

LIZ AINSWORTH

Showreel & Portfolio: lizainsworth.com/showreel

Email: lizainsworth97@gmail.com

Location: Toronto, ON | Open Work Permit

Production Assistant with 6+ years of experience across commercial productions and shows, independent films, branded content and live events. Strong on-set background supporting multi-day shoots with logistics, equipment handling and team coordination. Also adaptable to technical support with experience of post-production workflows and media management.

SKILLS

- On-set support, equipment setup/strike (production, art, lighting)
- Familiar with AD team structure, set protocol and walkie etiquette
- Administrative support, including accounting and documentation
- Detail-oriented, organized and adaptable in fast-paced environments
- Managed continuity logs, script notes and communication between departments
- Available for long hours, early calls and on-location shoots
- Health & safety awareness (WHSA + WHMIS certified)
- Comfortable driving production mini-vans and cargo
- Full G Driver's License + personal vehicle
- Microsoft Excel, Google Workspace, Adobe Premiere Pro & After Effects

SET EXPERIENCE (CANADA)

Set PA/Office PA	Selectively Single S1 - Nikki Ray Media	Unscripted/Reality	June-August 2026
Locations PA	WhatsApp - Radke	Commercial	June 2026
Locations PA	Nike - Blue Amber	Commercial	May 2026
Locations PA	Subdog - Skin & Bones	Commercial	May 2026
Script Supervisor	Girl Dinner - Final Girl Collective	Short Film	May 2026
Locations PA	Baby - Phantasia Productions	Feature Film	April 2026
Script Supervisor	The Curse of Danny Rizzo	Short Film	Feb 2026
Script Supervisor	What's Inside That Counts	Short Film	Oct 2025

RELATED INDUSTRY EXPERIENCE

Production Editor – XR Extreme Reach – Toronto, ON – 2024 to 2026

- Managed large-scale media workflows, assets and data for broadcast and digital campaigns
- Troubleshooted and edited video content to a high standard in accordance with strict guidelines
- Coordinated a team of 12 while delivering high-volume commercial content

Motion Designer & Editor – OBI Property – Manchester, UK – 2022 to 2023

- Assisted brand content shoots and interviews: camera op, lighting, production coordination
- Collaborated in a full-service brand design and video studio team: post-production, animation

Animator & Editor – TripleDotMakers – Manchester, UK – 2019 to 2022

- Supported commercial shoots and event videography: camera op, lighting, editing
- Coordinated with creatives, producers, and clients on multi-day productions

QUALIFICATIONS

4.0 GPA BSc Degree Creative Media Technology, Leeds Beckett University, UK

Diploma in Art & Design: Graphic Design & Filmmaking, Manchester Metropolitan University, UK