

Theme: Luke 24: 31,32.....35

Adults- Discussion of text

The Mass is a sign and source of Christian Unity.

Main Points for Discussion:

Session 1-

Fr Henry....

Session 2-

p. 27-59

-Obligation- How do you feel about the word "Obligation"? How do you see your "obligations" to those you love?

-Preparing for Mass- What do we need to be prepared for Mass? How have we overcome our "struggles of discipleship?" What is your Son-block? What do you bring to Mass that makes it hard to truly be present to Christ?

-History - Ice breaker- what struck you about the history?

Session 3-

p. 60-90

-People at Mass- What different roles do the people play? How are we called to participate?

-The Books- Before the readings from the Sacred books, the Roman Missal and The Book of the Gospels, how can we best prepare our hearts for the Word to take root?

- The Church Calendar- How familiar are we with the Liturgical Year?

Session 4-

p. 93-151

-The Sign of the Cross- What is the most significant aspect of the Sign of the Cross, to you?

- The Penitential Rite- There is a change in the "Confiteor", what is it, and what does this mean, to us, as we prepare ourselves for the Eucharist?

- The Gloria- How is this prayer a preparation for encountering Heaven in the Mass?

- The Word- How can a better understanding of the Old Testament deepen and enrich our experience of the Mass? How can we fully understand the Old Testament?

- The Psalms- The wisdom of the Church! We all have different learning styles! St Jerome...

- The Second Reading-

- The Alleluia! - What is so Important? Where do we find it in the Bible?

-The Gospel is set apart - How do we listen to the Gospel? Comments on the cycle?

Session 5-
p. 152-207

1. In one word, describe what the Eucharist means to you.
2. What is the part of the chapter on the Offertory that touched you the most, why?
3. What is the historical significance of these parts of the Mass?
 - The prayer of Blessing over the bread and wine
 - The mixing of the water and the wine
 - The elevation of the gifts
 - The priest washing his hands
4. The preface takes us to the very gate of Heaven- Where Jesus abides, there is Heaven. Has your perspective on this part of the Mass changed through this reflection?
5. In the “Holy, Holy, Holy” Heaven and earth join in a single act of worship. Share the images that come to you.
6. Why is the Epiclesis important? p. 157
7. P 158- St John of Damascus explained....
8. “He who stands at the altar does nothing.....” And yet not just anyone can stand at the altar. The Priest is a conduit of God’s Grace and the Holy Spirit. Discuss this radical emptying of self that must be present at the time of Sacrifice.
9. The elevation of the Real Presence. What is your response?
10. What is the meaning of the word “Catholic”?
11. There is a change in the text of the Great Amen, is it clearer to you with this change?
12. What did you feel most touched by in the chapter on “The Lord’s Prayer”?
13. Did you read Revelation? What did you find there? What is the reason that the priest puts a tiny piece of the Host into the Chalice with the wine?
14. What is the most important thing we have learned about receiving Communion? This can be anything that you felt strongly about.
15. Why does the Mass end so abruptly after Communion?

Session 6-Teaching Mass

Teaching Mass will be officiated by Fr. Paul Henry.
There will be a potluck supper afterward.