<b>Second Wind Fund</b> Phone: 303-988-2645 Website: <a href="http://www.thesecondwindfund.org">www.thesecondwindfund.org</a> Note a school psych, social worker, counselor, teacher, religious leader needs to call first and get a referral code
<b>El Centro de las Familias (A division of Wellpower)</b> Phone: (303) 504-7900 Website: <a href="https://www.wellpower.org/el-centro-de-las-familias-spanish/">https://www.wellpower.org/el-centro-de-las-familias-spanish/</a>	<b>Denver Indian Health and Family Services</b> Phone: (720) 500-1020 Website: <a href="http://www.difrc.org">www.difrc.org</a>