

Additional Resources for

Liberating Our Capacity to Engage in the Gift Economy:

Noticing and Coholding Scarcity, Separation, and Powerlessness

We recommend that you watch the following as an introduction to this course:

An Overview of How Patriarchal Conditioning Interferes with the Gift Economy: [NGL](#)
[Intro: Preparing to Practice Gift Economy through Liberation](#)

We recommend the following resources for diving deeper into the content of the course. There is no expectation that you engage with them, we invite you to follow your curiosity and pick and choose where you want to learn more.

Understanding Patriarchal Conditioning Generally

- [Why Patriarchy Matters: Making Sense of how We Got Here](#)
- [Social structures and socialization](#)
- [Liberation from socialization](#)
- [Talking about Patriarchy and the Future of Humanity](#)

Understanding the Maternal Gift Economy

- Reading:
 - [Resource Flow Systems: From Incentive to Willingness](#)
 - [Restoring Flow Using NVC](#)
 - [Practical Aspects of Restoring Flow](#)
- Videos:
 - [The Maternal Gift Economy as a Radical Alternative to Exchange and Accumulation](#) Panel
 - [The Maternal Human Panel](#)
 - [Living a Gift Economy in an Exchange World](#)

Functioning in a Liberation Pod

- Understanding Liberation
 - [Understanding Power, Privilege, and Liberation for All](#)
 - [Walking towards Individual Liberation in the Context of Power Differences](#)
 - [NVC as a Path of Liberation](#)
- Supporting Liberation
 - Courses:
 - [Supporting others' Liberation Lab](#)
 - [NVC for Liberation](#)

- Reading:
 - [Supporting Others' Individual Liberation](#)
 - [Empathy for Self and Others: a Compendium](#)
 - [Restoring Togetherness in the Context of Power Differences: A Conceptual Framework](#)
- Video: [What does Liberation for All mean within the context of differences in power](#)
- Facilitation / Holding the Lib Pod
 - [Practical Steps towards Restoring Togetherness in the Context of Power Differences](#)
 - [Nonviolent Facilitation as a Path to the Future](#)
 - [Convergent Facilitation Primer](#)
- Key Skills / Systems for Functioning within a Lib Pod
 - [Feedback Flow Systems: From Performance to Learning](#)
 - [Decision Making Systems: From Either/Or to Integration](#)
 - [Information Flow Systems: From Control to Transparency](#)