Theme: Luke 24: 31,32.....35

Adults- Discussion of text

The Mass is a sign and source of Christian Unity.

# **Main Points for Discussion:**

Session 1-

Fr Henry....

### Session 2-

p. 27-59

- -Obligation- How do you feel about the word "Obligation"? How do you see your "obligations" to those you love?
- -Preparing for Mass- What do we need to be prepared for Mass? How have we overcome our "struggles of discipleship?" What is your Son-block? What do you bring to Mass that makes it hard to truly be present to Christ?
- -History Ice breaker- what struck you about the history?

## Session 3-

p. 60-90

- -People at Mass- What different roles do the people play? How are we called to participate?
- -The Books- Before the readings from the Sacred books, the Roman Missal and The Book of the Gospels, how can we best prepare our hearts for the Word to take root?
- The Church Calendar- How familiar are we with the Liturgical Year?

### Session 4-

p. 93-151

- -The Sign of the Cross- What is the most significant aspect of the Sign of the Cross, to you?
- The Penitential Rite- There is a change in the "Confiteor", what is it, and what does this mean, to us, as we prepare ourselves for the Eucharist?
- The Gloria- How is this prayer a preparation for encountering Heaven in the Mass?
- The Word- How can a better understanding of the Old Testament deepen and enrich our experience of the Mass? How can we fully understand the Old Testament?
- The Psalms- The wisdom of the Church! We all have different learning styles! St Jerome...
- The Second Reading-
- The Alleluia! What is so Important? Where do we find it in the Bible?
- -The Gospel is set apart How do we listen to the Gospel? Comments on the cycle?

- Session 5-
- p. 152-207
- 1.In one word, describe what the Eucharist means to you.
- 2. What is the part of the chapter on the Offertory that touched you the most, why?
- 3. What is the historical significance of these parts of the Mass?
  - The prayer of Blessing over the bread and wine
  - The mixing of the water and the wine
  - The elevation of the gifts
  - The priest washing his hands
- 4. The preface takes us to the very gate of Heaven- Where Jesus abides, there is Heaven. Has your perspective on this part of the Mass changed through this reflection?
- 5.In the "Holy, Holy" Heaven and earth join in a single act of worship. Share the images that come to you.
- 6. Why is the Epiclesis important? p. 157
- 7.P 158- St John of Damascus explained....
- 8. "He who stands at the altar does nothing......" And yet not just anyone can stand at the altar. The Priest is a conduit of God's Grace and the Holy Spirit. Discuss this radical emptying of self that must be present at the time of Sacrifice.
- 9. The elevation of the Real Presence. What is your response?
- 10. What is the meaning of the word "Catholic"?
- 11. There is a change in the text of the Great Amen, is it clearer to you with this change?
- 12. What did you feel most touched by in the chapter on "The Lord's Prayer"?
- 13. Did you read Revelation? What did you find there? What is the reason that the priest puts a tiny piece of the Host into the Chalice with the wine?
- 14. What is the most important thing we have learned about receiving Communion? This can be anything that you felt strongly about.
- 15. Why does the Mass end so abruptly after Communion?

# Session 6-Teaching Mass

Teaching Mass will be officiated by Fr. Paul Henry. There will be a potluck supper afterward.